

Entry Requirements and Procedure

General Rules

The 2024 World Masters Athletics 100 km Championships in Bengaluru, India, (“Championships”) will be held under the regulations of World Athletics as modified for Masters by World Masters Athletics (“WMA”) via their *Competition Rules* and any other special rules specified for this competition.

During the Championships, each athlete will represent a country, and each country has a national Masters athletics organization that is a member of WMA (“National Organization”). Note: if you are unable to locate your National Organization, please e-mail the WMA Secretary at secretary@world-masters-athletics.org

Eligibility Requirements

The Championships are open only to men and women who are age 35+ (born on or before 7 December 1989) and who are physically fit. Entering the Championships does not require any specific level of performance, but the race will have a time limit of 11 hours.

An athlete must be a citizen of the country they will represent, or they must be a resident of that country for a minimum of 3 years. If an athlete has represented a different country at a previous WMA World Championship or Regional Championship, they must have change-of-allegiance paperwork on file with WMA at least 30 days before the registration deadline.

All athletes must meet the requirements of WMA and their National Organization, and they must have their registration accepted by their National Organization in order to be eligible to participate in the Championships. It is each athlete’s responsibility to ensure that they understand and meet all the requirements prior to registering for the Championships. An athlete’s National Organization has the right to reject registrations of athletes whom they consider ineligible or who do not meet their requirements.

Submission of a registration signifies that the athlete agrees to follow the rules laid down by WMA and the technical and organizing committees. WMA has the right to reject registrations of athletes whom they consider ineligible or who do not meet WMA’s requirements.

Age Groups

Individual events are divided into age groups as shown below:

- Men & Women 35: Born from 8 December 1984 to 7 December 1989
- Men & Women 40: Born from 8 December 1979 to 7 December 1984
- Men & Women 45: Born from 8 December 1974 to 7 December 1979
- Men & Women 50: Born from 8 December 1969 to 7 December 1974
- Men & Women 55: Born from 8 December 1964 to 7 December 1969
- Men & Women 60: Born from 8 December 1959 to 7 December 1964
- Men & Women 65: Born from 8 December 1954 to 7 December 1959
- Men & Women 70: Born from 8 December 1949 to 7 December 1954

- Men & Women 75: Born from 8 December 1944 to 7 December 1949
- Men & Women 80: Born from 8 December 1939 to 7 December 1944
- Men & Women 85: Born from 8 December 1934 to 7 December 1939
- Men & Women 90: Born from 8 December 1929 to 7 December 1934
- Men & Women 95: Born from 8 December 1924 to 7 December 1929
- Men & Women 100+: Born on or before 7 December 1924

General Entry Information

Entry into the Championships consists of two main parts:

1. Registration

Athletes may register online only. All registrations must include full payment to be considered valid. **The registration deadline is 31 October 2024.** No registrations will be accepted after the registration deadline.

2. Validation

All registrations are subject to validation by each athlete's National Organization. National Organizations will confirm the athlete's date of birth, citizenship and/or residential qualifications, and other relevant requirements. After an athlete's registration has been validated, its status will display as "accepted" on the list of registrations on the Championships website. National Organizations may also reject registrations of athletes whom they consider ineligible or who do not meet their requirements.

Validation is a manual process that each National Organization completes, so there will be some time (days or weeks) between when an athlete submits their registration and when it is validated. Athletes who have questions about the status of their registration or about the requirements for their country should contact their National Organization. For athletes who represent a country that is not a WMA Member Country, their registrations will be subject to the approval of the WMA Council.

Registration Fees

- Registration Fee: € 60 EUR
- Country-specific team fee: varies by country

No refunds are available. All fees are registration fees, not participation fees, and there are no refunds for any reason.

Online Registration Procedure

1. Complete the online registration form prior to the registration deadline
2. Submit payment by credit card (Visa or Mastercard) at the end of the registration process
3. Save and/or print the confirmation screen for your records
4. Send a copy of your birth certificate to your National Organization for validation purposes if you have not already done so in the past, and meet any other requirements set forth by your National Organization
5. Your National Organization will complete the validation process for your registration

National Organization Requirements

WMA requires that each National Organization validate all of its country's registrations electronically via the online entry system. WMA will accept only those athletes whose registrations have been validated by National Organizations. Payment is required at the time registrations are submitted. If for some reason a National Organization is unable to pay online, it must request an exemption from WMA. If the exemption is granted, the National Organization will be provided with details about how to pay offline. The National Organization will still be required to input registrations into the online entry system and to validate its registrations electronically. All registrations must be submitted online and paid for before 31 October 2024. Any registrations for which WMA has not received payment by this deadline will be canceled, and those athletes will be ineligible to compete. No exceptions will be allowed. In addition, all registrations must be validated before 7 November 2024. Any registrations that have not been validated by this deadline may be rejected, and those athletes will be ineligible to compete.

National Organizations will receive communications regarding the entry process prior to the start of registration. National Organizations that do not receive these communications should contact the WMA Secretary.