

60m

M 35	6.88	Massayuki Yano	JPN	Toruń, POL 2023
M 40	6.90	Francis Obikwelu	POR	Toruń, POL 2019
M 45	6.95	Lion Martinez	SWE	Toruń, POL 2023
M 50	7.26	Jefferey Mack	USA	Toruń, POL 2019
M 55	7.34	William Collins	USA	Linz, AUT 2006
M 60	7.54	William Collins	USA	Budapest, HUN 2014
M 65	7.81	Vladimír Výboštok	SVK	Jyväskylä, FIN 2012
M 70	8.18	Charles Allie	USA	Toruń, POL 2019
M 75	8.56	Robert Lida	USA	Jyväskylä, FIN 2012
M 80	9.30	Robert Lida	USA	Toruń, POL 2019
M 85	9.77	Hiroo Tanaka	JPN	Daegu, KOR 2017
M 90	10.95	Hiroo Tanaka	JPN	Toruń, POL 2023
M 95	14.09	Pekka Penttilä	FIN	Toruń, POL 2019

200m

M 35	21.70	Anthony Couffe	FRA	Toruń, POL 2023
M 40	22.25	Esmei Ossai	GBR	Daegu, KOR 2017
M 45	22.23	Lion Martinez	SWE	Toruń, POL 2023
M 50	23.22	Steve Peters	GBR	Sindelfingen, GER 2004
M 55	23.36	William Collins	USA	Linz, AUT 2006 2006
M 60	24.70	William Collins	USA	Budapest, HUN 2014
M 65	25.44	Charles Allie	USA	Budapest, HUN 2014
M 70	26.11	Charles Allie	USA	Toruń, POL 2019
M 75	27.64	Robert Lida	USA	Jyväskylä, FIN 2012
M 80	29.15	Robert Lida	USA	Daegu, KOR 2017
M 85	33.76	Hiroo Tanaka	JPN	Daegu, KOR 2017
M 90	38.79	Hiroo Tanaka	JPN	Toruń, POL 2023
M 95	1:56.32	Giuseppe Ottaviani	ITA	Budapest, HUN 2014

400m

M 35	48.71	Antwon Dussett	USA	Jyväskylä, FIN 2012
M 40	48.95	Enrico Giorgio Saraceni	ITA	Clermont-Ferrand, FRA 2008
M 45	51.30	Gavin Stephens	GBR	Toruń, POL 2023
M 50	51.73	Roland Gröger	GER	Daegu, KOR 2017
M 55	54.04	Claudio Fausti	ITA	Toruń, POL 2023
M 60	55.65	John Wright	GBR	Toruń, POL 2023
M 65	56.95	Guido Müller	GER	Sindelfingen, GER 2004
M 70	1:00.48	Charles Allie	USA	Toruń, POL 2019
M 75	1:05.14	Robert Lida	USA	Jyväskylä, FIN 2012
M 80	1:10.20	Robert Lida	USA	Daegu, KOR 2017
M 85	1:20.65	Radnaa Tseren	MGL	Toruń, POL 2019
M 90	1:42.02	David Carr	AUS	Toruń, POL 2023

800m

M 35	1:53.56	James Edward Thie	GBR	Budapest, HUN 2014
M 40	1:52.60	Anthony Whiteman	GBR	Budapest, HUN 2014
M 45	1:59.36	Nicholas Berra	USA	Budapest, HUN 2014
M 50	2:01.48	Gunnar Durén	SWE	Budapest, HUN 2014
M 55	2:05.10	Francesco Dagostino	ITA	Toruń, POL 2023
M 60	2:14.79	Nolan Shaheed	USA	Kamloops, CAN 2010
M 65	2:22.06	Joe Gough	IRL	Toruń, POL 2019
M 70	2:29.61	Joe Gough	IRL	Toruń, POL 2023
M 75	2:43.78	Hans Smeets	NED	Toruń, POL 2023
M 80	2:59.17	Jean-Louis Esnault	FRA	Toruń, POL 2023
M 85	3:11.09	Earl Fee	CAN	Budapest, HUN 2014
M 90	4:03.80	David Carr	AUS	Toruń, POL 2023

1500m

M 35	3:54.38	James Edward Thie	GBR	Budapest, HUN 2014
M 40	3:57.00	Anthony Whiteman	GBR	Budapest, HUN 2014
M 45	4:05.18	Dean Richardson	GBR	Toruń, POL 2019
M 50	4:06.02	Dean Richardson	GBR	Toruń, POL 2023
M 55	4:22.67	Charles Novak	USA	Toruń, POL 2023
M 60	4:26.62	Brian Lynch	IRL	Budapest, HUN 2014
M 65	4:43.43	Paul Forbes	GBR	Toruń, POL 2023
M 70	4:59.62	Hans Smeets	NED	Daegu, KOR 2017
M 75	5:44.20	Hans Smeets	NED	Toruń, POL 2023
M 80	6:16.34	Manuel Alonso	ESP	Toruń, POL 2019
M 85	7:41.77	Akhmet Siraziev	RUS	Budapest, HUN 2014
M 90	9:10.13	David Carr	AUS	Toruń, POL 2023

3000m

M 35	8:03.00	Eoin Everard	IRL	Toruń, POL 2023
M 40	8:42.18	Antonio Liuzzo	ITA	Toruń, POL 2023
M 45	8:44.85	Grzegorz Kujawski	POL	Toruń, POL 2023
M 50	8:52.75	Anthony O'Brien	GBR	Toruń, POL 2023
M 55	9:09.15	Guy Bracken	GBR	Daegu, KOR 2017
M 60	9:39.10	Ireneusz Kasprzak	POL	Toruń, POL 2023
M 65	10:14.37	Jukka Kauppila	FIN	Toruń, POL 2023
M 70	10:57.35	Luciano Moser	ITA	Toruń, POL 2023
M 75	12:14.52	Klemens Wittig	GER	Budapest, HUN 2014
M 80	13:43.17	Jean-Louis Esnault	FRA	Toruń, POL 2023
M 85	15:13.65	Klemens Wittig	GER	Toruń, POL 2023
M 90	19:42.60	David Carr	AUS	Toruń, POL 2023

4x200m

M 35	1:31.32	Poland	POL	Toruń, POL 2023
M 40	1:30.97	Great Britain&N.Ireland	GBR	Toruń, POL 2019
M 45	1:34.06	Great Britain&N.Ireland	GBR	Toruń, POL 2023
M 50	1:37.37	Great Britain&N.Ireland	GBR	Sindelfingen, GER 2004
M 55	1:39.40	France	FRA	Toruń, POL 2019
M 60	1:43.66	Great Britain&N.Ireland	GBR	Toruń, POL 2023
M 65	1:47.29	United States of America	USA	Toruń, POL 2019
M 70	1:54.14	Great Britain&N.Ireland	GBR	Toruń, POL 2023
M 75	2:00.58	Germany	GER	Budapest, HUN 2014
M 80	2:23.11	Germany	GER	Toruń, POL 2019
M 85	3:01.92	Germany	GER	Toruń, POL 2023

60m Hurdles

M 35	7.97	Damien Broothaerts	BEL	Toruń, POL 2019
M 40	7.85	Vincent Clarico	FRA	Linz, AUT 2006
M 45	8.31	Joe Appiah	GBR	Toruń, POL 2019
M 50	8.39	Joe Appiah	GBR	Toruń, POL 2023
M 55	8.41	Derek Pye	USA	Toruń, POL 2023
M 60	8.85	Courtland Gray	USA	Sindelfingen, GER 2004
M 65	9.60	Guido Müller	GER	Sindelfingen, GER 2004
M 70	9.76	Rolf Geese	GER	Budapest, HUN 2014
M 75	10.21	Takehiro Yasui	JPN	Daegu, KOR 2017
M 80	11.30	Anthony Bowman	GBR	Daegu, KOR 2017
M 85	13.16	Bruno Sobrero	ITA	Linz, AUT 2006

High Jump

M 35	2.05	Jan-Erik Wanhainen	SWE	Clermont-Ferrand, FRA 2008
M 35	2.05	Tomas Turskis	LTU	Toruń, POL 2023
M 40	2.04	Nils Portemer	FRA	Daegu, KOR 2017
M 40	2.04	Martin Lloyd	GBR	Toruń, POL 2023
M 45	1.95	Marco Segatel	ITA	Clermont-Ferrand, FRA 2008
M 50	1.90	Bruce McBarnette	USA	Clermont-Ferrand, FRA 2008
M 55	1.80	Marco Segatel	ITA	Toruń, POL 2019
M 60	1.75	Marco Segatel	ITA	Toruń, POL 2023
M 65	1.65	Eckhard Kunigkeit	GER	Toruń, POL 2019
M 70	1.58	Carl-Erik Särndal	SWE	Clermont-Ferrand, FRA 2008
M 75	1.50	Petr Čech	CZE	Toruń, POL 2019
M 80	1.37	Carl-Erik Särndal	SWE	Toruń, POL 2019
M 85	1.27	Carl-Erik Särndal	SWE	Toruń, POL 2023
M 90	1.07	Emmerich Zensch	AUT	Kamloops, CAN 2010
M 95	0.82	Giuseppe Ottaviani	ITA	Budapest, HUN 2014

Pole Vault

M 35	5.00	Dennis Schober	GER	Toruń, POL 2023
M 40	4.75	Adam Kolasa	POL	Toruń, POL 2019
M 45	4.50	Mark Johnson	GBR	Budapest, HUN 2014
M 50	4.50	Jonas Asplund	SWE	Toruń, POL 2023
M 55	4.31	Wolfgang Ritte	GER	Clermont-Ferrand, FRA 2008
M 60	4.05	John Altendorf	USA	Kamloops, CAN 2010
M 65	3.50	Helmut Huebl	AUT	Budapest, HUN 2014
M 70	3.56	Wolfgang Ritte	GER	Toruń, POL 2023
M 75	3.02	Valdis Cela	LAT	Toruń, POL 2023
M 80	2.40	Ilpo Sopanen	FIN	Budapest, HUN 2014
M 85	1.90	Paulus Makkonen	FIN	Toruń, POL 2023
M 90	1.60	Emmerich Zensch	AUT	Kamloops, CAN 2010

Long Jump

M 35	7.34	Antony Couffe	FRA	Toruń, POL 2023
M 40	7.17	James Beckford	JAM	Toruń, POL 2019
M 45	6.66	James Beckford	JAM	Toruń, POL 2023
M 50	6.54	Lee Atkins	USA	Toruń, POL 2023
M 55	5.98	Jorge Paez	ESP	Clermont-Ferrand, FRA 2008
M 60	5.93	Adrian Neagu	ROU	Budapest, HUN 2014
M 65	5.48	Klemens Grißmer	GER	Daegu, KOR 2017
M 70	4.96	Stig Bäcklund	FIN	Jyväskylä, FIN 2012
M 75	4.59	Lothar Fischer	GER	Budapest, HUN 2014
M 80	4.00	Adolf Nehren	GER	Toruń, POL 2019
M 85	3.58	Karl Schmid	GER	Toruń, POL 2023
M 90	2.59	Emmerich Zensch	AUT	Kamloops, CAN 2010
M 95	1.83	Giuseppe Ottaviani	ITA	Budapest, HUN 2014

Triple Jump

M 35	15.03	Andreas Beraz	GER	Daegu, KOR 2017
M 40	14.63	Łukasz Sobora	POL	Toruń, POL 2023
M 45	14.26	Eugene Ivanov	RUS	Budapest, HUN 2014
M 50	13.66	Wolfgang Knabe	GER	Budapest, HUN 2014
M 55	12.96	Jose Escalera	PUR	Toruń, POL 2023
M 60	12.36	Stig Bäcklund	FIN	Sindelfingen, GER 2004
M 65	11.53	Klemens Grißmer	GER	Daegu, KOR 2017
M 70	10.50	Stig Bäcklund	FIN	Jyväskylä, FIN 2012
M 75	9.79	Olle Borg	SWE	Toruń, POL 2023
M 80	8.27	Juhan Tennasilm	EST	Toruń, POL 2023
M 85	7.33	Aatos Saino	FIN	Jyväskylä, FIN 2012
M 90	6.12	Emmerich Zensch	AUT	Kamloops, CAN 2010
M 95	4.44	Giuseppe Ottaviani	ITA	Budapest, HUN 2014

Shot Put

M 35	18.62	Andy Dittmar	GER	Kamloops, CAN 2010
M 40	17.32	Andy Dittmar	GER	Toruń, POL 2019
M 45	17.43	Andy Dittmar	GER	Toruń, POL 2023
M 50	16.33	Bengt Petersson	SWE	Budapest, HUN 2014
M 55	15.54	Bengt Petersson	SWE	Toruń, POL 2019
M 60	16.57	Kurt Goldschmidt	GER	Sindelfingen, GER 2004
M 65	15.15	Karl-Heinz Marg	GER	Sindelfingen, GER 2004
M 70	14.61	Arvo Nurm	EST	Toruń, POL 2019
M 75	14.48	Karl-Heinz Marg	GER	Budapest, HUN 2014
M 80	13.61	Roland Heiler	GER	Toruń, POL 2019
M 85	11.24	Franz Gries	GER	Budapest, HUN 2014
M 90	9.68	Toimi Ahvenjärvi	FIN	Jyväskylä, FIN 2012
M 95	6.54	Ilmari Saunamäki	FIN	Jyväskylä, FIN 2012

Weight Throw

M 35	17.36	Swen Linden	GER	Sindelfingen, GER 2004
M 40	17.45	James Taylor	GBR	Toruń, POL 2023
M 45	18.10	Mariusz Walczak	POL	Toruń, POL 2019
M 50	22.58	Mariusz Walczak	POL	Toruń, POL 2023
M 55	19.15	Lech Kowalski	POL	Toruń, POL 2019
M 60	21.19	Lutz Caspers	GER	Sindelfingen, GER 2004
M 65	18.09	Gérard Guyot	FRA	Budapest, HUN 2014
M 70	19.74	Gérard Guyot	FRA	Toruń, POL 2019
M 75	20.99	Arild Busterud	NOR	Toruń, POL 2023
M 80	16.53	Henryk Płukarz	POL	Budapest, HUN 2014
M 85	15.50	Walter Krifka	AUT	Toruń, POL 2023
M 90	9.35	Sigurður Haraldsson	ISL	Toruń, POL 2019
M 95	6.54	Helge Lönnroth	FIN	Jyväskylä, FIN 2012

3000m Race Walk

M 35	12:13.06	Rafal Sikora	POL	Toruń, POL, 2023
M 40	11:54.34	Jose Ignacio Aledo	ESP	Toruń, POL, 2023
M 45	12:30.74	Miguel Angel Prieto Adanero	ESP	Budapest, HUN 2014
M 50	13:24.61	Philippe Bonneau	FRA	Toruń, POL 2019
M 55	13:26.31	Miguel Carvajal Ortega	ESP	Toruń, POL 2019
M 60	14:07.83	Ignacio Melo Valls	ESP	Budapest, HUN 2014
M 65	14:17.97	José Luis López Camarena	MEX	Daegu, KOR 2017
M 70	15:19.64	Ian Richards	GBR	Toruń, POL 2019
M 75	17:09.39	Arthur Thomson	GBR	Budapest, HUN 2014
M 80	19:18.79	Alexis Jordana	FRA	Daegu, KOR 2017
M 85	21:52.53	Ivan Pushkin	UKR	Daegu, KOR 2017
M 90	24:33.58	Viljo Hyvölä	FIN	Toruń, POL 2019

Pentathlon

M 35	4057	Óscar González Garrido	ESP	Budapest, HUN 2014
M 40	4009	Andrew Lewis	GBR	Clermont-Ferrand, FRA 2008
M 45	4010	Óscar González Garrido	ESP	Toruń, POL 2023
M 50	4204	Thomas Stewens	GER	Toruń, POL 2019
M 55	4111	Damon Blakemore	USA	Toruń, POL 2019
M 60	4216	Rolf Geese	GER	Sindelfingen, GER 2004
M 65	4360	Klemens Größmer	GER	Daegu, KOR 2017
M 70	4244	Rolf Geese	GER	Budapest, HUN 2014
M 75	4017	Valdis Cela	LAT	Toruń, POL 2023
M 80	3854	Willi Klaus	GER	Toruń, POL 2019
M 85	2836	Paulus Makkonen	FIN	Toruń, POL 2023