

# WMA INDOOR RECORDS - MEN



## 60m

M 35	6.47	Kim Collins	SKN	38	17/02/15	Lódz, POL
M 40	6.56	Kim Collins	SKN	40	01/02/17	Düsseldorf, GER
M 45	6.92	Lion Martinez	SWE	45	1/2//2023	Uppsala, SWE
M 50	7.04	Mario Longo	ITA	51	29/03/16	Ancona, ITA
M 55	7.34	William Collins	USA	55	18/03/06	Linz, AUT
M 60	7.52	Oscar Peyton	USA	60	23/03/13	Landover, USA
M 65	7.69	William Collins	USA	65	05/03/16	Albuquerque, USA
M 70	7.89	Damien Leake	USA	70	11/03/23	Louisville, USA
M 75	8.44	Robert Lida	USA	77	13/01/14	Wichita, USA
M 80	8.88	Melvin Larsen	USA	80	05/03/05	Ames, USA
M 85	9.63	Robert Whilden Jr	USA	86	18/03/22	New York, USA
M 90	10.91	Vittorio Colo	ITA	90	02/02/02	Torino, ITA
M 95	14.09	Pekka Penttilä	FIN	95	27/03/19	Toruń, POL
M100	17.52	Giuseppe Ottaviani	ITA	100	20/05/16	Ancona, ITA

## 200m

M 35	20.59	Douglas Turner	GBR	35	17/02/02	Birmingham, GBR
M 40	21.71	Darren Scott	GBR	40	07/02/10	Birmingham, GBR
M 45	22.23	Lion Martinez	SWE	45	21/03/23	Toruń, POL
M 50	22.99	William Collins	USA	51	30/03/03	Boston, USA
M 55	23.36	William Collins	USA	55	16/03/06	Linz, AUT
M 60	24.28	John Wright	GBR	63	31/03/23	Toruń, POL
M 65	24.94	William Collins	USA	65	06/03/16	Albuquerque, USA
M 70	26.11	Charles Allie	USA	71	29/03/19	Toruń, POL
M 75	27.64	Robert Lida	USA	75	05/04/12	Jyväskylä, FIN
M 80	29.15	Robert Lida	USA	80	23/03/17	Daegu, KOR
M 85	33.76	Hiroo Tanaka	JPN	86	23/03/17	Daegu, KOR
M 90	38.79	Hiroo Tanaka	JPN	92	31/03/23	Toruń, POL
M 95	54.77	Charles Eugster	GBR	95	27/03/15	Toruń, POL
M100	1:40.94	Orville Rogers	USA	100	18/03/18	Landover, USA

## 400m

M 35	47.45	Pierre-Marie Hilaire	FRA	35	16/02/01	Lievin, FRA
M 40	48.83	Ricardo Menendez	ESP	44	22/02/22	Braga, POR
M 45	49.89	Fred Sowerby	USA	45	29/01/94	New York, USA
M 50	50.55	Juan Luis Lopez Anaya	ESP	51	05/03/22	Antequera, ESP
M 55	53.20	Alston Brown	JAM	55	21/03/04	New York, USA
	53.20	Charles Allie	USA	56	21/03/04	New York, USA
M 60	55.62	Harold Morioka	CAN	60	29/03/03	Boston, USA
M 65	56.63	Guido Müller	GER	65	02/08/04	Fürth, GER
M 70	59.43	Charles Allie	USA	70	23/03/18	New York, USA
M 75	1:03.12	Guido Müller	GER	75	02/03/14	Fürth, GER
M 80	1:10.20	Robert Lida	USA	80	25/03/17	Daegu, KOR
M 85	1:20.65	Radnaa Tseren	MGL	85	26/03/19	Toruń, POL
M 90	1:30.75	Earl Fee	CAN	90	23/03/19	Grinnell, USA
M 95	2:24.51	Orville Rogers	USA	95	22/03/13	Landover, USA
M100	4:16.90	Orville Rogers	USA	100	16/03/18	Landover, USA

# WMA INDOOR RECORDS - MEN



## 800m

M 35	1:48.92	Nico Motchebon	GER	35	29/01/05	Stuttgart, GER
M 40	1:48.81	Johnny Gray	USA	40	02/03/01	Atlanta, USA
M 45	1:52.96	Anthony Whiteman	GBR	45	11/02/17	Sheffield, GBR
M 50	1:59.62	Anselm LeBourne	USA	52	28/01/12	Boston, USA
M 55	2:06.04	Francesco D'Agostino	ITA	57	05/03/23	Padova, ITA
M 60	2:11.20	Anselm LeBourne	USA	60	28/02/20	New York, USA
M 65	2:15.30	Paul Forbes	GBR	65	18/12/21	Glasgow, GBR
M 70	2:20.45	Earl Fee	CAN	70	28/03/99	Boston, USA
M 75	2:32.47	Earl Fee	CAN	75	28/03/04	Boston, USA
M 80	2:43.67	José Vicente Rioseco López	ESP	80	25/09/21	Ancona, ITA
M 85	3:08.06	Manuel Alonso Domingo	ESP	85	21/03/21	Madrid, ESP
M 90	3:42.52	Earl Fee	CAN	90	23/03/19	Grinnell, USA
M 95	5:42.52	Antonio Nacca	ITA	95	24/02/19	Ancona, ITA
M100	9:56.44	Orville Rogers	USA	100	18/03/18	Landover, USA

## 1500m

M 35	3:35.49	Bernard Lagat	USA	35	20/02/10	Birmingham, GBR
M 40	3:40.20	Bernard Lagat	USA	40	14/02/15	New York, USA
M 45	3:54.94	Anthony Whiteman	GBR	45	07/02/17	Sheffield, GBR
M 50	4:01.76	Shane Healy	IRL	51	01/03/23	Dublin, IRL
M 55	4:13.77	Anselm LeBourne	USA	55	01/03/15	Boston, USA
M 60	4:26.62	Brian Lynch	IRL	60	30/03/14	Budapest, HUN
M 65	4:43.01	Cees Stolwijk	NED	65	14/02/15	Apeldorn, NED
M 70	4:53.53	Cees Stolwijk	NED	70	01/02/20	Apeldorn, NED
M 75	5:20.04	Edward Whitlock	CAN	75	17/02/07	Toronto, CAN
M 80	5:33.33	José Vicente Rioseco López	ESP	80	24/09/21	Ancona, ITA
M 85	6:19.55	Manuel Alonso Domingo	ESP	85	28/11/21	Ourense, ESP
M 90	8:33.37	Antonio Nacca	ITA	90	08/03/14	Ancona, ITA
M95	10:55.35	Antonio Nacca	ITA	95	23/02/19	Ancona, ITA
M100	20:00.91	Orville Rogers	USA	100	17/03/18	Landover, USA

## 1mile

M 35	3:56.34	Bernard Lagat	USA	35	29/01/10	New York, USA
M 40	3:54.91	Bernard Lagat	USA	40	14/02/15	New York, USA
M 45	4:12.94	Anthony Whiteman	GBR	45	01/02/17	London, GBR
M 50	4:23.07	Sean Wade	USA	50	06/02/16	Boston, USA
M 55	4:39.84	Guy Bracken	GBR	56	07/02/08	London, GBR
M 60	4:50.95	Nolan Shaheed	USA	62	21/01/12	London, GBR
M 65	5:04.01	Paul Forbes	GBR	65	16/02/22	London, GBR
M 70	5:29.81	Gary Patton	USA	71	07/12/17	New York, USA
M 75	5:41.95	Earl Fee	CAN	75	26/03/04	Boston, USA
M 80	6:42.10	Inocencio Cantu	USA	80	14/03/14	Boston, USA
M 85	7:46.94	Inocencio Cantu	USA	85	02/03/19	Winston-Salem, USA
M 90	9:56.58	Orville Rogers	USA	90	29/03/08	Boston, USA
M 95	14:39.91	Orville Rogers	USA	95	23/03/13	Landover, USA

## 3000m

M 35	7:34.71	Bernard Lagat	USA	38	02/02/13	Karlsruhe, GER
M 40	7:37.92	Bernard Lagat	USA	40	25/02/15	Metz, FRA
M 45	8:22.54	Davide Raineri	ITA	47	31/01/21	Padona, ITA
M 50	8:37.73	Juan Antonio Cuadrillero Barranco	ESP	50	26/11/21	Ourense, ESP
M 55	8:58.7h	Gunther Hasselmann	GER	55	14/12/80	Dortmund, GER
M 60	9:31.40	Håkan Eriksson	SWE	60	26/02/22	Västerås, SWE
M 65	9:57.18	Alastair Walker	GBR	66	29/01/23	Glasgow, GBR
M 70	10:38.15	Luciano Moser	ITA	70	05/03/23	Padona, ITA
M 75	11:17.21	Edward Whitlock	CAN	75	03/03/07	Toronto, CAN
M 80	12:00.88	Edward Whitlock	CAN	80	19/03/11	Kamloops, CAN
M 85	13:41.96	Edward Whitlock	CAN	85	19/03/16	Kamloops, CAN
M 90	18:06.97	Antonio Nacca	ITA	90	08/03/14	Ancona, ITA
M 95	22:52.15	Antonio Nacca	ITA	95	22/02/19	Ancona, ITA

## 4x200m

M35	1:29.74	Ossai, Collins, Bolan-Ashworth, Beardsell	GBR		28/03/15	Toruń, POL
	1:29.74	Torres, Clark, Burnett, Dussett	USA		18/02/17	Albuquerque, USA
M40	1:30.97	Bradley, Rund, Beardsell, Ossai	GBR		30/03/19	Toruń, POL
M45	1:33.83	Ramirez, Sunneborn, Wallin, Wällgren	SWE		04/03/17	Norrköping
M50	1:34.64	Lawson, Shute, Boda, Jones	USA		06/03/16	Albuquerque, USA
M55	1:39.40	Perochon, Bontemps, Barbier, Charnier	FRA		30/03/19	Toruń, POL
M60	1:41.53	Riddle, Allie, Sanders, Collins	USA		17/03/12	Bloomington, USA
M65	1:47.29	Allie, Jones, Wilson, Haywood	USA		30/03/19	Toruń, POL
M70	1:54.05	Colbert, Rizzo, Camp, Lida	USA		03/03/07	New York, USA
M75	2:00.58	Beckering, Hufnagel, Nehren, Mueller	GER		30/03/14	Budapest, HUN
M80	2:11.26	Whilden, Kaspari, Cozens, Lida	USA		18/02/17	Albuquerque, USA
M85	2:53.24	Marchioni, Veronesi, Vecchi, Paderno	ITA		05/02/23	Padona, ITA
M90	5:40.82	Rogers, Ross, Englert, Boyle	USA		21/03/15	Winston-Salem, USA

## 4x400m

M35	3:22.03	Joachim, Thomas, Winslow, Wensel	USA		26/03/06	Boston, USA
M40	3:25.04	Thomas, Wensel, Mulazim, Winslow	USA		28/03/10	Boston, USA
M45	3:36.17	Nilsson, Didrikson, Sunneborn, Hägg	SWE		07/03/20	Sätra, SWE
M50	3:37.21	Winslow, Wensel, Echeadia, Mulazim	USA		08/02/20	New York, USA
M55	4:02.76	Gröger, Poschwatta, Liesicke, Weise	GER		22/01/22	Berlin, GER
M60	3:58.03	Riddle, Allie, Haywood, Blake	USA		16/03/14	Boston, USA
M65	4:24.16	Schoffman, Taft, Somerville, Haywood	USA		03/03/19	Winston-Salem, USA
M70	4:26.15	Perlis, Pierce, Cash, Allie	USA		24/02/18	New York, USA
M75	5:24.52	Stewart, Ukonmaanaho, Dargie, Bhullar	CAN		26/02/22	Kamloops, CAN
M80	5:57.21	Darimont, Knorr, Keck, Wendt	GER		19/12/21	Hamburg, GER
M90	12:54.81	Rogers, Ross, Hemphill, Englert	USA		22/03/15	Winston-Salem, USA

## 4x800m

M35	7:54.51	Gil,Perez,Sotomayor,Pous	ESP	02/02/17	Madrid, ESP
M40	7:49.90	Winslow,Blondin,Williams,Berra	USA	02/03/14	Boston, USA
M45	8:27.08	Bermejo,Camoira,Santamaria,Lores	ESP	11/02/23	San Sebastian, ESP
M50	8:29.45	Brady,Lau,Novak,Yuen	USA	19/03/22	New York, USA
M55	8:57.37	Haines,Cowlishaw,Atkinson,Mcharg	GBR	15/02/23	London, GBR
M60	9:31.19	Ireland,ParKin,Ridley,Turner	GBR	15/02/23	London, GBR
M65	10:19.87	Landa,Cabestany,Alsono,Rodriquez	ESP	11/02/23	San Sebastian, ESP
M70	10:46.37	Skelton,Kennedy,Jackson,Oxland	GBR	15/02/23	London, GBR
M75	13:07.96	Dargie,Ukonmaanaho,Harton,Stewart	CAN	25/02/22	Kamloops, CAN
M80	16:34.30	Lieberman,Muhrcke,Cantu,Edelson	USA	11/03/23	Louisville, USA
M90	29:47.68	Rogers, Ross,Englert,Dixon	USA	21/03/15	Winston-Salem, USA

## 60m Hurdles

M 35	7.40	Colin Jackson	GBR	35	02/03/02	Wien, AUT
M 40	7.85	Vincent Clarico	FRA	40	19/03/06	Linz, AUT
M 45	7.91	Menah Elliot	GBR	45	13/03/22	Lee Valley, GBR
M 50	8.23	Joe Appiah	GBR	52	28/01/23	London, GBR
M 55	8.41	Derek Pye	USA	55	31/03/23	Toruń, POL
M 60	8.85	Courtland Gray	USA	60	10/03/04	Sindelfingen, GER
M 65	9.17	Tyrone Brown	USA	65	27/03/10	Boston, USA
M 70	9.44	Tyrone Brown	USA	70	21/03/15	Winston-Salem, USA
M 75	10.09	Melvin Larsen	USA	76	19/01/01	Ames, USA
M 80	10.86	Anthony Bowman	GBR	80	12/03/16	London, GBR
M 85	13.16	Bruno Sobrero	ITA	85	19/03/06	Linz, AUT
M 90	15.84	Ralph Maxwell	USA	90	26/03/10	Boston, USA

## High Jump

M 35	2.30	Dragutin Topić	SRB	36	07/02/08	Novi Sad, SBR
M 40	2.10	Dwight Stones	USA	40	25/03/94	Columbia, USA
	2.10	Dalton Grant	GBR	41	05/02/08	Bánska Bystrica, SLO
M 45	2.04	Dennis Lewis	USA	46	11/02/06	Ypsilanti, USA
M 50	2.00	Thomas Zacharas	GER	50	02/03/97	Birmingham, GBR
M 55	1.88	Bruce McBarnette	USA	55	23/03/13	Landover, USA
M 60	1.78	Oleg Fedorko	UKR	63	19/03/18	Madrid, ESP
M 65	1.68	Dušan Prezelj	SLO	66	22/02/15	Istanbul, TUR
M 70	1.59	Carl-Erik Särndal	SWE	71	27/03/09	Ancona, ITA
M 75	1.52	Carl-Erik Särndal	SWE	75	20/01/13	Malmö, SWE
M 80	1.40	Carl-Erik Särndal	SWE	81	03/03/19	Malmö, SWE
M 85	1.27	Carl-Erik Särndal	SWE	85	26/03/23	Toruń, POL
M 90	1.07	Emmerich Zensch	AUT	90	06/03/10	Kamloops, CAN
M 95	.96	Leland McPhie	USA	95	22/03/09	Landover, USA

## Pole Vault

M 35	5.90	Björn Otto	GER	35	30/01/13	Cottbus, GER
M 40	5.36	Patrick Manson	USA	40	04/01/08	Reno, USA
M 45	5.14	Paul Babits	USA	47	24/02/08	Fort Wayne, USA
M 50	4.75	Paul Babits	USA	52	23/02/13	Fort Wayne, USA
M 55	4.52	Paul Babits	USA	55	04/09/16	Fort Wayne, USA
M 60	4.16	Wolfgang Ritte	GER	62	31/01/15	Ludwigshafen, GER
M 65	3.96	Wolfgang Ritte	GER	65	20/03/18	Madrid, ESP
M 70	3.56	Wolfgang Ritte	GER	73	31/03/23	Toruń, POL
M 75	3.04	Arthur Parry	USA	76	19/02/23	Flagstaff, USA
M 80	2.77	Donald Isett	USA	80	17/01/20	Reno, USA
M 85	2.44	William Bell Sr	USA	85	23/03/07	Boston, USA
M 90	1.82	Donald Pellmann	USA	90	04/09/05	Fort Collins, USA

## Long Jump

M 35	7.98	Bogdan Tudor	ROU	35	13/02/05	Bucharest, ROU
M 40	7.59	Mattias Sunneborn	SWE	42	03/02/13	Stockholm, SWE
M 45	6.98	Antonio Palacios	USA	46	15/12/12	Chicago, USA
M 50	6.75	Gianni Becatti	ITA	51	28/02/15	Ancona, ITA
M 55	6.34	Stig Bäcklund	FIN	55	19/03/95	Oulu, FIN
M 60	5.93	Adrian Neagu	ROU	60	29/03/14	Budapest, HUN
M 65	5.48	Klemens Grißmer	GER	65	24/03/17	Daegu, KOR
M 70	5.22	Vladimir Popov	RUS	71	20/03/04	Moscow, RUS
M 75	4.70	Wolfgang Reuter	GER	75	11/03/05	Eskilstuna, SWE
M 80	4.09	Robert Hewitt	USA	80	08/03/14	Boston, USA
M 85	3.61	Lothar Fischer	GER	86	04/03/23	Manheim, GER
M 90	3.15	Max Springer	USA	90	26/03/04	Boston, USA
M 95	2.05	Emmerich Zensch	AUT	95	24/03/15	Toruń, POL
M 100	1.16	Giuseppe Ottaviani	ITA	100	25/02/17	Ancona, ITA

## Triple Jump

M 35	17.44	Jonathan Edwards	GBR	36	21/02/03	Birmingham ,GBR
M 40	17.13	Fabrizio Donato	ITA	40	05/03/17	Belgrade, SRB
M 45	14.82	Milan Tiff	USA	46	26/02/95	Reno, USA
M 50	14.11	Wolfgang Knabe	GER	50	23/01/10	Hannover, GER
M 55	13.49	Wolfgang Knabe	GER	55	28/02/15	Erfurt, GER
M 60	12.53	Stig Bäcklund	FIN	60	13/11/99	Porvoo, FIN
M 65	11.93	Klemens Grißmer	GER	66	21/03/18	Madrid, ESP
M 70	10.88	Pertti Ahomäki	FIN	70	02/04/16	Ancona, ITA
M 75	9.79	Karl Olle Borg	SWE	75	01/04/23	Toruń, POL
M 80	8.65	Edwin Lukens	USA	81	30/03/03	Boston, USA
M 85	7.78	Lothar Fischer	GER	85	05/02/22	Ludwigshafen, GER
M 90	6.52	Vittorio Colo	ITA	91	08/03/03	San Sebastian, ESP
M 95	5.31	Emmerich Zensch	AUT	95	27/03/15	Toruń, POL
M 100	2.18	Giuseppe Ottaviani	ITA	101	21/03/18	Madrid, ESP

# WMA INDOOR RECORDS - MEN



## Shot Put

M 35	21.04	7.26k	Gheorghe Guset	ROU	36	18/02/06	Bucharest, ROU
M 40	20.07	7.26k	Brian Oldfield	USA	40	17/01/86	Los Angeles, USA
M 45	20.40	7.26k	Ivan Ivancic	YUG	45	20/02/83	Budapest, HUN
M 50	17.98	6k	Yngve Wahlander	SWE	51	24/01/10	Borås, SWE
M 55	16.02	6k	Patrick Chala	FRA	59	02/02/08	Eaubonne, FRA
M 60	16.80	5k	Patrick Chala	FRA	61	27/03/09	Ancona, ITA
M 65	15.83	5k	Quenton Torbert	USA	65	05/02/17	Colorado Springs, USA
M 70	15.39	4k	Gerald Vaughn	USA	70	26/02/06	Colorado Springs, USA
M 75	14.48	4k	Karl-Heinz Marg	GER	75	26/03/14	Budapest, HUN
M 80	13.68	3k	Leo Saarinen	FIN	80	20/03/10	Jyväskylä, FIN
M 85	12.50	3k	Östen Edlund	SWE	85	11/01/20	Sätra, SWE
M 90	9.68	3k	Toimi Ahvenjärvi	FIN	90	06/04/12	Jyväskylä, FIN
M 95	6.90	3k	Leland McPhie	USA	95	21/03/09	Landover, USA
M100	4.43	3k	Giuseppe Ottaviani	ITA	100	20/05/16	Ancona, ITA

## Weight Throw

M 35	24.21	15.88k	Lance Deal	USA	36	28/02/98	Atlanta, USA
M 40	22.52	15.88k	Edward Burke	USA	43	08/01/84	(null)
M 45	19.58	15.88k	Harold Connolly	USA	45	08/01/77	Nampa, USA
M 50	23.75	11.34k	Mariusz Walczak	POL	50	13/03/21	Toruń, POL
M 55	19.79	11.34k	James Wetenhall	USA	55	14/02/10	Toronto, CAN
M 60	22.82	9.08k	Thomas Gage	USA	60	26/03/04	Boston, USA
M 65	19.33	9.08k	George Mathews	USA	65	23/01/09	Pullman, USA
M 70	21.08	7.26k	Lawrence Hart	USA	71	17/02/17	Albuquerque, USA
M 75	20.99	7.26k	Arild Busterud	NOR	75	26/03/23	Toruń, POL
M 80	17.51	5.45k	Östen Edlund	SWE	80	29/11/14	Huddinge, SWE
M 85	15.75	5.45k	Östen Edlund	SWE	85	18/12/19	Sollentuna, SWE
M 90	10.98	5.45k	Howard West	CAN	90	28/03/03	Saskatoon, CAN
M 95	7.11	5.45k	Trent Lane	USA	96	18/02/07	Baton Rouge, USA
M100	5.10	5.45k	Everett Hosack	USA	100	22/03/02	Boston, USA

## 3000m Race Walk

M 35	11:08.0h	Robert Korzeniowski	POL	35	15/03/04	Belfast, IRL
M 40	11:40.75	Timothy Seaman	USA	41	23/02/14	Albuquerque, USA
M 45	12:14.77	Miguel Angel Prieto Adanero	ESP	46	17/03/11	Gent, BEL
M 50	12:34.9h	Donald DeNoon	USA	50	04/02/94	Carbondale, USA
M 55	13:09.0h	Donald DeNoon	USA	55	13/02/99	Carbondale, USA
M 60	13:37.96	Graziano Morotti	ITA	60	17/03/11	Gent, BEL
M 65	14:17.97	José Luis López Camarena	MEX	67	20/03/17	Daegu, KOR
M 70	15:19.64	Ian Richards	GBR	70	25/03/19	Toruń, POL
M 75	16:29.62	Arthur Thomson	GBR	75	11/03/12	London, GBR
M 80	17:41.4h	James Grimwade	GBR	80	20/03/93	Cosford, GBR
M 85	21:16.29	Leonard Creo	GBR	85	24/02/08	London, GBR
M 90	24:33.58	Vijo Hyvölä	FIN	90	25/03/19	Toruń, POL
M 95	35:53.5h	Ilmari Koppinen	FIN	95	11/02/13	Turku, FIN

## Pentathlon

M 35	4057	Óscar González Garrido	ESP	37	25/03/14	Budapest, HUN
M 40	4361	Mattias Sunneborn	SWE	42	22/03/13	San Sebastian, ESP
M 45	4260	Óscar González Garrido	ESP	46	05/03/23	Málaga, ESP
M 50	4341	José Antonio Ureña Vaño	ESP	51	23/03/18	Madrid, ESP
M 55	4234	José Antonio Ureña Vaño	ESP	55	06/02/22	Valencia, ESP
M 60	4216	Rolf Geese	GER	60	11/03/04	Sindelfingen, GER
M 65	4360	Klemens Grißmer	GER	65	24/03/17	Daegu, KOR
M 70	4241	Valdis Cela	LAT	70	23/03/18	Madrid, ESP
M 75	4009	Rolf Geese	GER	75	27/03/19	Toruń, POL
M 80	3854	Willi Klaus	GER	80	27/03/19	Toruń, POL
M 85	2836	Paulus Makkonen	FIN	85	29/03/23	Toruń, POL
M 90	2915	Ralph Maxwell	USA	92	16/03/12	Bloomington, USA