

## WMA INDOOR PENTATHLON RECORDS - MEN



|      |                         |    |     | Points      | hurdles    | long jump   | shot put   | high jump  | 1000m      |            |                    |
|------|-------------------------|----|-----|-------------|------------|-------------|------------|------------|------------|------------|--------------------|
| M 35 | Óscar González Garrido  | 37 | ESP | <b>4057</b> | 8.33       | 7.03        | 13.43      | 1.93       | 2:48.50    | 25/03/2014 | Budapest, HUN      |
|      |                         |    |     |             | <b>900</b> | <b>886</b>  | <b>731</b> | <b>758</b> | <b>782</b> |            |                    |
| M 40 | Mattias Sunneborn       | 42 | SWE | <b>4361</b> | 8.38       | 7.27        | 12.84      | 1.84       | 2:47.78    | 22/03/2013 | San Sebastian, ESP |
|      |                         |    |     |             | <b>949</b> | <b>1053</b> | <b>745</b> | <b>758</b> | <b>856</b> |            |                    |
| M 45 | Óscar González Garrido  | 46 | ESP | <b>4260</b> | 8.74       | 6.41        | 11.72      | 1.86       | 2:58.16    | 05/03/2023 | Málaga, ESP        |
|      |                         |    |     |             | <b>932</b> | <b>920</b>  | <b>722</b> | <b>868</b> | <b>818</b> |            |                    |
| M 50 | Jose Antonio Urena Vano | 51 | ESP | <b>4341</b> | 8.84       | 5.95        | 13.32      | 1.66       | 2:54.12    | 23/03/2018 | Madrid, ESP        |
|      |                         |    |     |             | <b>962</b> | <b>888</b>  | <b>813</b> | <b>749</b> | <b>929</b> |            |                    |
| M 55 | Jose Antonio Urena Vano | 55 | ESP | <b>4234</b> | 9.28       | 5.70        | 12.20      | 1.51       | 3:04.82    | 06/02/2022 | Valencia, ESP      |
|      |                         |    |     |             | <b>944</b> | <b>918</b>  | <b>799</b> | <b>679</b> | <b>894</b> |            |                    |
| M 60 | Rolf Geese              | 60 | GER | <b>4216</b> | 9.15       | 5.14        | 12.68      | 1.48       | 3:19.26    | 11/03/2004 | Sindelfingen, GER  |
|      |                         |    |     |             | <b>984</b> | <b>845</b>  | <b>822</b> | <b>731</b> | <b>834</b> |            |                    |
| M 65 | Klemens Grißmer         | 65 | GER | <b>4360</b> | 9.64       | 5.48        | 11.64      | 1.56       | 4:02.57    | 24/03/2017 | Daegu, KOR         |
|      |                         |    |     |             | <b>967</b> | <b>1086</b> | <b>820</b> | <b>925</b> | <b>562</b> |            |                    |
| M 70 | Valdis Cela             | 70 | LAT | <b>4241</b> | 10.35      | 4.75        | 10.69      | 1.51       | 3:48.51    | 23/03/2018 | Madrid, ESP        |
|      |                         |    |     |             | <b>867</b> | <b>932</b>  | <b>724</b> | <b>973</b> | <b>745</b> |            |                    |
| M 75 | Rolf Geese              | 75 | GER | <b>4009</b> | 10.54      | 3.96        | 10.37      | 1.32       | 4:00.49    | 27/03/2019 | Toruń, POL         |
|      |                         |    |     |             | <b>935</b> | <b>741</b>  | <b>784</b> | <b>813</b> | <b>736</b> |            |                    |
| M 80 | Willi Klaus             | 80 | GER | <b>3854</b> | 12.53      | 3.82        | 10.00      | 1.29       | 4:20.14    | 27/03/2019 | Toruń, POL         |
|      |                         |    |     |             | <b>726</b> | <b>823</b>  | <b>721</b> | <b>878</b> | <b>706</b> |            |                    |
| M 85 | Paulus Makkonen         | 85 | FIN | <b>2836</b> | 14.16      | 3.00        | 9.48       | 1.03       | 6:43.65    | 29/3/2023  | Toruń, POL         |
|      |                         |    |     |             | <b>683</b> | <b>630</b>  | <b>780</b> | <b>593</b> | <b>150</b> |            |                    |
| M 90 | Ralph Maxwell           | 92 | USA | <b>2915</b> | 15.97      | 2.54        | 7.24       | 1.00       | 7:03.93    | 16/03/2012 | Bloomington, USA   |
|      |                         |    |     |             | <b>722</b> | <b>608</b>  | <b>668</b> | <b>661</b> | <b>256</b> |            |                    |

(Scored with WMA 2023 Age Factors)

1 September 2023