VIII WORLD MASTERS ATHLETICS CHAMPIONSHIPS INDOORS

Medalists

Toruń, 24-30 March 2019

60m M35

1	Christian Marthinussen	NOR	6.91
2	Mantas Semcenko	LTU	6.94
3	Rondrick Parker	USA	6.95

60m M40

1	Francis Obikwelu	POR	6.90
2	Lion Martinez	SWE	6.94
3	Tamunonengiye-Ofori Ossai	GBR	7.02

60m M45

1	Jason Carty	GBR	7.01
2	Jeff Laynes	USA	7.22
3	Ciaran Harvey	GBR	7.30

60m M50

1	Karnell Vickers	USA	7.29
2	Marios Christoforidis	GRE	7.40
3	Mark Phills	GBR	7.49

60m M55

1	André Bancod	FRA	7.42
2	Giulio Morelli	ITA	7.51
3	Donald Brown	GBR	7.60

60m M60

1	Charly Perochon	FRA	7.71
2	Güner Güngör	TUR	7.72
3	Mykhailo Ostashevskyi	UKR	7.89

60m M65

1	Thomas Jones	USA	7.91
2	Rudolf König	GER	7.99
3	Tetsushi Niida	JPN	8.06

60m M70

1	Charles Allie	USA	8.18
2	Vladimir Vybostok	SVK	8.58
3	Trevor Guptill	NZL	8.67

60m M75

1	Allan Long	GBR	8.91
2	Ian Foster	GBR	9.14
3	Jozef Jedrusik	POL	9.41

60m M80

1	Bob Lida	USA	9.30
2	Adolf Nehren	GER	9.38
3	Karl Schmid	GER	9.50

60m M85

1	Hiroo Tanaka	JPN	9.89
2	Herbert E. Müller	GER	11.24
3	William Jankovich	USA	11.63

VIII WORLD MASTERS ATHLETICS CHAMPIONSHIPS INDOORS

Medalists

Toruń, 24-30 March 2019

60m M90

1	Konstantinos Chatziemmanouil	GRE	13.06
2	Dalbir Singh Deol	GBR	14.11
3	James Sinclair	AUS	14.33

60m M95

1	Pekka Penttilä	FIN	14.09
2	Jerzy Prejzner	POL	27.25

60m W35

1	Esther Dankwah	NED	7.69
2	Aneta Grot	POL	7.91
3	Easter Grant	USA	8.00

60m W40

1	Claire Spurway	GBR	7.96
2	Monique Perry	AUS	7.99
3	Anna Björkstedt	SWE	8.02

60m W45

1	Heike Martin	GER	7.93
2	Helen Hermundstad	SWE	8.03
3	Joanna Balcerzak	POL	8.04

60m W50

1	Emmanuelle Mcgowan	USA	8.28
2	Esther Colas	ESP	8.34
3	Iris Opitz	GER	8.35

60m W55

1	Nicole Alexis	FRA	8.37
2	Kirstin King	GBR	8.41
3	Joy Upshaw	USA	8.53

60m W60

1	Loles Vives	ESP	8.99
2	Tilly Jacobs	NED	9.03
3	Jane Horder	GBR	9.14

60m W65

1	Caroline Powell	GBR	9.01
2	Joylyn Saunders-Mullins	GBR	9.37
3	Ewa Bartosik	POL	9.49

60m W70

1	Sheryl Gower	NZL	9.86
2	Ingela Bluhm	DEN	9.87
3	Kristina Hanke	GER	10.23

60m W75

1	Christine Waring	NZL	10.30
2	Riet Jonkers-Slegers	NED	10.55
3	Kerstin Nilsson	SWE	10.78

VIII WORLD MASTERS ATHLETICS CHAMPIONSHIPS INDOORS

Medalists

Toruń, 24-30 March 2019

60m W80

1	Christa Bortignon	CAN	10.96
2	Rose Green	USA	11.02
3	Renate Schaden	AUT	12.50

60m W85

1	Irene Obera	USA	12.28
2	Emma Maria Mazzenga	ITA	12.48

60m W90

1	Marcia Petley	NZL	15.82
2	Elena Pagu	ROU	16.81
3	Elzbieta Kalinowska	POL	25.04

60m W100

1	Man Kaur	IND	35.80

200m M35

1	Damien Broothaerts	BEL	22.13
2	Rondrick Parker	USA	22.43
3	Imad Rahoui	FRA	23.25

200m M40

1	Lion Martinez	SWE	22.47
2	Gavin Stephens	GBR	22.66
3	Dominic Bradley	GBR	22.70

200m M45

1	Michael Coogan	GBR	23.16
2	Marc Ozier	FRA	23.46
3	Mark Giglio	AUS	23.47

200m M50

1	Bernd Lachmann	GER	24.00
2	Meinert Möller	GER	24.59
3	Andrew Wilcox	AUS	24.60

200m M55

1	Petteri Soini	FIN	24.33
2	Patrice Carnier	FRA	24.66
3	David Pitts	USA	25.03

200m M60

1	Gerhard Zorn	GER	25.30
2	Güner Güngör	TUR	25.60
3	Charly Perochon	FRA	25.69

200m M65

1	Thomas Jones	USA	26.04
2	Rudolf König	GER	26.42
3	Raoul Prado	FRA	27.45

VIII WORLD MASTERS ATHLETICS CHAMPIONSHIPS INDOORS

Medalists

Toruń, 24-30 March 2019

200m M70

1	Charles Allie	USA	26.11
2	Vincenzo Felicetti	ITA	28.34
3	Trevor Guptill	NZL	28.64

200m M75

1	Larry Barnum	USA	29.73
2	Allan Long	GBR	30.10
3	Friedhelm Adorf	GER	30.38

200m M80

1	Bob Lida	USA	31.14
2	Guido Mueller	GER	32.67
3	Adolf Nehren	GER	33.43

200m M85

1	Hiroo Tanaka	JPN	33.90
2	Herbert E. Müller	GER	39.20
3	William Jankovich	USA	47.40

200m M90

1	Marcos Bermejo Garcia	ESP	44.85
2	Konstantinos Chatziemmanouil	GRE	48.33
3	Dalbir Singh Deol	GBR	56.82

200m M95

1	Pekka Penttilä	FIN	62.03

200m W35

1	Snezana Bechtina	IRL	25.68
2	Aneta Grot	POL	25.73
3	Easter Grant	USA	26.14

200m W40

1	Malgorzata Gasowska	POL	25.99
2	Susie Mcloughlin	GBR	26.11
3	Adina Gheorghiu	ROU	26.57

200m W45

1	Joanna Balcerzak	POL	26.28
2	Michelle Thomas	GBR	26.41
3	Helen Hermundstad	SWE	26.62

200m W50

1	Emmanuelle Mcgowan	USA	26.80
2	Iris Opitz	GER	27.00
3	Katrin Mertanen	FIN	28.12

200m W55

1	Nicole Alexis	FRA	27.80
2	Sigrid Gutierrez Marin	CRC	27.96
3	Joy Upshaw	USA	28.06

VIII WORLD MASTERS ATHLETICS CHAMPIONSHIPS INDOORS

Medalists

Toruń, 24-30 March 2019

200m W60

1	Anny Undheim	NOR	31.35
2	Tilly Jacobs	NED	31.42
3	Petra Krajan	GER	32.10

200m W65

1	Karla Del Grande	CAN	29.73
2	Caroline Powell	GBR	30.61
3	Joylyn Saunders-Mullins	GBR	31.75

200m W70

1	Sheryl Gower	NZL	34.13
2	Ingela Bluhm	DEN	35.93
3	Karmella Michlfeit	AUT	36.56

200m W75

1	Christine Waring	NZL	37.50
2	Hannelore Venn	GER	38.70
3	Kerstin Nilsson	SWE	39.83

200m W80

1	Christa Bortignon	CAN	39.50
2	Rose Green	USA	39.60
3	Lydia Ritter	GER	43.49

200m W85

1	Irene Obera	USA	44.18
2	Emma Maria Mazzenga	ITA	44.28
3	Stanislawa Wroniecka	POL	1:54.54

200m W90

1	Marcia Petley	NZL	63.52
2	Elzbieta Kalinowska	POL	1:40.53

200m W100

1	Man Kaur	IND	3:03.86

400m M35

1	Roman Marenin	USA	50.31
2	Dave Awde	GBR	50.94
3	Jay Stone	AUS	51.09

400m M40

1	Ricardo Menéndez González	ESP	49.98
2	Olivier Apatout	FRA	50.15
3	David Brown	GBR	50.36

400m M45

1	Gregorio Martinez Funes	ESP	52.04
2	Daniele Biffi	GER	52.07
3	Massimiliano Poeta	ITA	52.16

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Medalists

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400m M50

1	Andrew Wilcox	AUS	53.44
2	Mark Ward	GBR	54.04
3	Dominic Bokor-Ingram	GBR	54.12

400m M55

1	Jonathan Tilt	GBR	55.17
2	Michael Sherar	CAN	55.63
3	David Pitts	USA	55.66

400m M60

1	Gerhard Zorn	GER	56.39
2	Israel Melo	BRA	57.39
3	Jan Czastka	POL	57.47

400m M65

1	Rudolf König	GER	60.68
2	George Haywood	USA	61.89
3	Adrian Essex	GBR	65.07

400m M70

1	Charles Allie	USA	1:00.48
2	Vincenzo Felicetti	ITA	1:01.31
3	Roberto Paesani	ITA	1:03.99

400m M75

1	John Mac Dermott	IRL	1:07.28
2	Larry Barnum	USA	1:07.54
3	Friedhelm Adorf	GER	1:13.58

400m M80

1	Guido Mueller	GER	1:17.79
2	Hermann Beckering	GER	1:17.83
3	Mack Stewart	USA	1:20.19

400m M85

1	Radnaa Tseren	MGL	1:20.65
2	Hiroo Tanaka	JPN	1:22.71
3	Herbert E. Müller	GER	1:32.76

400m M90

1	Marcos Bermejo Garcia	ESP	1:43.08
2	Konstantinos Chatziemmanouil	GRE	1:56.28
3	Karel Matzner	CZE	2:05.30

400m W35

1	Aneta Lemiesz	POL	55.97
2	Snezana Bechtina	IRL	58.14
3	Maria Panagiotidou	GRE	58.62

400m W40

1	Cynthia Monteleone	USA	58.17
2	Annette Quaid	IRL	58.90
3	Eleonore Gåvsten	SWE	59.35

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Medalists

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400m W45

1	LaTrica Dendy	USA	59.74
2	Mireia Gorju Solsona	ESP	60.36
3	Sharon Davis	AUS	62.02

400m W50

1	Emmanuelle Mcgowan	USA	61.23
2	Joanna Flowers	GBR	62.82
3	Jacqui Hodgson	GBR	65.12

400m W55

1	Virginia Mitchell	GBR	1:03.21
2	Sigrid Gutierrez Marin	CRC	1:04.14
3	Sue Mcdonald	USA	1:04.38

400m W60

1	Gunnel Tolfes	SWE	1:09.80
2	Anny Undheim	NOR	1:09.97
3	Edith Caux	FRA	1:10.70

400m W65

1	Karla Del Grande	CAN	1:08.39
2	Caroline Powell	GBR	1:08.94
3	Joylyn Saunders-Mullins	GBR	1:12.91

400m W70

1	Angela Copson	GBR	1:20.70
2	Sheryl Gower	NZL	1:22.55
3	Paula Moorhouse	AUS	1:28.71

400m W75

1	Riet Jonkers-Slegers	NED	1:24.16
2	Christine Waring	NZL	1:32.10
3	Iris Hornsey	GBR	1:41.20

400m W80

1	Lydia Ritter	GER	1:37.45
2	Rose Green	USA	1:43.90
3	Carolyn Langenwalter	USA	2:11.14

400m W85

1	Emma Maria Mazzenga	ITA	1:51.89
2	Irene Obera	USA	1:58.46
3	Helena Visser	CAN	2:12.13

800m M35

1	Aaron Brown	GBR	1:58.70
2	Jeremie Nattes	FRA	1:58.76
3	Artur Mroz	POL	1:59.11

800m M40

1	Juan Antonio Gil	ESP	1:58.56
2	Ramon Borente Gonzalez	ESP	1:58.57
3	Octavio Perez Calatayud	ESP	1:58.81

800m M45

1	Antonio Franco	ESP	2:01.01
2	Juan Jose Crespo Rincon	ESP	2:01.05
3	Mark Williams	USA	2:01.33

800m M50

1	Mark Symes	GBR	2:02.14
2	Hubert Leineweber	GER	2:03.17
3	Hassan El Azzouzi	ITA	2:04.25

800m M55

1	Giuseppe Ugolini	ITA	2:08.02
2	Paul Osland	CAN	2:08.12
3	Michael Sherar	CAN	2:08.26

800m M60

1	Jan Czastka	POL	2:18.31
2	Jeff Lindsay	USA	2:18.43
3	Ian Calder	NZL	2:18.69

800m M65

1	Joe Gough	IRL	2:22.06
2	Walter Rentsch	GER	2:24.34
3	Kevin Archer	GBR	2:25.52

800m M70

1	Allan Mayfield	AUS	2:31.16
2	Hans Smeets	NED	2:32.94
3	Rudolf Frei	ITA	2:32.97

800m M75

1	Albert Walter	GER	2:56.40
2	Victor Shirley	GBR	2:58.17
3	Philip Brennan	GBR	3:05.78

800m M80

1	Manuel Alonso	ESP	3:04.64
2	Willi Klaus	GER	3:17.73
3	Angel Cano Alcolea	ESP	3:20.13

800m M85

1	Hiroo Tanaka	JPN	3:56.21
2	Herbert E. Müller	GER	4:07.70
3	Richard Pitcairn-Knowles	GBR	5:11.04

800m M90

1	Marcos Bermejo Garcia	ESP	4:21.01
2	Konstantinos Chatziemmanouil	GRE	4:50.58
3	Karel Matzner	CZE	5:11.65

800m W35

1	Aneta Lemiesz	POL	2:10.12
2	Natallia Palonnikava	BLR	2:14.60
3	Nina Howorka	GER	2:19.90

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800m W40

1	Judicaëlle Calif	FRA	2:17.57
2	Annette Quaid	IRL	2:20.10
3	Louise Rudd	GBR	2:21.43

800m W45

1	Sonja Friend-Uhl	USA	2:17.40
2	Sharon Davis	AUS	2:18.01
3	Minori Hayakari	JPN	2:19.21

800m W50

1	Eva Trost	GER	2:26.52
2	Maria Carabante	ESP	2:28.04
3	Antonia Alvarez Ruiz	ESP	2:29.60

800m W55

1	Virginia Mitchell	GBR	2:22.34
2	Clare Elms	GBR	2:23.10
3	Sue Mcdonald	USA	2:27.58

800m W60

1	Susan Lynn Cooke	USA	2:42.83
2	Lesley Hinz	USA	2:43.14
3	Gunnel Tolfes	SWE	2:44.97

800m W65

1	Alison Bourgeois	GBR	2:48.91
2	Rosalind Tabor	GBR	3:00.32
3	Ulla Karnebäck	SWE	3:00.58

800m W70

1	Sabra Harvey	USA	2:50.57
2	Angela Copson	GBR	2:56.36
3	Paula Moorhouse	AUS	3:35.10

800m W75

1	Iris Hornsey	GBR	3:55.07
2	Waltraud Bayer	GER	4:05.10
3	Eva Carlsen	NOR	4:21.75

800m W80

1	Lydia Ritter	GER	3:57.97
2	Palina Katsuba	BLR	5:33.87
3	Carolyn Langenwalter	USA	5:48.38

1500m M35

1	Roger Vila	ESP	4:03.58
2	Adel Hfaiedh	TUN	4:04.16
3	Jeremie Nattes	FRA	4:04.23

1500m M40

1	James Edward Thie	GBR	4:07.33
2	Juan Antonio Gil	ESP	4:08.05
3	Octavio Perez Calatayud	ESP	4:08.42

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Medalists

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1500m M45

1	Dean Richardson	GBR	4:05.18
2	Juan Jose Crespo Rincon	ESP	4:06.13
3	Mark O'Shea	IRL	4:06.48

1500m M50

1	Mark Symes	GBR	4:17.49
2	David Cowlishaw	GBR	4:19.21
3	Hassan El Azzouzi	ITA	4:19.50

1500m M55

1	Guy Bracken	GBR	4:24.43
2	Paul Osland	CAN	4:27.19
3	Xavier Lefay	FRA	4:27.31

1500m M60

1	Alfredo Bonetti	ITA	4:48.26
2	Ian Calder	NZL	4:48.31
3	Paul Fletcher	GBR	4:50.27

1500m M65

1	Joe Gough	IRL	4:51.39
2	Walter Rentsch	GER	4:53.45
3	Kevin Archer	GBR	4:53.68

1500m M70

1	Allan Mayfield	AUS	5:15.50
2	Gary Patton	USA	5:16.78
3	Kevin Solomon	AUS	5:17.23

1500m M75

1	Victor Shirley	GBR	6:08.00
2	Albert Walter	GER	6:09.13
3	Paul Simonsson	SWE	6:10.77

1500m M80

1	Manuel Alonso	ESP	6:16.34
2	Angel Cano Alcolea	ESP	7:03.60
3	Bruno Baggia	ITA	7:04.23

1500m M85

1	Herbert E. Müller	GER	8:49.41
2	Richard Pitcairn-Knowles	GBR	10:09.12

1500m W35

1	Anna Rostkowska	POL	4:35.02
2	Soumaya Bousaid	TUN	4:36.47
3	Natallia Palonnikava	BLR	4:43.64

1500m W40

1	Zoe Doyle	GBR	4:41.02
2	Mary Leech	IRL	4:43.07
3	Judicaëlle Calif	FRA	4:44.05

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1500m W45

1	Minori Hayakari	JPN	4:38.27
2	Sonja Friend-Uhl	USA	4:44.10
3	Miriam Paurat	GER	4:47.45

1500m W50

1	Eva Trost	GER	4:50.14
2	Anne Gilshinan	IRL	4:50.17
3	Maria Carabante	ESP	4:59.53

1500m W55

1	Clare Elms	GBR	4:54.97
2	M E Esther Pedrosa Carrete	ESP	5:04.42
3	Anne Howie	GBR	5:17.22

1500m W60

1	M.Teresa Ruzafa Manchon	ESP	5:29.36
2	Lesley Hinz	USA	5:35.72
3	Susan Lynn Cooke	USA	5:35.79

1500m W65

1	Alison Bourgeois	GBR	5:55.65
2	Rosalind Tabor	GBR	6:33.66
3	Ana Giuffra	URU	6:35.77

1500m W70

1	Sabra Harvey	USA	5:57.19
2	Angela Copson	GBR	6:03.41
3	Paula Moorhouse	AUS	7:35.95

1500m W75

1	Iris Hornsey	GBR	8:04.42
2	Milena Hovorkova	CZE	8:11.67
3	Waltraud Bayer	GER	8:15.70

1500m W80

1	Lydia Ritter	GER	8:04.23
2	Ann Woodlock	IRL	8:28.06
3	Janina Rosinska	POL	15:21.72

1500m W85

1	Denise Leclerc	FRA	9:10.83

3000m M35

1	Adel Hfaiedh	TUN	8:50.70
2	Artur Kern	POL	8:51.01
3	Andreas Kuhlen	GER	8:51.48

3000m M40

1	Manuel Angel Penas Blanco	ESP	8:55.41
2	Luigi Del Buono	ITA	8:58.99
3	Bogdan Dziuba	POL	9:01.06

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3000m M45

1	Juan Jose Crespo Rincon	ESP	8:50.31
2	Julio Bardavio Atienza	ESP	8:52.32
3	Mark O'Shea	IRL	8:56.35

3000m M50

1	Miguel Molero-Eichwein	GER	9:09.98
2	Peter Van Der Velden	NED	9:10.21
3	Joaquim Figueiredo	POR	9:26.94

3000m M55

1	Guy Bracken	GBR	9:15.25
2	Håkan Eriksson	SWE	9:24.94
3	Francisco García López	ESP	9:32.38

3000m M60

1	Sergey Polikarpov	KAZ	9:43.11
2	Jukka Kauppila	FIN	9:47.93
3	Thomas Payne	IRL	10:05.69

3000m M65

1	Lars Juel Jensen	DEN	10:46.07
2	Cees Stolwijk	NED	10:46.92
3	Luciano Moser	ITA	10:47.22

3000m M70

1	Hans Smeets	NED	11:28.78
2	Gary Patton	USA	11:30.11
3	Kevin Solomon	AUS	11:31.07

3000m M75

1	Juan Lopez Garcia	ESP	12:18.86
2	Victor Shirley	GBR	12:28.07
3	Paul Simonsson	SWE	12:57.37

3000m M80

1	Klemens Wittig	GER	14:13.16
2	Henryk Urtnowski	POL	14:15.83
3	Francisco Terán	MEX	14:17.90

3000m M85

1	Herbert E. Müller	GER	18:50.53
2	Richard Pitcairn-Knowles	GBR	18:57.99
3	Georg Dähne	GER	19:24.90

3000m W35

1	Barbara Bieganowska	POL	9:54.84
2	Anna Rostkowska	POL	9:55.68
3	Soumaya Bousaid	TUN	9:59.73

3000m W40

1	Zoe Doyle	GBR	10:26.40
2	Mary Leech	IRL	10:30.56
3	Maria Jose De Toro Saiz	ESP	10:32.01

3000m W45

1	Marta Camps Galí	ESP	10:18.95
2	Miriam Paurat	GER	10:25.41
3	Carolina Capdevila Gutierrez	ESP	10:28.20

3000m W50

1	Nicole Weijling-Dissel	NED	10:25.36
2	Annette Kealy	IRL	10:32.82
3	Antonia Alvarez Ruiz	ESP	10:33.24

3000m W55

1	Clare Elms	GBR	10:31.69
2	M E Esther Pedrosa Carrete	ESP	10:54.43
3	Karin Schön	SWE	11:02.18

3000m W60

1	M.Teresa Ruzafa Manchon	ESP	11:38.13
2	Christine Adamson	NZL	12:07.38
3	Susan Lynn Cooke	USA	12:08.30

3000m W65

1	Rosalind Tabor	GBR	13:20.96
2	Elfriede Ganter	GER	13:28.10
3	Sisko Hiltunen	FIN	14:01.06

3000m W70

1	Angela Copson	GBR	12:52.36
2	Gabriele Rost-Brasholz	GER	15:16.17
3	Maria Brigitte Nittel	GER	15:33.32

3000m W75

1	Josette Maillard	FRA	15:39.37
2	Hannele Kivistö	FIN	15:44.44
3	Milena Hovorkova	CZE	18:16.09

3000m W80

1	Ann Woodlock	IRL	18:11.47
2	Zofia Turosz	POL	19:51.72
3	Pamela Jones	GBR	22:13.57

60H M35

1	Damien Broothaerts	BEL	7.97
2	Nikos Saisanas	GRE	8.28
3	Florian Vogel	AUT	8.43

60H M40

1	Jan Schindzielorz	GER	7.94
2	Mensah Elliott	GBR	8.27
3	Paolo Citterio	ITA	8.63

60H M45

1	Joe Appiah	GBR	8.31
2	Thomas Keller	SUI	8.53
3	Francky Vandecasteele	FRA	8.56

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Medalists

Toruń, 24-30 March 2019

60H M50

1	Marin Garrigues	FRA	8.53
2	Karnell Vickers	USA	8.55
3	Renzo Romano	ITA	8.66

60H M55

1	Donald Brown	GBR	9.02
2	Wan Bakx	NED	9.06
3	Neil Tunstall	GBR	9.17

60H M60

1	Herbert Kreiner	AUT	9.50
2	Wolfgang Richter	GER	9.60
3	Miklós Mester	HUN	9.69

60H M65

1	Thaddeus Wilson	USA	9.68
2	Ivo Strnad	CZE	10.01
3	Henryk Szymura	POL	10.12

60H M70

1	Milan Beliansky	SVK	10.15
2	Anthony Wells	GBR	10.31
3	Vesa Mäki	FIN	10.37

60H M75

1	Rolf Geese	GER	10.68
2	Dietmar Steiner	AUT	10.98
3	John Mac Dermott	IRL	11.58

60H M80

1	Tony Bowman	GBR	11.77
2	Roger Vergin	USA	12.43
3	Emil Pawlik	USA	12.73

60H M85

1	Radnaa Tseren	MGL	14.31
2	Ernesto Minopoli	ITA	19.94
3	William Jankovich	USA	21.34

60H W35

1	Dedeh Erawati	INA	9.00
2	Catriona Pennet	GBR	9.08
3	Emma Valencia Garcia	ESP	9.11

60H W40

1	Annette Funck	GER	8.80
2	Yannelle Zape	COL	9.00
3	Rachel Guest	USA	9.16

60H W45

1	Evelin Nagel	GER	9.30
2	Lenore Lambert	AUS	9.55
3	Aafke Van Daalen	NED	9.67

VIII WORLD MASTERS ATHLETICS CHAMPIONSHIPS INDOORS

Medalists

Toruń, 24-30 March 2019

60H W50

1	Katrin Mertanen	FIN	9.67
2	Kirsti Siekkinen	FIN	9.82
3	Angeles Guerra Hurtado	ESP	9.93

60H W55

1	Neringa Jakstiene	USA	9.61
2	Joy Upshaw	USA	9.78
3	Susan Frisby	GBR	9.96

60H W60

1	Jane Horder	GBR	10.03
2	Robyn Suttor	AUS	10.35
3	Ruth Raaflaub-Minnig	SUI	10.57

60H W65

1	Hildegarde Vanhorenbeeck	BEL	11.04
2	Marit Huflåtten	NOR	11.42
3	Ulla Karnebäck	SWE	12.01

60H W70

1	Ingeborg Zorzi	ITA	12.38
2	Terhi Kokkonen	FIN	12.86
3	Karin Foerster	GER	13.97

60H W75

1	Kerstin Nilsson	SWE	15.12
2	Patricia Hill	GBR	16.32

60H W80

1	Florence Meiler	USA	16.30

60H W85

1	Irene Obera	USA	24.06

3000m Walk M35

1	Rafal Fedaczynski	POL	12:52.22
2	Andreas Janker	GER	12:56.07
3	Angel Blanco Hidalgo	ESP	12:59.97

3000m Walk M40

1	Ruben Piñera Alvarez	ESP	13:02.84
2	Grzegorz Grinholc	POL	13:56.37
3	Jose Manuel Rodriguez Jimenez	ESP	14:34.67

3000m Walk M45

1	Normunds Ivzans	LAT	12:41.45
2	Steffen Borsch	GER	12:53.69
3	Meftah Swaieh	FRA	13:53.64

3000m Walk M50

1	Philippe Bonneau	FRA	13:24.61
2	Miguel Angel Carvajal Ortega	ESP	13:35.00
3	Steffen Meyer	GER	13:44.34

Medalists

Toruń, 24-30 March 2019

3000m Walk M55

1	Miguel Periáñez García	ESP	13:41.32
2	Anton Mashkevich	BLR	13:52.32
3	Leanid Semianovich	BLR	14:11.49

3000m Walk M60

1	Michele De Masis	ITA	15:15.36
2	Pedro Jose Aranda Fernandez	ESP	15:47.66
3	Angel Ruata Martín	ESP	15:50.53

3000m Walk M65

1	Patrice Brochot	FRA	15:49.57
2	Denis Laflamme	CAN	16:49.09
3	Daniel Siegenfuhr	FRA	17:02.51

3000m Walk M70

1	Ian Richards	GBR	15:19.64
2	Ettorino Formentin	ITA	16:09.27
3	Mario Fiori	ITA	17:26.06

3000m Walk M75

1	Marcel Jobin	CAN	19:50.56
2	Vladimir Kansky	CZE	20:30.58
3	Raitis Lerme	LAT	20:36.37

3000m Walk M80

1	Romolo Pelliccia	ITA	19:42.46
2	Alexis Jordana	FRA	20:00.73
3	Alexis De Coppet	SUI	21:22.21

3000m Walk M85

1	Ingvar Nilsson	SWE	24:25.47
2	Ivan Pushkin	UKR	24:26.70

3000m Walk M90

1	Viljo Hyvölä	FIN	24:33.58
2	Günter Ciesielski	GER	24:33.99
3	Matti Tamminen	FIN	28:38.00

3000m Walk W35

1	María Dolores Marcos Valero	ESP	14:26.18
2	Maria Isabel Perez Belloch	ESP	15:13.64
3	Evane Michoux	CAN	15:55.42

3000m Walk W40

1	Brit Schröter	GER	14:45.97
2	Gwladys Brusseau	FRA	15:56.44
3	Carolyn Derbyshire	GBR	15:58.50

3000m Walk W45

1	Sonia Demon	FRA	14:44.58
2	Olga Cabrera Ysas	ESP	14:56.43
3	Ana Macedo	POR	18:57.27

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Medalists

Toruń, 24-30 March 2019

3000m Walk W50

1	Nicole Best	GER	15:17.12
2	Katalin Bodorkós Horváth	HUN	15:31.71
3	Valerie Boban	FRA	15:40.49

3000m Walk W55

1	Carmen Garcia Frontons	ESP	17:02.13
2	Isabel Guerrero Montes	ESP	17:38.10
3	Ma.Angeles Noell Guardiola	ESP	17:53.65

3000m Walk W60

1	Marie Astrid Monmessin	FRA	15:43.36
2	Nancy Patten	CAN	17:54.99
3	Siu Yin Kwan	HKG	18:36.71

3000m Walk W65

1	Heather Carr	AUS	18:30.85
2	P. Aurora Alvarez Ordas	ESP	18:34.16
3	Marianne Martino	USA	18:38.30

3000m Walk W70

1	Antonina Tyshko	UKR	19:12.31
2	Jacqueline Wilson	NZL	19:23.71
3	Rita Del Pinto	ITA	20:31.61

3000m Walk W75

1	Hannele Kivistö	FIN	21:29.06
2	Gisela Theunissen	GER	22:53.22
3	Vera Grinberte	LAT	22:54.06

3000m Walk W80

1	Helene Elbing	GER	25:02.07
2	Tami Graf	USA	33:20.25

3000m Walk W90

1	Elena Pagu	ROU	27:25.90

4x200 M35

1	**United States** Durran Dunn (M35) Antwon Dussett (M40) Marques Johnson (M35) Roman Marenin (M35)	USA	1:31.34
2	**Australia** Adam Farlow (M35) William Little (M35) Ashley Mcmahon (M40) Jay Stone (M35)	AUS	1:33.25
3	**United Kingdom** David Brown (M40) Darren Towart (M40) Mensah Elliott (M40) Peter Hall (M35)	GBR	1:35.05

VIII WORLD MASTERS ATHLETICS CHAMPIONSHIPS INDOORS

Medalists

Toruń, 24-30 March 2019

4x200 M40

1	**United Kingdom** Dominic Bradley (M40) Brett Rund (M40) Richard Beardsell (M40) Tamunonengiye-Ofori Ossai (M40)	GBR	1:30.97
2	**Portugal** Luis Palma (M40) Jon Mikel Trebolazabala (M40) Carlos Matias Danieluk Scotto (M40) Ricardo Menéndez González (M40)	POR	1:33.17
3	**Spain** Luis Palma (M40) Jon Mikel Trebolazabala (M40) Carlos Matias Danieluk Scotto (M40) Ricardo Menéndez González (M40)	ESP	1:37.07

4x200 M45

1	**United Kingdom** Ciaran Harvey (M45) Richard Rubenis (M45) Jason Carty (M45) Michael Coogan (M45)	GBR	1:34.75
2	**Hungary** Sándor Béres (M45) János Lisztóczki (M45) Zsolt Hallosy (M45) Péter Koltai (M45)	HUN	1:36.89
3	**Spain** Gregorio Martinez Funes (M45) Ivan Caules (M45) Alfonso Castiella Cabello (M45) Xavi Bosch Ortiz (M45)	ESP	1:37.06

4x200 M50

1	**Germany** Meinert Möller (M50) Bernd Lachmann (M50) Lars Klingenberg (M50) Stefan Mahn (M50)	GER	1:37.76
2	**Canada** Serge Faucher (M50) Christopher Warburton (M50) Jerry Kangni (M50) Peter Lawson (M50)	CAN	1:39.57
3	**Sweden** Dag Dacke (M50) Mats Olsson (M50) Christian Josefsson (M50) Mårten Skogman (M50)	SWE	1:41.23

VIII WORLD MASTERS ATHLETICS CHAMPIONSHIPS INDOORS

Medalists

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4x200 M55

1	**France** Charly Perochon (M60) Francois Bontemps (M55) Patrick Barbier (M55) Patrice Carnier (M55)	FRA	1:39.40
2	**United Kingdom** Pat Logan (M55) Ronnie Hunter (M55) Neil Tunstall (M55) Donald Brown (M55)	GBR	1:40.95
3	**United States** David Pitts (M55) James Chinn (M60) Robert Foster (M55) Marcus Shute (M55)	USA	1:41.27

4x200 M60

1	**Germany** Heiner Lüers (M60) Detlef Döpping (M60) Gunter Langenbach (M60) Gerhard Zorn (M60)	GER	1:46.53
2	**Poland** Krzysztof Zduniak (M60) Jan Czastka (M60) Andrzej Sut (M60) Piotr Kubiczek (M60)	POL	1:50.37
3	**United Kingdom** Ivars Licietis (M60) Clement Leon (M60) Adrian Day (M60) David Hinds (M65)	GBR	1:51.70

4x200 M65

1	**United States** Charles Allie (M70) Thomas Jones (M65) Thaddeus Wilson (M65) George Haywood (M65)	USA	1:47.29
2	**United Kingdom** Adrian Essex (M65) Bob Douglas (M65) Walwyn Franklyn (M65) Simon Barrett (M65)	GBR	1:51.66
3	**Germany** Rudolf König (M65) Winfried Heckner (M65) Zygmunt Bogdan (M65) Helmut Meier (M65)	GER	1:51.97

VIII WORLD MASTERS ATHLETICS CHAMPIONSHIPS INDOORS

Medalists

Toruń, 24-30 March 2019

4x200 M70

1	**France** Jean Deblieux (M70) Daniel Débonnaire (M70) Bruno Metzger (M70) Jean-Martin Allenbach (M70)	FRA	1:56.83
2	**Italy** Rudolf Frei (M70) Aldo Del Rio (M70) Konrad Geiser (M70) Roberto Paesani (M70)	ITA	1:59.02
3	**Germany** Ulrich Klemm (M70) Udo Lippoldes (M70) Günter Hartung (M70) Ulrich Becker (M70)	GER	2:04.96

4x200 M75

1	**Germany** Heinz Keck (M75) Rolf Geese (M75) Werner Götze (M75) Friedhelm Adorf (M75)	GER	2:10.42
2	**United Kingdom** Anthony Treacher (M75) Charles Isetts (M75) Victor Shirley (M75) Ian Foster (M75)	GBR	2:20.58
3	**Italy** Stelvio Tripepi (M75) Luciano Fera (M75) Remo Marchioni (M80) Filippo Torre (M75)	ITA	2:40.78

4x200 M80

1	**Germany** Günter Linke (M80) Willi Klaus (M80) Adolf Nehren (M80) Guido Mueller (M80)	GER	2:23.11
2	**United States** Roger Vergin (M80) Mack Stewart (M80) Emil Pawlik (M80) Bob Lida (M80)	USA	2:25.56
3	**Poland** Jaroslaw Algierski (M80) Jan Grzelak (M80) Jacek Bandurski (M80) Tomasz Osobka (M80)	POL	3:07.57

VIII WORLD MASTERS ATHLETICS CHAMPIONSHIPS INDOORS

Medalists

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4x200 M85

1	**Poland** Henryk Wierzchowski (M85) Czesław Pluszczewski (M85) Edward Berwid (M85) Kazimierz Bulczynski (M85)	POL	4:07.98

4x200 W35

1	**Poland** Malgorzata Gasowska (W40) Joanna Balcerzak (W45) Aneta Lemiesz (W35) Aneta Grot (W35)	POL	1:42.53
2	**Germany** Christine Priegelmeir (W35) Nina Howorka (W35) Heike Martin (W45) Sinah Florence Hänssler-Hug (W35)	GER	1:45.34
3	**United States** Inga Mcintyre (W35) Ahndraea Allen (W35) Maurelhena Walles (W40) Easter Grant (W35)	USA	1:47.29

4x200 W40

1	**United States** LaTisha Moulds (W40) Lisa Edwards (W40) Rachel Guest (W40) Cynthia Monteleone (W40)	USA	1:46.69
2	**United Kingdom** Michelle Thomas (W45) Jacqueline Etherington (W40) Louise Rudd (W40) Susie Mcloughlin (W40)	GBR	1:49.88
3	**Australia** Monique Perry (W40) Lenore Lambert (W45) Melissa Foster (W40) Sonya Pollard (W50)	AUS	1:52.31

4x200 W45

1	**United States** Emmanuelle Mcgowan (W50) Lisa Daley (W45) Andrea Collier (W50) LaTrica Dendy (W45)	USA	1:49.17
2	**France** Catherine Dehais (W45) Virginie Bonnet (W45) Sylvie Dumas (W45) Marie Claude Salignat Plumasseau (W45)	FRA	1:51.96
3	**Germany** Carola Wolf (W45) Evelin Nagel (W45) Katja Kaemnitz (W45) Kerstin Drewes (W45)	GER	1:55.62

4x200 W50

1	**Germany** Iris Opitz (W50) Eva Günther-Gräff (W50) Elizabeth Joseph (W50) Eva Trost (W50)	GER	1:51.51
2	**Finland** Kirsti Siekkinen (W50) Riikka Honkanen (W50) Kirsi Spoof-Tuomi (W50) Katrin Mertanen (W50)	FIN	1:56.33
3	**Italy** Giusy Lacava (W50) Cristina Gallì (W50) Anna Beatrice Micheletti (W65) Miriam Di Iorio (W50)	ITA	2:01.57

4x200 W55

1	**Germany** Frauke Viebahn (W55) Birgit Burzlaff (W55) Christiane Contag (W55) Jutta Stopka (W55)	GER	1:57.16
2	**United States** Neringa Jakstiene (W55) Sandy Triolo (W55) Sue Mcdonald (W55) Joy Upshaw (W55)	USA	1:57.70
3	**United Kingdom** Susan Frisby (W55) Angela Keely (W55) Melanie Garland (W55) Virginia Mitchell (W55)	GBR	2:03.51

VIII WORLD MASTERS ATHLETICS CHAMPIONSHIPS INDOORS

Medalists

Toruń, 24-30 March 2019

4x200 W60

1	**United Kingdom** Joan Trimble (W60) Hilary West (W60) Teresa Eades (W60) Jane Horder (W60)	GBR	2:10.73
2	**United States** Amanda Scotti (W60) Leandra Funk (W60) Rita Hanscom (W60) Lesley Hinz (W60)	USA	2:12.01
3	**Germany** Wiebke Baseda (W60) Sigrid Böse (W60) Dorit Stehr (W60) Petra Krajan (W60)	GER	2:13.46

4x200 W65

1	**United Kingdom** Joylyn Saunders-Mullins (W65) Sue Dassie (W65) Anne Nelson (W65) Caroline Powell (W65)	GBR	2:14.86
2	**Germany** Marion Ertl (W65) Christina Friedrich (W65) Renate Irmtraut Richter (W65) Ulrike Hiltscher (W65)	GER	2:16.04
3	**Finland** Marja Metsänkylä (W65) Sisko Hiltunen (W65) Terhi Kokkonen (W70) Toini Nousiainen (W65)	FIN	2:35.01

4x200 W70

1	**Sweden** Eva Widelund (W70) Barbro Gadle (W75) Kerstin Nilsson (W75) Ing-Marie Persson (W70)	SWE	2:57.50

4x200 W75

1	**Germany** Lydia Ritter (W80) Anne-Kathrin Eriksen (W75) Helga Glatzki (W75) Hannelore Venn (W75)	GER	2:50.72

VIII WORLD MASTERS ATHLETICS CHAMPIONSHIPS INDOORS

Medalists

Toruń, 24-30 March 2019

4x200 W80

1	**United States** Irene Obera (W85) Carolyn Langenwalter (W80) Florence Meiler (W80) Rose Green (W80)	USA	3:18.43
2	**Poland** Janina Rosinska (W80) Ewa Frackowiak (W80) Teresa Sambor (W80) Maria Panczak (W80)	POL	4:10.68

High Jump M35

1	Robert Wolski	POL	2.10
2	Aliaksei Klimau	BLR	2.00
3	Robert Suchodolski	POL	2.00

High Jump M40

1	Nils Portemer	FRA	2.00
2	Laurent Jobard	FRA	1.95
3	Marcin Kaczocha	POL	1.90

High Jump M45

1	Gintaras Varanauskas	LTU	1.90
2	William Hickman	USA	1.80
3	Kenneth Hoffmann	USA	1.80

High Jump M50

1	Ugis Lasmanis	LAT	1.80
1	Jose Escalera	PUR	1.80
3	Adam Young	GBR	1.80
3	Daniele Pagani	ITA	1.80

High Jump M55

1	Marco Segatel	ITA	1.80
2	Gregory Vidos	USA	1.75
3	Marco Claudio Mastrolorenzi	ITA	1.70

High Jump M60

1	Marc Flohr	LUX	1.70
2	Bruce Mcbarnette	USA	1.65
3	Thomas Foley	USA	1.65

High Jump M65

1	Jaroslav Lorenc	CZE	1.65
2	Eckhard Kunigkeit	GER	1.65
3	Matti Nieminen	FIN	1.60

High Jump M70

1	James Sauers	USA	1.50
2	Marek Mielcarek	POL	1.50
3	Gerhard Wenzke	GER	1.45
3	Reijo Sundell	FIN	1.45

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Medalists

Toruń, 24-30 March 2019

High Jump M75

1	Petr Cech	CZE	1.50
2	Reinhold Keller	GER	1.35
3	Jim O'Shea	IRL	1.25

High Jump M80

1	Carl-Erik Särndal	SWE	1.37
2	Willi Klaus	GER	1.32
3	Emil Pawlik	USA	1.17

High Jump M85

1	Henry Frede Andersen	DEN	1.17
2	William Jankovich	USA	1.02
3	Jim Blair	NZL	1.02

High Jump W35

1	Anna Widawska	POL	1.70
2	Mariette Botha	RSA	1.70
3	Miia Uskalinmäki	FIN	1.60

High Jump W40

1	Irena Vlahinic	CRO	1.55
2	Katja Hautaniemi	FIN	1.50
3	Jennifer Gartmann	GER	1.40
3	Johanna Sirviö	FIN	1.40

High Jump W45

1	Alison Wood	USA	1.67
2	Laila Petersone	LAT	1.55
3	Linda Van Berkel	NED	1.50

High Jump W50

1	Petra Koliwer	GER	1.58
2	Petra Bajeat	FRA	1.55
3	Marcela Barrientos	CHI	1.50

High Jump W55

1	Wendy Laing	GBR	1.52
2	Neringa Jakstiene	USA	1.48
3	Frauke Viebahn	GER	1.40
3	Ramona Pfeiffer	GER	1.40

High Jump W60

1	Jutta Pfannkuche	GER	1.34
2	Elisabeth Wisniewski	GER	1.31
3	Teresa Eades	GBR	1.31

High Jump W65

1	Lluisa Casanovas Gaset	ESP	1.21
2	Sue Yeomans	GBR	1.18
3	Ute Wolf-Schiruska	GER	1.18

Medalists

Toruń, 24-30 March 2019

High Jump W70

1	Ingeborg Zorzi	ITA	1.15
2	Marjeta Cad	SLO	1.09
3	Barbara Warren	USA	1.06

High Jump W75

1	Barbro Gadle	SWE	1.13
2	Erika Springmann	GER	1.10
3	Patricia Hill	GBR	1.01

High Jump W80

1	Florence Meiler	USA	0.98
2	Renate Schaden	AUT	0.95
3	Giulia Lucia Perugini	ITA	0.95

Pole Vault M35

1	Manfred Menz	ITA	4.60
2	Marco Chiarello	ITA	4.15
3	Ingo Mühlhöfer	GER	4.15

Pole Vault M40

1	Adam Kolasa	POL	4.75
2	Thomas Ritte	GER	4.45
3	Gaspar Mateu Carceller	ESP	4.45

Pole Vault M45

1	Jonas Asplund	SWE	4.35
2	Piotr Nawocki	POL	4.20
3	Aleš Kremser	SVK	3.90

Pole Vault M50

1	Francisco Javier Hernández Rivero	ESP	4.20
2	Mark Johnson	GBR	4.20
3	Glyn Price	GBR	3.90

Pole Vault M55

1	Alfred Achtelik	GER	4.00
2	Victor Berezovskiy	USA	3.65
3	Paul Babits	USA	3.65

Pole Vault M60

1	Dirk Eckardt	GER	3.35
1	Miroslav Bajner	SVK	3.35
3	Margus Mikkor	EST	3.35

Pole Vault M65

1	Wolfgang Ritte	GER	3.35
2	Antonin Hadinger	CZE	3.20
2	Ivo Strnad	CZE	3.20

Pole Vault M70

1	Valdis Cela	LAT	3.10
2	Bogdan Markowski	GER	3.00
3	George Schillinger	AUS	2.80

VIII WORLD MASTERS ATHLETICS CHAMPIONSHIPS INDOORS

Medalists

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Pole Vault M75

1	Howard Booth	USA	2.50
1	Josef Halder	GER	2.50
3	Siegbert Gnoth	GER	2.50

Pole Vault M80

1	Zoltan Kurunczi	HUN	2.40
2	Walter Mueller	GER	2.20
3	John Arve Johansen	NOR	2.00

Pole Vault M85

1	Ernesto Minopoli	ITA	1.60
2	William Jankovich	USA	1.50
3	Ed Kent	USA	1.40

Pole Vault W35

1	Agnieszka Wrona	POL	3.50
2	Marta Cot Cantó	ESP	3.40
3	Caroline Parkinson	GBR	3.20

Pole Vault W40

1	Ivona Jerkovic	CRO	3.40
2	Jemma Eastwood	GBR	3.20
3	Ida-Marie Strydom	RSA	3.10

Pole Vault W45

1	Jenny Rosén	SWE	2.70
2	Claudia Cubbage	GBR	2.20

Pole Vault W50

1	Irie Hill	GBR	3.51
2	Marja Eskelinen	FIN	2.80
3	Alison Murray	GBR	2.80

Pole Vault W55

1	Carla Forcellini	ITA	2.90
2	Clotilde Lesenechal	FRA	2.40
3	Carin Thornander	SWE	2.30

Pole Vault W60

1	Teresa Eades	GBR	2.30
1	Rita Hanscom	USA	2.30
3	Anne Nurmi	FIN	2.00

Pole Vault W65

1	Sue Yeomans	GBR	2.61
2	Ute Ritte	GER	2.40
3	Wilma Perkins	AUS	1.90

Pole Vault W70

1	Karin Foerster	GER	1.90
2	Mirtha Perez Riquelme	CHI	1.40
3	Barbara Warren	USA	1.10

Medalists

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Pole Vault W80

1	Florence Meiler	USA	1.45

Long Jump M35

1	Hiroto Goto	JPN	6.78
2	Imad Benaïcha Redouane	FRA	6.56
3	Neil Barton	GBR	6.52

Long Jump M40

1	James Beckford	JAM	7.17
2	Adrian Olszewski	POL	6.68
3	Thierry Henry	FRA	6.67

Long Jump M45

1	Lee Adkins	USA	6.57
2	Mattias Sunneborn	SWE	6.27
3	Joe Appiah	GBR	6.26

Long Jump M50

1	Antonio Palacios	USA	6.23
2	Alberto Tifi	ITA	6.19
3	Leos Malenovsky	CZE	6.16

Long Jump M55

1	Dariusz Krakowiak	POL	5.86
2	Patrick Barbier	FRA	5.64
3	Axel Dimmel	GER	5.61

Long Jump M60

1	Heiner Lüers	GER	5.32
2	Wieslaw Musial	POL	5.26
3	Marek Grzyb	POL	5.09

Long Jump M65

1	Adrian Neagu	ROU	5.34
2	Eckhard Kunigkeit	GER	5.12
3	Jan Tomczak	POL	4.91

Long Jump M70

1	Vesa Mäki	FIN	4.84
2	Valdis Cela	LAT	4.71
3	Pertti Ahomäki	FIN	4.55

Long Jump M75

1	Eberhard Linke	GER	4.52
2	Jürgen Lamp	EST	4.14
3	Hans-Jürgen Pfeiffer	GER	4.12

Long Jump M80

1	Adolf Nehren	GER	4.00
2	Willi Klaus	GER	3.75
3	Karl Schmid	GER	3.63

VIII WORLD MASTERS ATHLETICS CHAMPIONSHIPS INDOORS

Medalists

Toruń, 24-30 March 2019

Long Jump M85

1	William Jankovich	USA	2.62
2	Ronald Gray	USA	2.51
3	Jim Blair	NZL	2.18

Long Jump M95

1	Pekka Penttilä	FIN	1.80

Long Jump W35

1	Anke Kettermann-Lang	GER	5.41
2	Gillian Cooke	GBR	5.36
3	Wendy Visser	NED	5.18

Long Jump W40

1	Melissa Foster	AUS	5.54
2	Joanne Frost	GBR	5.38
3	Renata Szykulska	POL	5.34

Long Jump W45

1	Tatjana Schilling	GER	5.24
2	Eva Gadea Solera	ESP	5.07
3	Ulrike Gruendel-Michel	GER	4.88

Long Jump W50

1	Petra Bajeat	FRA	5.57
2	Renata Novosel	CRO	4.98
3	Kirsti Siekkinen	FIN	4.92

Long Jump W55

1	Neringa Jakstiene	USA	5.22
2	Melanie Garland	GBR	4.73
3	Joy Upshaw	USA	4.66

Long Jump W60

1	Maria Rosa Escribano Checa	ESP	4.58
2	Loles Vives	ESP	4.34
3	Ruth Raaflaub-Minnig	SUI	4.27

Long Jump W65

1	Ulrike Hiltscher	GER	3.72
2	Christina Friedrich	GER	3.70
3	Toini Nousiainen	FIN	3.65

Long Jump W70

1	Kristina Hanke	GER	3.31
2	Ingela Bluhm	DEN	3.21
3	Terhi Kokkonen	FIN	3.11

Long Jump W75

1	Barbro Gadle	SWE	3.15
2	Kerstin Nilsson	SWE	2.90
3	Vroni Lay	GER	2.80

VIII WORLD MASTERS ATHLETICS CHAMPIONSHIPS INDOORS

Medalists

Toruń, 24-30 March 2019

Long Jump W80

1	Christa Bortignon	CAN	3.28
2	Florence Meiler	USA	2.55
3	Renate Schaden	AUT	2.12

Long Jump W85

1	Irene Obera	USA	1.92
2	Gloria Krug	USA	1.09

Triple Jump M35

1	Andreas Beraz	GER	14.57
2	Hiroto Goto	JPN	14.42
3	Janne Harju	FIN	13.92

Triple Jump M40

1	Adrian Olszewski	POL	14.04
2	Nils Portemer	FRA	13.74
3	Lukasz Sobora	POL	13.62

Triple Jump M45

1	Robert Michniewski	POL	13.53
2	Lee Adkins	USA	13.48
3	Mario Quintero Estrada	ESP	13.41

Triple Jump M50

1	Jose Escalera	PUR	13.30
2	Antonio Palacios	USA	13.18
3	Michele Tico	ITA	12.54

Triple Jump M55

1	Jose Quinaliza	ECU	12.45
2	Alfred Stummer	AUT	12.34
3	Valeri Fedjushin	EST	11.34

Triple Jump M60

1	Arne Tefre	NOR	11.55
2	Andrzej Rupala	POL	11.26
3	Vladimiros Ntekailo	GRE	11.14

Triple Jump M65

1	Crescenzio Marchetti	ITA	10.77
2	Slawomir Drag	POL	10.49
3	Ignazio Manfre'	ITA	10.42

Triple Jump M70

1	Valdis Cela	LAT	10.27
2	Volodymyr Chernyatevych	UKR	10.09
3	Ryszard Adamczewski	POL	10.02

Triple Jump M75

1	Eberhard Linke	GER	9.46
2	Jürgen Lamp	EST	9.05
3	Antero Markunsalo	FIN	8.39

VIII WORLD MASTERS ATHLETICS CHAMPIONSHIPS INDOORS

Medalists

Toruń, 24-30 March 2019

Triple Jump M80

1	Roger Vergin	USA	7.63
2	John Arve Johansen	NOR	7.27
3	Josef Vonasek	CZE	6.92

Triple Jump M85

1	Radnaa Tseren	MGL	6.80
2	William Jankovich	USA	4.83

Triple Jump W35

1	Lenka Brázdilová	CZE	11.79
2	Linda Holmström	SWE	11.48
3	María Muñoz Cristobal	ESP	11.46

Triple Jump W40

1	Sandra Kramer	GER	12.42
2	Jaroslava Vaneckova	CZE	11.56
3	Renata Szykulska	POL	11.55

Triple Jump W45

1	Andrea Szirbucz	HUN	11.66
2	Eva Gadea Solera	ESP	11.20
3	Laila Petersone	LAT	10.61

Triple Jump W50

1	Kirsi Spoof-Tuomi	FIN	10.12
2	Louise Wood	GBR	9.93
3	Valentyna Krepkina	UKR	9.86

Triple Jump W55

1	Neringa Jakstiene	USA	11.09
2	Jo Willoughby	GBR	10.52
3	Alicia Hernàndez	ESP	10.18

Triple Jump W60

1	Maria Rosa Escribano Checa	ESP	9.77
2	Teresa Eades	GBR	9.20
3	Anna-Liisa Salminen	FIN	9.08

Triple Jump W65

1	Christina Friedrich	GER	8.60
2	Ewa Bartosik	POL	8.30
3	Marit Huflåtten	NOR	8.15

Triple Jump W70

1	Terhi Kokkonen	FIN	7.17
2	Margaritha Dähler-Stettler	SUI	7.00
3	Barbara Warren	USA	5.61

Triple Jump W75

1	Helgard Houben	GER	6.50
2	Iris Holder	GBR	6.25
3	Barbro Gadle	SWE	6.19

Medalists

Toruń, 24-30 March 2019

Triple Jump W80

1	Christa Bortignon	CAN	6.62
2	Florence Meiler	USA	5.06
3	Renate Schaden	AUT	5.04

Triple Jump W85

1	Gloria Krug	USA	2.95
2	Irene Obera	USA	2.80

Shot Put M35

1	Marcin Gasiorowski	POL	16.15
2	Genro Paas	EST	15.92
3	Dominik Lewin	GER	15.31

Shot Put M40

1	Andy Dittmar	GER	17.32
2	Sean Breathnach	IRL	17.12
3	Carlos Gerones Sierra	ESP	15.48

Shot Put M45

1	Ralf Mordhorst	GER	15.02
2	Gintas Degutis	GBR	14.44
3	Krzysztof Kaszuba	POL	13.67

Shot Put M50

1	Miroslaw Witek	POL	15.57
2	Andreas Deuschle	GER	15.30
3	John Nicholls	GBR	15.03

Shot Put M55

1	Bengt Petersson	SWE	15.54
2	Mieczyslaw Szpak	POL	14.77
3	Enrico Pyritz	GER	14.59

Shot Put M60

1	Karri Westerlund	FIN	15.51
2	Ryszard Zglenicki	POL	14.21
3	Saulius Svilainis	LTU	13.85

Shot Put M65

1	Quenton Torbert	USA	15.07
2	Joseph Myers	USA	13.44
3	Waclaw Krankowski	POL	12.93

Shot Put M70

1	Arvo Nurm	EST	14.61
2	Stanislav Kukota	UKR	14.50
3	Stipo Knez	CRO	13.18

Shot Put M75

1	Czeslaw Roszczak	POL	12.04
2	John Kasperski	CAN	11.61
3	Marek Glowacki	CAN	10.95

VIII WORLD MASTERS ATHLETICS CHAMPIONSHIPS INDOORS

Medalists

Toruń, 24-30 March 2019

Shot Put M80

1	Roland Heiler	GER	13.61
2	Östen Edlund	SWE	12.20
3	Lothar Huchthausen	GER	11.89

Shot Put M85

1	Anton Laus	EST	9.54
2	Kazimierz Bulczynski	POL	7.84
3	Ed Kent	USA	7.84

Shot Put M90

1	Franz Gries	GER	9.30
2	Lauri Helle	FIN	7.22
3	Viljo Hyvölä	FIN	6.87

Shot Put M95

1	Pekka Penttilä	FIN	4.98
2	Jerzy Prejzner	POL	3.79

Shot Put W35

1	Maria Sløk Hansen	DEN	15.43
2	Jana Kárníková	CZE	14.84
3	Marta Carballo De La Cruz	ESP	10.86

Shot Put W40

1	Nadine Kant	GER	14.83
2	Tetiana Nasonova	UKR	13.75
3	Vera Yepimashka	BLR	13.27

Shot Put W45

1	Camille Cayet	FRA	13.12
2	Tatjana Schilling	GER	12.19
3	Dorota Szczepanik	POL	11.85

Shot Put W50

1	Svitlana Sorochuk	UKR	13.61
2	Marcela Barrientos	CHI	13.59
3	Ellen Weller	GER	12.79

Shot Put W55

1	Alexandra Marghieva	MDA	13.29
2	Valda Morkuniene	LTU	13.27
3	Janina Lapieniene	LTU	12.87

Shot Put W60

1	Uta Teuber	GER	11.64
2	Maria Cotolupenco	MDA	11.13
3	Beate Göbe-Blödorn	GER	10.99

Shot Put W65

1	Mihaela Loghin	ROU	12.18
2	Ināra Rozēna	LAT	11.49
3	Brigitte Bonadt	GER	10.73

VIII WORLD MASTERS ATHLETICS CHAMPIONSHIPS INDOORS

Medalists

Toruń, 24-30 March 2019

Shot Put W70

1	Mária Terézia Gosztolai	HUN	9.81
2	Birute Kersuliene	LTU	9.60
3	Ludwika Chewinska	POL	9.49

Shot Put W75

1	Maija Jakobsone	LAT	10.45
2	Erika Springmann	GER	9.07
3	Karin Mathes	GER	7.96

Shot Put W80

1	Rose Marie Von Westerholt	GER	8.49
2	Tserendolgor Tumurbat	MGL	8.25
3	Ingrid Schäfer	GER	6.91

Shot Put W85

1	Gloria Krug	USA	6.29
2	Irene Obera	USA	5.18
3	Urszula Zglenicka	POL	4.21

Shot Put W90

1	Elzbieta Kalinowska	POL	2.97

Shot Put W100

1	Man Kaur	IND	2.13

Weight Throw M35

1	Genro Paas	EST	17.20
2	Jon Dahlin	USA	16.27
3	Zdzislaw Skibicki	POL	14.44

Weight Throw M40

1	Grégory Bottier	FRA	15.18
2	Jānis Podnieks	LAT	14.81
3	Andrzej Sulinski	POL	13.14

Weight Throw M45

1	Mariusz Walczak	POL	18.10
2	Pavel Penaz	CZE	16.37
3	Sören Triebel	GER	14.19

Weight Throw M50

1	Gintautas Misevicius	LTU	19.43
2	Holger Fettke	GER	18.92
3	Grzegorz Pawelski	POL	18.89

Weight Throw M55

1	Lech Kowalski	POL	19.15
2	Rimvydas Medisauskas	LTU	18.80
3	Onno Heerlien	NED	17.43

Weight Throw M60

1	Witold Lipowski	POL	20.95
2	Ralf Högnäs	FIN	19.49
3	Gottfried Gassenbauer	AUT	18.95

VIII WORLD MASTERS ATHLETICS CHAMPIONSHIPS INDOORS

Medalists

Toruń, 24-30 March 2019

Weight Throw M65

1	Andrzej Piaczkowski	POL	16.73
2	Gryc Miloš	CZE	16.45
3	Waclaw Krankowski	POL	16.05

Weight Throw M70

1	Gerard Guyot	FRA	19.74
2	Arvo Nurm	EST	18.48
3	Jerzy Jablonski	POL	18.30

Weight Throw M75

1	Heimo Viertbauer	AUT	17.82
2	Robert Cahners	USA	15.85
3	George Mathews	USA	15.83

Weight Throw M80

1	Antoni Kargol	POL	15.35
2	Peter Speckens	GER	15.31
3	Eero Järvenpää	FIN	14.48

Weight Throw M85

1	Anton Laus	EST	11.41
2	Jim Blair	NZL	8.28
3	Jose Cesteros	USA	8.08

Weight Throw M90

1	Sigurdur Haraldsson	ISL	9.35
2	Viljo Hyvölä	FIN	8.42
3	Lauri Helle	FIN	7.36

Weight Throw W35

1	Maria Sløk Hansen	DEN	14.78
2	Ilona Zeilmaker	NED	10.73
3	Anne Reuschenbach	GER	9.97

Weight Throw W40

1	Kirsi Koro	FIN	14.79
2	Antonella Chouhal	MLT	13.64
3	Penelope Ingles	USA	10.14

Weight Throw W45

1	Bettina Schardt	GER	13.84
2	Marzena Ignaczak	POL	13.30
3	Nataliia Radionova	UKR	13.06

Weight Throw W50

1	Mireille Kosmala	LUX	16.51
2	Claudine Cacaut	FRA	16.46
3	Margret Klein-Raber	GER	16.28

Weight Throw W55

1	Connie Hodel	SUI	15.15
2	Ingrid Van Dijk	NED	13.68
3	Ines Mikoleiczik	GER	13.38

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Medalists

Toruń, 24-30 March 2019

Weight Throw W60

1	Mägy Duss	SUI	14.99
2	Liisa Makitorma	FIN	14.70
3	Carol Finsrud	USA	14.60

Weight Throw W65

1	Margarethe Tomanek	BEL	13.00
2	Elisa Yli-Hallila	FIN	11.50
3	Jarmila Longauerová	SVK	11.03

Weight Throw W70

1	Eva Nohl	GER	11.67
2	Mária Terézia Gosztolai	HUN	10.79
3	Jadviga Putiniene	LTU	10.73

Weight Throw W75

1	Elise Marie Wåle	NOR	11.54
2	Käte Scheikowski	GER	11.47
3	Tiia Krutob	EST	11.18

Weight Throw W80

1	Evaun Williams	GBR	12.75
2	Tserendolgor Tumurbat	MGL	9.63
3	Ewa Frackowiak	POL	9.34

Weight Throw W85

1	Lieselotte Leiss	GER	7.94
2	Gloria Krug	USA	7.22

Weight Throw W90

1	Marcia Petley	NZL	5.69

Discus M35

1	Krzysztof Jackow	POL	48.19
2	Christoph Bischlager	GER	45.90
3	Andrzej Kominek	POL	43.55

Discus M40

1	Sean Breathnach	IRL	48.26
2	Grégory Bottier	FRA	46.83
3	Alexander Sommer	GER	42.14

Discus M45

1	Ralf Mordhorst	GER	50.63
2	Jaroslav Smely	CZE	45.18
3	Pavel Penaz	CZE	44.99

Discus M50

1	Marek Stolarczyk	POL	50.93
2	Iver Hytten	NOR	48.67
3	Grzegorz Pawelski	POL	48.61

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Medalists

Toruń, 24-30 March 2019

Discus M55

1	Tom Jensen	DEN	47.56
2	Mieczyslaw Szpak	POL	47.46
3	Karsten Schneider	GER	44.72

Discus M60

1	John Moreland	GBR	54.24
2	Saulius Svilainis	LTU	49.50
3	Karel Hosek	CZE	49.36

Discus M65

1	Aldis Putns	LAT	45.17
2	Ake Ruus	SWE	45.13
3	Siegfried Greiner	GER	44.05

Discus M70

1	Vaclav Sosna	CZE	44.37
2	Arvo Nurm	EST	43.63
3	Leszek Bobrzyk	POL	41.97

Discus M75

1	John Watts	GBR	39.39
2	Czeslaw Roszczak	POL	35.78
3	Joël Ollivier	FRA	31.02

Discus M80

1	Östen Edlund	SWE	37.44
2	Roland Heiler	GER	36.09
3	Herman Kristoffer Henriksen	NOR	30.34

Discus M85

1	Anton Laus	EST	24.57
2	Ed Kent	USA	19.69
3	Jim Blair	NZL	18.79

Discus M90

1	Sigurdur Haraldsson	ISL	20.20
2	Franz Gries	GER	19.37
3	Lauri Helle	FIN	14.86

Discus M95

1	Jerzy Prejzner	POL	7.14

Discus W35

1	Maria Sløk Hansen	DEN	42.77
2	Jana Kárníková	CZE	38.72
3	Anne Reuschenbach	GER	31.39

Discus W40

1	Vera Yepimashka	BLR	34.63
2	Antonella Chouhal	MLT	33.39
3	Sandrine Dujardin	FRA	33.15

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Medalists

Toruń, 24-30 March 2019

Discus W45

1	Joanna Wisniewska	POL	47.86
2	Marzena Ignaczak	POL	41.57
3	Bettina Schardt	GER	40.53

Discus W50

1	Marcela Barrientos	CHI	37.48
2	Malgorzata Krzyzan	POL	36.96
3	Vita Zarankiene	LTU	36.71

Discus W55

1	Janina Lapieniene	LTU	39.88
2	Olena Poblichko	UKR	34.98
3	Alexandra Marghieva	MDA	34.57

Discus W60

1	Carol Finsrud	USA	34.39
2	Maria Cotolupenco	MDA	33.51
3	Elke Herzig	GER	28.48

Discus W65

1	Ināra Rozēna	LAT	27.60
2	Doreen Garner	CAN	27.32
3	Hermīne Bajāre	LAT	26.03

Discus W70

1	Mária Terézia Gosztolai	HUN	26.16
2	Jolande Brasser	NED	23.46
3	Irena Baranowska	POL	22.10

Discus W75

1	Maija Jakobsone	LAT	25.17
2	Eva Polakova	SVK	22.76
3	Varpu Holmberg	FIN	19.25

Discus W80

1	Tserendolgor Tumurbat	MGL	18.97
2	Ingrid Schäfer	GER	14.84
3	Ewa Frackowiak	POL	14.04

Discus W85

1	Gloria Krug	USA	14.99
2	Lieselotte Leiss	GER	12.87
3	Ruth Baumann	GER	12.59

Discus W90

1	Elzbieta Kalinowska	POL	5.83

Hammer M35

1	Genro Paas	EST	58.17
2	László József Moór	HUN	49.99
3	George Perkins	GBR	47.00

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Medalists

Toruń, 24-30 March 2019

Hammer M40

1	Jānis Podnieks	LAT	51.18
2	Damian Kozlowski	POL	49.21
3	Marek Rozyczka	POL	45.70

Hammer M45

1	Mariusz Walczak	POL	59.34
2	Michael Hofer	AUT	52.69
3	Robert Halaj	POL	46.58

Hammer M50

1	Gareth Cook	GBR	54.46
2	Holger Fettke	GER	52.08
3	Rüdiger Möhring	GER	51.58

Hammer M55

1	Onno Heerlien	NED	50.22
2	Lech Kowalski	POL	50.01
3	Rimvydas Medisauskas	LTU	50.00

Hammer M60

1	Gottfried Gassenbauer	AUT	57.06
2	Witold Lipowski	POL	52.17
3	Lucien Noluveau	FRA	48.08

Hammer M65

1	Andrzej Piaczkowski	POL	45.04
2	Keijo Aaltonen	FIN	43.54
3	Gerhard Heduschke	GER	43.53

Hammer M70

1	Gerard Guyot	FRA	50.53
2	Jerzy Jablonski	POL	47.22
3	Arvo Nurm	EST	44.84

Hammer M75

1	Hermann Albrecht	GER	44.72
2	Heimo Viertbauer	AUT	42.75
3	George Mathews	USA	40.54

Hammer M80

1	Lothar Huchthausen	GER	39.07
2	Östen Edlund	SWE	38.63
3	Antoni Kargol	POL	37.03

Hammer M85

1	Anton Laus	EST	27.47
2	Jim Blair	NZL	20.10
3	Jose Cesteros	USA	17.72

Hammer M90

1	Sigurdur Haraldsson	ISL	19.64
2	Viljo Hyvölä	FIN	19.26
3	Lauri Helle	FIN	16.99

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Medalists

Toruń, 24-30 March 2019

Hammer W35

1	Maria Sløk Hansen	DEN	47.04
2	Anne Reuschenbach	GER	33.75
3	Ilona Zeilmaker	NED	31.31

Hammer W40

1	Kirsten Hilbig	GER	54.81
2	Kirsi Koro	FIN	45.34
3	Antonella Chouhal	MLT	44.02

Hammer W45

1	Bettina Schardt	GER	41.51
2	Jana Čapková	CZE	39.37
3	Nataliia Radionova	UKR	39.08

Hammer W50

1	Claudine Cacaut	FRA	50.50
2	Kirsi Spoof-Tuomi	FIN	45.97
3	Mireille Kosmala	LUX	45.42

Hammer W55

1	Connie Hodel	SUI	45.07
2	Marzia Zanoboni	ITA	43.61
3	Ingrid Van Dijk	NED	38.01

Hammer W60

1	Carol Finsrud	USA	41.61
2	Mägy Duss	SUI	40.14
3	Tamara Alegria-Dybvig	USA	37.66

Hammer W65

1	Jarmila Longauerová	SVK	33.99
2	Margarethe Tomanek	BEL	33.06
3	Elisa Yli-Hallila	FIN	31.36

Hammer W70

1	Eva Nohl	GER	35.49
2	Margaritha Dähler-Stettler	SUI	34.17
3	Irena Baranowska	POL	23.60

Hammer W75

1	Tiia Krutob	EST	27.68
2	Elise Marie Wåle	NOR	26.40
3	Oľga Hradecká	SVK	24.48

Hammer W80

1	Evaun Williams	GBR	33.22
2	Tserendolgor Tumurbat	MGL	24.98
3	Ingrid Schäfer	GER	22.82

Hammer W85

1	Lieselotte Leiss	GER	20.34
2	Gloria Krug	USA	18.17

VIII WORLD MASTERS ATHLETICS CHAMPIONSHIPS INDOORS

Medalists

Toruń, 24-30 March 2019

Hammer W90

1	Marcia Petley	NZL	14.28

Javelin Throw M35

1	Dominik Lewin	GER	55.53
2	Carsten Novak	GER	48.99
3	Grzegorz Kinal	POL	46.40

Javelin Throw M40

1	Hubert Goeller	ITA	59.93
2	Libor Bartipan	CZE	57.71
3	Jens Kresalek	GER	57.17

Javelin Throw M45

1	Robert Teršek	SLO	58.45
2	Tomasz Damszel	POL	57.81
3	Milán Hegedűs	HUN	49.96

Javelin Throw M50

1	Tommi Huotilainen	FIN	64.68
2	Miroslaw Witek	POL	58.97
3	Stefan Petersson	USA	58.56

Javelin Throw M55

1	Marius Gannsen	NOR	48.04
2	Stephane Hurel	FRA	45.31
3	Kurt Gruenbacher	USA	43.85

Javelin Throw M60

1	Serhii Havras	UKR	53.97
2	Reinhold Paul	GER	49.51
3	Marek Grzyb	POL	46.95

Javelin Throw M65

1	Walter Kuehndel	GER	43.81
2	Moldabay Baiturin	KAZ	43.43
3	Mykola Onishchuk	UKR	41.53

Javelin Throw M70

1	Wojciech Kikowski	POL	42.26
2	Arvo Nurm	EST	40.41
3	Stefan Madej	POL	39.10

Javelin Throw M75

1	Jouni Tenhu	FIN	41.23
2	Siegbert Gnoth	GER	34.91
3	Ewald Jordan	GER	32.85

Javelin Throw M80

1	Lothar Huchthausen	GER	37.96
2	Tauno Tukkinen	FIN	31.67
3	Kauno Anttila	FIN	29.75

VIII WORLD MASTERS ATHLETICS CHAMPIONSHIPS INDOORS

Medalists

Toruń, 24-30 March 2019

Javelin Throw M85

1	Anton Laus	EST	21.64
2	Jim Blair	NZL	21.29
3	Ed Kent	USA	20.14

Javelin Throw M90

1	Sigurdur Haraldsson	ISL	20.08
2	Viljo Hyvölä	FIN	19.94
3	Franz Gries	GER	16.95

Javelin Throw W35

1	Mareike Metz	GER	35.86
2	Anne Reuschenbach	GER	33.58
3	Ilona Zeilmaker	NED	30.59

Javelin Throw W40

1	Liliia Apolosova	UKR	42.18
2	Katja Hautaniemi	FIN	39.23
3	Margreet Takken	NED	34.33

Javelin Throw W45

1	Andrea Zahn	GER	35.19
2	Iveta Putnina	LAT	34.90
3	Maria Teresa Boza Rodriguez	ESP	33.13

Javelin Throw W50

1	Durelle Schimek	USA	37.43
2	Gwendelyn Smith	TTO	36.76
3	Ilona Kojalovica	LAT	33.30

Javelin Throw W55

1	Genowefa Patla	POL	40.75
2	Heli Herlevi-Malila	FIN	39.89
3	Angela Mueller	GER	34.61

Javelin Throw W60

1	Wiebke Baseda	GER	29.64
2	Tamara Alegria-Dybvig	USA	29.47
3	Irena Stahlova	CZE	28.10

Javelin Throw W65

1	Riitta Rajamäki	FIN	24.97
2	Marianne Schumacher	GER	24.52
3	Irene Drayss	GER	23.60

Javelin Throw W70

1	Jarmila Klimesova	CZE	26.08
2	Kristina Hanke	GER	25.07
3	Eva Nohl	GER	20.90

Javelin Throw W75

1	Christa Helmke	GER	21.19
2	Varpu Holmberg	FIN	20.48
3	Elise Marie Wåle	NOR	17.49

VIII WORLD MASTERS ATHLETICS CHAMPIONSHIPS INDOORS

Medalists

Toruń, 24-30 March 2019

Javelin Throw W80

1	Evaun Williams	GBR	27.51
2	Tserendolgor Tumurbat	MGL	18.74
3	Rose Marie Von Westerholt	GER	17.53

Javelin Throw W85

1	Lieselotte Leiss	GER	13.04
2	Gloria Krug	USA	11.46

Javelin Throw W100

1	Man Kaur	IND	4.01

8k Cross M35

1	Henadz Verkhavodkin	BLR	27:04
2	Charles Delys	FRA	27:11
3	Christian Wiese	GER	27:14

8k Cross M40

1	Ihar Tsetserukou	BLR	26:58
2	Matthias Weippert	GER	27:11
3	Rudy Magagnoli	ITA	27:12

8k Cross M45

1	Davide Figueiredo	POR	27:09
2	Jesu De La Fuente Fernandez	ESP	27:13
3	Mariusz Borychowski	POL	27:39

8k Cross M50

1	Miguel Molero-Eichwein	GER	27:45
2	Domingos Barros	POR	28:05
3	Shane Healy	IRL	28:18

8k Cross M55

1	Ben Reynolds	GBR	28:42
2	Marek Dziegielewski	POL	28:50
3	Patrick Van Daele	BEL	28:56

8k Cross M60

1	Jukka Kauppila	FIN	30:13
2	Thomas Payne	IRL	30:33
3	Roger Sayre	USA	30:37

8k Cross M65

1	Janusz Ferenc	POL	33:09
2	Luciano Moser	ITA	33:16
3	Justin Gloden	LUX	33:35

6k Cross M70

1	Kauko Kuningas	FIN	26:58
2	Jean Thomas	FRA	27:01
3	Henryk Ostrykiewicz	POL	27:54

VIII WORLD MASTERS ATHLETICS CHAMPIONSHIPS INDOORS

Medalists

Toruń, 24-30 March 2019

6k Cross M75

1	Juan Lopez Garcia	ESP	27:28
2	Albert Walter	GER	30:22
3	Gérard Maillard	FRA	30:25

6k Cross M80

1	Klemens Wittig	GER	32:08
2	Francisco Terán	MEX	32:43
3	Bruno Baggia	ITA	34:02

6k Cross M85

1	Richard Pitcairn-Knowles	GBR	50:41
2	Michal Stadniczuk	POL	58:12

8k Cross W35

1	Volha Krautsova	BLR	30:18
2	Concepcion Hidalgo Barrantes	ESP	31:55
3	Anna Arseniuk	POL	31:59

8k Cross W40

1	Maria Jose De Toro Saiz	ESP	31:11
2	Ewa Brych-Pajak	POL	33:03
3	Jacqueline Etherington	GBR	33:07

8k Cross W45

1	Simona Staicu	HUN	33:09
2	Jacqueline Stamp	IRL	33:43
3	Claudia Seel	GER	34:38

8k Cross W50

1	Annette Kealy	IRL	33:15
2	Susan Mcdonald	GBR	33:17
3	Kathleen Steenhaut	BEL	33:56

8k Cross W55

1	Clare Elms	GBR	32:51
2	M E Esther Pedrosa Carrete	ESP	33:45
3	Caroline Wood	GBR	35:22

8k Cross W60

1	M.Teresa Ruzafa Manchon	ESP	35:26
2	Pauline Moran	IRL	35:49
3	Dorotea Sevilla Santamaría	ESP	38:12

8k Cross W65

1	Hellevi Mankki	FIN	39:16
2	Margret Göttnauer	GER	39:16
3	Elfriede Ganter	GER	40:15

6k Cross W70

1	Angela Copson	GBR	30:43
2	Zofia Siennicka	POL	34:16
3	Elisabeth Springer	GER	35:32

VIII WORLD MASTERS ATHLETICS CHAMPIONSHIPS INDOORS

Medalists

Toruń, 24-30 March 2019

6k Cross W75

1	Hannele Kivistö	FIN	36:59
2	Milena Hovorkova	CZE	43:24
3	Eva Carlsen	NOR	44:55

6k Cross W80

1	Heide Moebius	USA	42:25
2	Pamela Jones	GBR	50:41
3	Tami Graf	USA	56:42

8k Cross Team M35

1	**Poland** Michal Bernardelli Zbigniew Kalinowski Wojciech Swiderek	POL	1:22.54
2	**Ireland** Hunter Stephen Tim Twomey James Grufferty	IRL	1:27.29
3	**Spain** Pedro Rodriguez Bogarra Juan Manuel Garcia Mendoza Jose Gutierrez Gonzalez	ESP	1:28.46

8k Cross Team M40

1	**Poland** Bogdan Dziuba Grzegorz Sudol Bartosz Mazerski	POL	1:23.07
2	**Italy** Rudy Magagnoli Luigi Del Buono Giuseppe Costanzo	ITA	1:23.58
3	**Czech Republic** Ladislav Kučera Vladimír Srb Jiri Brychta	CZE	1:25.10

8k Cross Team M45

1	**Spain** Jesu De La Fuente Fernandez Juan Jose Verdugo Carlos Andrés Lucas Cantero	ESP	1:23.49
2	**Poland** Mariusz Borychowski Robert Celinski Andrzej Ulidowski	POL	1:24.28
3	**Germany** Holger Wollny Carsten Wunderlich Mike Bornschein	GER	1:31.49

VIII WORLD MASTERS ATHLETICS CHAMPIONSHIPS INDOORS

Medalists

Toruń, 24-30 March 2019

8k Cross Team M50

1	**Portugal** Domingos Barros Joaquim Figueiredo Antonio Monteiro	POR	1:27.29
2	**Ireland** Shane Healy Ian Egan Robert Maher	IRL	1:32.00
3	**Germany** Miguel Molero-Eichwein Arne Welenz Frank Weisgerber	GER	1:32.42

8k Cross Team M55

1	**Ireland** Mick Byrne Patrick O'Grady Mark Connolly	IRL	1:32.13
2	**Poland** Marek Dziegielewski Jerzy Siemaszko Jan Huruk	POL	1:32.21
3	**United Kingdom** Ben Reynolds Tony Tuohy Jonathan Burrell	GBR	1:32.27

8k Cross Team M60

1	**Poland** Stanislaw Lancucki Krzysztof Borowski Jozef Brandenburg	POL	1:36.45
2	**United Kingdom** Stephen Smythe Nicholas Holliday Colin Oxlade	GBR	1:48.08
3	**Germany** Albert-Eugen Vetter Hinnerk Timme Günter Fuhrmann	GER	1:48.31

Medalists

Toruń, 24-30 March 2019

8k Cross Team M65

1	**Poland** Janusz Ferenc Marek Czuk Jerzy Roslowicz	POL	1:43.43
2	**United Kingdom** Alan Newman Andrew Murray David Proffitt	GBR	2:02.26
3	**Romania** Vasile Harjoc Martin Benchea Joca Valeriu Rosetnic	ROU	2:06.04

6k Cross Team M70

1	**Finland** Kauko Kuningas Raimo Niemi Raimo Hartonen	FIN	1:26.00
2	**United Kingdom** David Beattie Norman Baillie Geoffrey Newton	GBR	1:27.34
3	**Poland** Henryk Ostrykiewicz Stefan Dobak Marian Lesniak	POL	1:27.55

6k Cross Team M75

1	**United Kingdom** Philip Brennan Michael Johnson Barrie Roberts	GBR	1:39.15
2	**Germany** Albert Walter Peter Lessing Otmar Seul	GER	1:43.07
3	**Italy** Giorgio Bianchi Bruno Baggia Luciano Fera	ITA	1:45.36

6k Cross Team M80

1	**Germany** Klemens Wittig Hans Joachim Rother Arnold Schroth	GER	1:57.48
2	**Romania**	ROU	2:21.35

Iosif Szabo
Iosif Hecico
Petru Bologa

8k Cross Team W35

1	**Poland** Anna Arseniuk Barbara Zakowiecka Aneta Switaj	POL	1:38.42
2	**Belarus** Volha Krautsova Volha Rezkaya Sviatlana Lenkavets	BLR	1:46.02
3	**Spain** Concepcion Hidalgo Barrantes Vanessa Reina Rodriguez Ana Toral Quiroga	ESP	1:48.16

8k Cross Team W40

1	**Spain** Maria Jose De Toro Saiz Patricia Saez Sanchez Nidia Zulma Borget Ruidiaz	ESP	1:38.01
2	**Poland** Ewa Brych-Pajak Malgorzata Siembida Anna Pazucha	POL	1:42.55
3	**United Kingdom** Jacqueline Etherington Jennifer Duffy Diana Chklar	GBR	1:47.31

8k Cross Team W45

1	**United Kingdom** Denise Barnett Caroline Cotterell Sally Carr	GBR	1:56.07
2	**Latvia** Ginta Rassa Aija Rogale Signe Lauva	LAT	2:10.23
3	**Poland** Gizela Grabinska Sylwia Grzesiak Anna Kubczak-Kosicka	POL	2:13.15

Medalists

Toruń, 24-30 March 2019

8k Cross Team W50

1	**United Kingdom** Susan Mcdonald Susan Ridley Susan Dixon	GBR	1:45.21
2	**Spain** M E Esther Pedrosa Carrete Teresa Castro Villaverde Nancy Nena Quispe Valencia	ESP	1:47.19
3	**Poland** Krystyna Kuta Krystyna Pieczulis Zofia Wieciorkowska	POL	1:54.54

8k Cross Team W55

1	**United Kingdom** Clare Elms Caroline Wood Lucy Woolhouse	GBR	1:43.41
2	**Germany** Silvia Bultmann Elke Halm Sylvia Kuhlenkamp	GER	2:05.34
3	**Ireland** Kay Byrne Finola Moore Anne Gormley	IRL	2:17.53

8k Cross Team W60

1	**Germany** Christine Sachs Elisabeth Henn Gerlinde Kolesa	GER	1:57.50
2	**United Kingdom** Anna Garnier Avril Riddell Gina Coulson	GBR	2:02.12
3	**Italy** Francesca Barone Grazia Toma Cinzia Barletta	ITA	2:03.37

8k Cross Team W65

1	**Germany** Margret Göttnauer Elfriede Ganter Marion Sarasa	GER	2:01.16
2	**United Kingdom**	GBR	2:08.14

Penelope Forse
Rosalind Tabor
Susan James

6k Cross Team W70

1	**Germany** Elisabeth Springer Maria Brigitte Nittel Gabriele Rost-Brasholz	GER	1:48.20
2	**United Kingdom** Angela Copson Anne Dockery Betty Stracey	GBR	1:52.06
3	**United States of America** Heide Moebius Kathleen Frable Tami Graf	USA	2:28.14

10km M35

1	Henadz Verkhavodkin	BLR	31:12
2	Kamil Makos	POL	31:43
3	Michal Bernardelli	POL	32:03

10km M40

1	Manuel Angel Penas Blanco	ESP	31:11
2	Fredrik Uhrbom	SWE	31:17
3	Ihar Tsetserukou	BLR	31:36

10km M45

1	Davide Figueiredo	POR	31:52
2	Gregory Mitchell	USA	32:25
3	Henadzi Zhauronak	BLR	32:42

10km M50

1	Peter Van Der Velden	NED	32:09
2	Piotr Poblocki	POL	32:59
3	Joaquim Figueiredo	POR	33:18

10km M55

1	Mick Byrne	IRL	34:07
2	Paul Cowhie	IRL	34:45
3	Francisco García López	ESP	34:49

10km M60

1	Sergey Polikarpov	KAZ	35:12
2	Stanislaw Lancucki	POL	36:17
3	Rolando Carabajal Lange	ARG	36:49

10km M65

1	Lars Juel Jensen	DEN	38:09
2	Janusz Ferenc	POL	38:22
3	Marek Czuk	POL	40:10

10km M70

Medalists

Toruń, 24-30 March 2019

1	Kauko Kuningas	FIN	42:00
2	Salvatore Puglisi	ITA	42:51
3	Ken Bowman	GBR	43:09

10km M75

1	Juan Lopez Garcia	ESP	42:33
2	Zygfryd Liban	POL	46:06
3	Vincent Basista	SVK	46:17

10km M80

1	Fokke Kramer	GER	46:34
2	Henryk Urtnowski	POL	49:44
3	Francisco Terán	MEX	49:54

10km M85

1	Michal Stadniczuk	POL	1:30:45

10km M90

1	Angelo Squadrone	ITA	1:18:45

10km W35

1	Ewa Jagielska	POL	34:21
2	Volha Krautsova	BLR	35:55
3	Barbara Zakowiecka	POL	38:09

10km W40

1	Dawn Grunnagle	USA	34:24
2	Mariola Sudzinska	POL	37:35
3	Aslı Sertcelik	TUR	39:34

10km W45

1	Miriam Paurat	GER	37:01
2	Simona Prunea	ITA	38:05
3	Dorota Ustianowska	POL	38:29

10km W50

1	Nicole Weijling-Dissel	NED	37:09
2	Susan Mcdonald	GBR	37:55
3	Teresa Castro Villaverde	ESP	39:13

10km W55

1	Sabine Hofer	AUT	39:17
2	Karin Schön	SWE	39:59
3	Elena Fustella	ITA	40:02

10km W60

1	Christine Adamson	NZL	41:55
2	Pauline Moran	IRL	42:13
3	Christine Sachs	GER	43:44

10km W65

1	Penelope Forse	GBR	45:57
2	Margret Göttnauer	GER	46:28
3	Eileen Kenny	IRL	46:41

10km W70

Medalists

Toruń, 24-30 March 2019

1	Angela Copson	GBR	45:47
2	Emi Vaquero Vanchez	ESP	49:01
3	Gabriele Rost-Brasholz	GER	55:02

10km W75

1	Josette Maillard	FRA	53:36
2	Barbara Prymakowska	POL	54:04
3	Hannele Kivistö	FIN	54:37

10km W80

1	Heide Moebius	USA	1:00:27
2	Zofia Turosz	POL	1:14:45
3	Pamela Jones	GBR	1:17:32

Half Marathon M35

1	Tomasz Szymkowiak	POL	1:08:56
2	Zbigniew Kalinowski	POL	1:10:23
3	Jose Manuel Garcia Barragan	ESP	1:10:31

Half Marathon M40

1	Bogdan Dziuba	POL	1:10:18
2	Kristian Nedregård	NOR	1:10:19
3	Boguslaw Andrzejuk	POL	1:10:26

Half Marathon M45

1	Davide Figueiredo	POR	1:10:29
2	Simon Baines	GBR	1:10:37
3	Henadzi Zhauronak	BLR	1:11:43

Half Marathon M50

1	Miguel Molero-Eichwein	GER	1:12:28
2	Piotr Poblocki	POL	1:12:50
3	Ferran De Torres Burgos	ESP	1:15:25

Half Marathon M55

1	José Cabral	POR	1:15:46
2	Claudio Nottolini	ITA	1:19:09
3	Patrick O'Grady	IRL	1:19:14

Half Marathon M60

1	Roger Sayre	USA	1:17:49
2	Sergey Polikarpov	KAZ	1:18:07
3	Jukka Kauppila	FIN	1:18:49

Half Marathon M65

1	Igor Kostiuk	UKR	1:25:29
2	Janusz Ferenc	POL	1:25:47
3	Vasile Harjoc	ROU	1:26:58

Half Marathon M70

1	Manfred Hartung	GER	1:31:46
2	Kauko Kuningas	FIN	1:34:13
3	Petras Kavaliauskas	LTU	1:35:49

Half Marathon M75

Medalists

Toruń, 24-30 March 2019

1	Juan Lopez Garcia	ESP	1:36:05
2	Zygfryd Liban	POL	1:43:16
3	Peter Lessing	GER	1:44:35

Half Marathon M80

1	Fokke Kramer	GER	1:44:37
2	Klemens Wittig	GER	1:49:13
3	Henryk Urtnowski	POL	1:49:32

Half Marathon M90

1	Angelo Squadrone	ITA	3:22:30

Half Marathon W35

1	Anna Arseniuk	POL	1:22:12
2	Denise Tappatà	ITA	1:22:43
3	Anastasiya Dashkevich	BLR	1:23:09

Half Marathon W40

1	Dawn Grunnagle	USA	1:16:25
2	Nicoleta Ciortan	ROU	1:21:57
3	Michelle Clarke	CAN	1:24:35

Half Marathon W45

1	Ewa Huryn	POL	1:22:40
2	Simona Staicu	HUN	1:25:25
3	Marzena Woszek	POL	1:32:30

Half Marathon W50

1	Fiona Bayly	USA	1:23:44
2	Susan Mcdonald	GBR	1:23:49
3	Kathleen Steenhaut	BEL	1:24:52

Half Marathon W55

1	Nadia Dandolo	ITA	1:24:59
2	Sabine Hofer	AUT	1:25:27
3	Karin Schön	SWE	1:26:31

Half Marathon W60

1	Marcelina Hernaiz	ESP	1:34:16
2	Christine Sachs	GER	1:35:21
3	Noreen Bonner	IRL	1:35:36

Half Marathon W65

1	Danuta Spychala	POL	1:39:15
2	Margret Göttnauer	GER	1:42:47
3	Hellevi Mankki	FIN	1:43:30

Half Marathon W70

1	Marta Mikolajczyk	POL	1:38:53
2	Emi Vaquero Vanchez	ESP	1:49:56
3	Gabriele Rost-Brasholz	GER	2:04:53

Half Marathon W75

1	Hannele Kivistö	FIN	2:01:00
2	Barbara Prymakowska	POL	2:12:42

3	Bruce Velta	LAT	3:27:01

Half Marathon W80

1	Heide Moebius	USA	2:22:55

Half Marathon Team M35

1	**Poland** Tomasz Szymkowiak Zbigniew Kalinowski Piotr Palka	POL	3:30.51
2	**Czech Republic** Jakub Exner Vladimír Srb Jiri Brychta	CZE	3:39.35
3	**Spain** Jose Manuel Garcia Barragan Juan Manuel Garcia Mendoza Raul Griñan	ESP	3:50.46

Half Marathon Team M40

1	**Poland** Bogdan Dziuba Boguslaw Andrzejuk Krzysztof Pietrzyk	POL	3:35.05
2	**Belarus** Henadzi Zhauronak Uladzimir Kudlianski Siarhei Kasiachenka	BLR	3:49.33
3	**Italy** Luigi Del Buono Andrea Cicerale Stefano Siddu	ITA	4:01.18

Half Marathon Team M45

1	**Great Britain and Northern Ireland** Simon Baines Paul Cheetham Matt Willifer	GBR	3:41.14
2	**Poland** Mariusz Borychowski Wieslaw Sosnowski Robert Michajlow	POL	3:50.41
3	**Portugal** Davide Figueiredo José Cabral Gonçalo Ferreira	POR	3:56.04

Medalists

Toruń, 24-30 March 2019

Half Marathon Team M50

1	**Poland** Piotr Poblocki Krzysztof Cieslak Dariusz Wieczorek	POL	3:48.10
2	**Romania** Daniel Mirea Stefan Ciochina Ion Candrea	ROU	4:01.23
3	**United States of America** Roger Sayre Francis Burdett Dale Flanders	USA	4:07.04

Half Marathon Team M55

1	**Spain** Jose Antonio Morales Robles Francisco Del Rio Alvarez Juan Jose Barbera	ESP	4:03.56
2	**Poland** Zenon Stepien Jerzy Siemaszko Marek Jaworski	POL	4:07.09
3	**Ukraine** Vasyl Voznenko Valerii Faustov Kostiantyn Bondarev	UKR	4:17.25

Half Marathon Team M60

1	**Ukraine** Viktor Nedybaliuk Oleksandr Vovk Vasyl Karpovych	UKR	4:08.23
2	**Poland** Stanislaw Lancucki Andrzej Biedrzycki Andrzej Maciol	POL	4:09.52
3	**Italy** Claudio Faraoni Pietro Uras Serra Ottavio	ITA	4:34.12

Medalists

Toruń, 24-30 March 2019

Half Marathon Team M65

1	**Poland** Janusz Ferenc Andrzej Sajkowski Marek Czuk	POL	4:21.08
2	**Great Britain and Northern Ireland** Geoffrey Newton David Proffitt Andrew Murray	GBR	5:16.42
3	**Ukraine** Igor Kostiuk Ivan Urushchak Ihor Lysyy	UKR	5:28.54

Half Marathon Team M70

1	**Germany** Manfred Hartung Karl-Heinz Glander Klemens Wittig	GER	4:58.35
2	**Poland** Stefan Dobak Henryk Ostrykiewicz Marian Lesniak	POL	5:11.04
3	**Finland** Kauko Kuningas Raimo Niemi Raimo Hartonen	FIN	5:12.01

Half Marathon Team M75

1	**Germany** Peter Lessing Fokke Kramer Dieter Hempel	GER	5:25.51
2	**Poland** Zygfryd Liban Henryk Urtnowski Rajmund Czechowski	POL	5:54.40
3	**Ukraine** Dmytro Lebediev Oleksandr Nishchuk Vasyl Krupskyy	UKR	5:58.40

Medalists

Toruń, 24-30 March 2019

Half Marathon Team W35

1	**Poland** Anna Arseniuk Barbara Zakowiecka Jadwiga Dybczynska	POL	4:15.46
2	**Canada** Michelle Clarke Maria Weber Susan Stone	CAN	4:30.46
3	**Romania** Simona-Elena Sladaru Alis Maria Pufu Maria Violeta Chifor	ROU	4:55.57

Half Marathon Team W40

1	**Romania** Nicoleta Ciortan Anca Diana Istrate Mihaela Maria Botezan	ROU	4:17.32
2	**Poland** Sylwia Kolecka Anna Zalewska Elzbieta Stawarska	POL	4:39.51
3	**Germany** Anna Izabela Böge Christine Dörscher Verena Becker	GER	4:43.04

Half Marathon Team W45

1	**Poland** Ewa Huryn Marzena Woszek Barbara Jedras	POL	4:39.28
2	**Finland** Eva-Lena Wikström Hellevi Mankki Hannele Kivistö	FIN	5:19.26
3	**Germany** Ariane Stapusch Ingrid Koal Isabel Bornschein	GER	6:29.25

Medalists

Toruń, 24-30 March 2019

Half Marathon Team W50

1	**Spain** María Soledad Castro Soliño Maria Teresa Iñigo Emi Vaquero Vanchez	ESP	4:44.24
2	**Poland** Krystyna Kuta Wioletta Oleksyk Iwona Zielinska	POL	4:47.25
3	**Germany** Ute Krause Katja Knospe Elke Rosenthal	GER	4:52.00

Half Marathon Team W55

1	**Sweden** Karin Schön Charlotta Frenander Karin Artursson	SWE	4:51.50
2	**Poland** Eugenia Szafarczyk Halina Dubiela Malgorzata Krzewinska	POL	5:02.23
3	**Great Britain and Northern Ireland** Andrea Hough Nicola Hopkinson Tracey Gibson	GBR	5:19.53

Half Marathon Team W60

1	**Ireland** Noreen Bonner Pauline Moran Nuala Reilly	IRL	4:53.44
2	**Germany** Christine Sachs Carmen Fuhrmann Dagmar Kleinemeyer	GER	5:13.11
3	**Poland** Bozena Wisniewska Aleksandra Wolna Teresa Nowak	POL	6:02.38

Half Marathon Team W65

1	**Germany** Margret Göttnauer Elfriede Ganter Marion Sarasa	GER	5:16.03

Medalists

Toruń, 24-30 March 2019

Half Marathon Team W70

1	**Germany** Gabriele Rost-Brasholz Maria Brigitte Nittel Elisabeth Springer	GER	6:22.06

10kmW M35

1	Rafal Fedaczynski	POL	44:36
2	Andreas Janker	GER	45:29
3	Vincenzo Verde	ITA	46:28

10kmW M40

1	Martin Nedvidek	CZE	46:09
2	Ruben Piñera Alvarez	ESP	46:28
3	Grzegorz Grinholc	POL	47:49

10kmW M45

1	Claudio Erasmo Vargas Castillo	MEX	44:50
2	Normunds Ivzans	LAT	45:36
3	Steffen Borsch	GER	46:16

10kmW M50

1	Philippe Bonneau	FRA	47:05
2	Bachisio Faedda	ITA	47:38
3	Miguel Angel Carvajal Ortega	ESP	47:54

10kmW M55

1	Miguel Periáñez García	ESP	47:28
2	Anton Mashkevich	BLR	49:50
3	Sergio Ant. Gutiérrez Brenes	CRC	50:13

10kmW M60

1	Pedro Jose Aranda Fernandez	ESP	53:52
2	Angel Ruata Martín	ESP	54:06
3	Miroslaw Luniewski	POL	55:58

10kmW M65

1	Patrice Brochot	FRA	54:39
2	Vincenzo Panico	FRA	56:54
3	Daniel Siegenfuhr	FRA	58:35

10kmW M70

1	Ettorino Formentin	ITA	57:59
2	John Mcmullin	IRL	1:01:37
3	Anatolii Serhiienko	UKR	1:01:52

10kmW M75

1	Peter Schumm	GER	1:07:40
2	Wolf-Dieter Giese	GER	1:08:19
3	Christoph Höhne	GER	1:09:20

VIII WORLD MASTERS ATHLETICS CHAMPIONSHIPS INDOORS

Medalists

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10kmW M80

1	Romolo Pelliccia	ITA	1:04:35
2	Alexis Jordana	FRA	1:10:48
3	Alexis De Coppet	SUI	1:14:39

10kmW M85

1	Ingvar Nilsson	SWE	1:24:02
2	Ivan Pushkin	UKR	1:24:02

10kmW M90

1	Günter Ciesielski	GER	1:23:23
2	Viljo Hyvölä	FIN	1:26:44

10kmW W35

1	María Dolores Marcos Valero	ESP	49:30
2	Maria Isabel Perez Belloch	ESP	52:11
3	Kathrin Schulze	AUT	52:23

10kmW W40

1	Brit Schröter	GER	51:56
2	Carolyn Derbyshire	GBR	56:16
3	Iwona Grinholc	POL	57:51

10kmW W45

1	Sonia Demon	FRA	52:14
2	Olga Cabrera Ysas	ESP	52:56
3	Violaine Bray	FRA	53:02

10kmW W50

1	Lisa Kehler	GBR	53:26
2	Katalin Bodorkós Horváth	HUN	54:53
3	Valerie Boban	FRA	56:06

10kmW W55

1	Manuela Lucaferro	ITA	59:58
2	Carmen Garcia Frontons	ESP	1:00:39
3	Helen Middleton	GBR	1:01:59

10kmW W60

1	Marie Astrid Monmessin	FRA	54:39
2	Siu Yin Kwan	HKG	1:03:52
3	Kin Yung Choi	HKG	1:04:11

10kmW W65

1	P. Aurora Alvarez Ordas	ESP	1:03:19
2	Marianne Martino	USA	1:03:35
3	Heather Carr	AUS	1:03:47

10kmW W70

1	Antonina Tyshko	UKR	1:05:52
2	Jacqueline Wilson	NZL	1:06:07
3	Janine Bernier	FRA	1:11:10

VIII WORLD MASTERS ATHLETICS CHAMPIONSHIPS INDOORS

Medalists

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10kmW W75

1	Joan Purcell	AUS	1:17:08
2	Gisela Theunissen	GER	1:18:00
3	Vera Grinberte	LAT	1:19:58

10k Walk Team M35

1	**Poland** Rafal Fedaczynski Grzegorz Grinholc Konrad Morawczynski	POL	2:26.48
2	**Germany** Andreas Wild Patrick Seck Andreas Janker	GER	2:47.57
3	**Ireland** Anthony Malone Bob Lyne Ross Alexander	IRL	3:09.01

10k Walk Team M40

1	**Spain** Ruben Pinera Alvarez Pedro Luis Santos Jose Manu Rodriguez Jimenez	ESP	2:32.39
2	**Latvia** Normunds Ivzans Ivars Lapins Raivis Berzins	LAT	2:37.18
3	**Italy** Marco Mura Francesco Scafuro Gennaro De Lello	ITA	2:47.11

10k Walk Team M45

1	**France** Philippe Bonneau Meftah Swaieh David Durand Pichard	FRA	2:28.34
2	**Germany** Steffen Borsch Steffen Meyer Wolfgang Scholz	GER	2:30.25
3	**Italy** Luigi Paulini Ernesto Croci Giuseppe Saponaro	ITA	2:36.02

Medalists

Toruń, 24-30 March 2019

10k Walk Team M50

1	**Spain** Jose Garcia Vega Miguel Ange Carvajal Ortega Jose Fructuoso Calvo	ESP	2:45.04
2	**Italy** Cristiano Ramunno Bachisio Faedda Gianni Siragusa	ITA	2:46.14
3	**Austria** Roman Brzezowsky Dietmar Hirschmugl Franz Kropik	AUT	2:52.18

10k Walk Team M55

1	**Belarus** Anton Mashkevich Leanid Semianovich Siarhei Nazaranka	BLR	2:35.47
2	**Spain** Andres Vilarrasa Castillo Miguel Perianez Garcia Luis Abadias Palacin	ESP	2:43.23
3	**Germany** Stefan Werner Uwe Schroter Dick Gnauck	GER	2:49.37

10k Walk Team M60

1	**Poland** Ryszard Harasinski Miroslaw Luniewski Marek Zaworski	POL	3:00.27
2	**Latvia** Ilmars Saulgriezis Harijs Abolins Deksnis Vitalijs	LAT	3:07.50

10k Walk Team M65

1	**France** Patrice Brochot Vincenzo Panico Daniel Siegenfuhr	FRA	2:50.08
2	**Germany** Klaus Ciesielski Horst Kiepert Bernd Ocker Holters	GER	3:17.05

VIII WORLD MASTERS ATHLETICS CHAMPIONSHIPS INDOORS

Medalists

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10k Walk Team M70

1	**Italy** Mario Fiori Pasquale Palella Ettorino Formentin	ITA	3:05.59
2	**Ukraine** Anatolii Serhiienko Yurii Kravchenko Mykola Onishchuk	UKR	3:19.10
3	**France** Claude Flamant Bernard Delayre Alexis Jordana	FRA	3:23.58

10k Walk Team M75

1	**Germany** Peter Schumm Wolf-Dieter Giese Christoph Höhne	GER	3:25.19
2	**Italy** Gianfranco De Lucia Biagio Giannone Amatore Michieletto	ITA	3:35.28
3	**Czech Republic** Vladimir Kansky Stanislav Marek Václav Dostálík	CZE	3:57.37

10k Walk Team W35

1	**Spain** Adela Martinez Gomez María Dolores Marcos Valero Maria Isabel Perez Belloch	ESP	2:45.14
2	**Latvia** Vita Ormane Aija Rogale Gunita Sirante	LAT	3:06.30
3	**Austria** Monika Schwantzer Urszula Radziewinska Kathrin Schulze	AUT	3:18.07

VIII WORLD MASTERS ATHLETICS CHAMPIONSHIPS INDOORS

Medalists

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10k Walk Team W40

1	**Great Britain and Northern Ireland** Maureen Elvaria Noel Lisa Kehler Carolyn Derbyshire	GBR	2:56.16
2	**Germany** Jana Keller Yvonne Markgraf Brit Schröter	GER	2:56.27
3	**Italy** Simona Coccimiglio Alessandra Canuti Simona Palandri	ITA	3:00.59

10k Walk Team W45

1	**France** Vanessa Royer Sonia Demon Violaine Bray	FRA	2:45.18
2	**Spain** Clarisa Alcaire Ernst Isabel Ruiz-Ayucar Seifert Olga Cabrera Ysas	ESP	2:55.53
3	**Italy** Silvia Bicocchi Donatella Michetti Maria Antonia Pais	ITA	3:12.25

10k Walk Team W50

1	**Italy** Gioia Anzalone Luisa Casasole Roberta Mombelli	ITA	3:01.21
2	**France** Cathy Soubiran Catherine Pongin Valerie Boban	FRA	3:03.20

10k Walk Team W55

1	**Spain** Carmen Garcia Frontons Isabel Guerrero Montes Ma. Angeles Noell Guardiola	ESP	3:08.57
2	**Italy** Giuseppina Comba Rita Del Pinto Manuela Lucaferro	ITA	3:16.48

VIII WORLD MASTERS ATHLETICS CHAMPIONSHIPS INDOORS

Medalists

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10k Walk Team W60

1	**France** Corinne Berthon Yvonne Maggiore Marie Astrid Monmessin	FRA	3:12.09
2	**Hong Kong** Siu Yin Kwan Kin Yung Choi Ip Ming Cheng	HKG	3:14.19

10k Walk Team W65

1	**France** Edith Brochot Chantal Azam Claudine Anxionnat	FRA	3:22.56
2	**Spain** P. Aurora Alvarez Ordas Maria Pilar Adan Maria Jose Briz	ESP	3:34.57
3	**United States of America** Marianne Martino Kathleen Frable Panseluta Geer	USA	3:39.55

10k Walk Team W70

1	**Germany** Ursula Klink Heidrun Neidel Margarete Molter	GER	3:52.31

10k Walk Team W75

1	**Germany** Gisela Theunissen Ursula Herrendoerfer Helga Dräger	GER	4:03.34

Indoor Pentathlon M35

1	Michał Chalabala	POL	3733
2	Valiantsin Bautrel	BLR	3420
3	Oleksii Hordiienko	UKR	3328

Indoor Pentathlon M40

1	Óscar González	ESP	3872
2	Laurent Jobard	FRA	3771
3	Branislav Puvak	SVK	3729

Indoor Pentathlon M45

1	Mattias Sunneborn	SWE	3812
2	Laurence Ramm	GBR	3793
3	Francky Vandecasteele	FRA	3713

VIII WORLD MASTERS ATHLETICS CHAMPIONSHIPS INDOORS

Medalists

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Indoor Pentathlon M50

1	Thomas Stewens	GER	4272
2	Christopher Schiefermayer	AUT	4163
3	Yvan Lovo	SUI	3953

Indoor Pentathlon M55

1	Damon Blakemore	USA	4225
2	Salem Saichi	FRA	3925
3	Ian Crawley	GBR	3717

Indoor Pentathlon M60

1	Wieslaw Musial	POL	4204
2	Heiner Lüers	GER	4035
3	Detlef Döpping	GER	3938

Indoor Pentathlon M65

1	Heinz Baseda	GER	3990
2	Wojciech Weclawowicz	POL	3942
3	Ivo Strnad	CZE	3656

Indoor Pentathlon M70

1	Valdis Cela	LAT	4309
2	Dieter Langenbach	GER	3970
3	Vesa Mäki	FIN	3705

Indoor Pentathlon M75

1	Rolf Geese	GER	4443
2	Dietmar Steiner	AUT	3828
3	John Mac Dermott	IRL	3683

Indoor Pentathlon M80

1	Willi Klaus	GER	4540
2	Roger Vergin	USA	3335
3	Josef Vonasek	CZE	2779

Indoor Pentathlon M85

1	William Jankovich	USA	2917
2	Ernesto Minopoli	ITA	2865

Indoor Pentathlon W35

1	Jodie Albrow	GBR	3433
2	Magdalena Szczepanska	POL	3386
3	Wendy Visser	NED	3327

Indoor Pentathlon W40

1	Rachel Guest	USA	3636
2	Jennifer Gartmann	GER	3556
3	Renata Szykulska	POL	3447

Indoor Pentathlon W45

1	Tatjana Schilling	GER	4289
2	Catrine Eriksson	SWE	4052
3	Virginie Bonnet	FRA	3291

VIII WORLD MASTERS ATHLETICS CHAMPIONSHIPS INDOORS

Medalists

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Indoor Pentathlon W50

1	Petra Bajeat	FRA	4900
2	Kirsti Siekkinen	FIN	4084
3	Geraldine Finegan	IRL	3969

Indoor Pentathlon W55

1	Neringa Jakstiene	USA	4520
2	Susan Frisby	GBR	3986
3	Ramona Pfeiffer	GER	3774

Indoor Pentathlon W60

1	Maria Rosa Escribano Checa	ESP	4648
2	Wiebke Baseda	GER	4388
3	Jillian Roginski	GBR	3987

Indoor Pentathlon W65

1	Ulrike Hiltscher	GER	4088
2	Toini Nousiainen	FIN	3807
3	Ulla Karnebäck	SWE	3800

Indoor Pentathlon W70

1	Ingeborg Zorzi	ITA	3867
2	Claire Joannes	BEL	3258
3	Margaritha Dähler-Stettler	SUI	3057

Indoor Pentathlon W75

1	Riet Jonkers-Slegers	NED	4987
2	Varpu Holmberg	FIN	2269
3	Jane Simpson	USA	1301

Indoor Pentathlon W80

1	Florence Meiler	USA	3033
2	Dorothy Mclennan	IRL	1733