



RIGHTS of a Masters Athlete (male/female)

A Masters Athlete (athlete) is normally advised of their selection for a doping control immediately after they have completed an event. The Doping Control Officer (DCO or Chaperone), who advises the athlete of a selection, has to identify themselves and has to show identification and authorisation, and will then remain with the athlete until such time as the process of providing the sample is finished, or the Chaperone releases the athlete to the DCO for the sample process.

The athlete will be accompanied by the DCO/Chaperone from the competition venue to the Doping Control Centre. The athlete should be aware of the following rights and requirements:

- 1 The athlete is allowed to be accompanied by a person of their choice after the notification. The person might be the coach, the partner, the team leader or another acquaintance
- 2 Should the doping control be conducted in a foreign language, the athlete may request and require the assistance of an interpreter
- 3 Before going to the Doping Control Centre the athlete is allowed (at all times in full view of the Chaperone)
 - to attend the victory ceremony
 - to compete in a future event (if conducted within a short time)
 - to fulfill media commitments
 - to receive necessary medical attention
 - to cool down or to recuperate

HOWEVER the athlete is not entitled to empty his bladder prior to his arrival at the Doping Control Centre
- 4 At the Doping Control Centre the athlete is required to select a set (from a multitude of doping-control-sets) and to check the identity of the numbering.
NOTE: Before signing the doping control form the athlete is permitted to add comments and complaints on the doping-control-form which he has to sign.
- 5 There is no right or grounds for the athlete to refuse a Doping Control.
In the case of a positive A-test the athlete has the right to demand the test of the B-sample or they may waive this right.

RESPONSIBILITIES of a Master Athlete (male/female)

A Master Athlete, selected for a doping test, is required to comply with the instructions given by the Doping Control Officer (DCO) or Chaperone, and to remain with that person until such time as they have met all obligations under the Doping Control Rules and they have completed the sample collection procedure.

A refusal to comply or a failure to submit to doping control may result in a suspension of two years and the need to submit to further doping tests before being eligible to re-commence competition.

Athletes must comply with following requirements:

- 1 Sign the Doping Control Form.
- 2 Prove identity by producing photo identification such as a passport or identity card.
- 3 Provide a sample under permanent view-control of the chaperone or Doping Control Officer (DCO).
- 4 If the athlete has been granted a TUE, this must be recorded on the Doping Control Form. The TUE Certificate should be in the possession of the athlete at all times when competing.
- 5 The athlete should indicate on the Doping Control Form all medications taken during the last seven days before the event in the competition.
- 6 Should the athlete be requested by the Doping Control Officer to provide a second sample (if the first sample does not have the required volume of urine of 90 ml or if the original sample collected does not meet the requirement for Suitable Specific Gravity), the athlete must provide a second sample.