

WMA INDOOR RECORDS - MEN



60m

M 35	6.47	Kim Collins	SKN	38	17/02/15	Lódz, POL
M 40	6.56	Kim Collins	SKN	40	01/02/17	Düsseldorf, GER
M 45	6.81	Dwain Chambers	GBR	45	07/01/24	London, GBR
M 50	7.04	Mario Longo	ITA	51	30/03/16	Ancona, ITA
M 55	7.34	William Collins	USA	55	18/03/06	Linz, AUT
M 60	7.52	Oscar Peyton	USA	60	23/03/13	Landover, USA
M 65	7.69	William Collins	USA	65	05/03/16	Albuquerque, USA
M 70	7.89	Damien Leake	USA	70	11/03/23	Louisville, USA
M 75	8.44	Robert Lida	USA	77	13/01/14	Wichita, USA
M 80	8.88	Melvin Larsen	USA	80	05/03/05	Ames, USA
M 85	9.63	Robert Whilden Jr	USA	86	18/03/22	New York, USA
M 90	10.91	Vittorio Colo	ITA	90	02/02/02	Torino, ITA
M 95	13.72	Konstant Chatziemanovil	GRE	95	20/03/24	Toruń, POL
M100	17.52	Giuseppe Ottaviani	ITA	100	20/05/16	Ancona, ITA

200m

M 35	20.59	Douglas Turner	GBR	35	17/02/02	Birmingham, GBR
M 40	21.71	Darren Scott	GBR	40	07/02/10	Birmingham, GBR
M 45	22.23	Lion Martinez	SWE	45	21/03/23	Toruń, POL
M 50	22.68	Garth Robinson	USA	53	24/03/24	Chicago, USA
M 55	23.36	William Collins	USA	55	16/03/06	Linz, AUT
M 60	24.28	John Wright	GBR	63	31/03/23	Toruń, POL
M 65	24.94	William Collins	USA	65	06/03/16	Albuquerque, USA
M 70	26.11	Charles Allie	USA	71	29/03/19	Toruń, POL
M 75	27.64	Robert Lida	USA	75	05/04/12	Jyväskylä, FIN
M 80	29.15	Robert Lida	USA	80	23/03/17	Daegu, KOR
M 85	33.76	Hiroo Tanaka	JPN	86	23/03/17	Daegu, KOR
M 90	38.79	Hiroo Tanaka	JPN	92	31/03/23	Toruń, POL
M 95	50.40	Konstant Chatziemanovil	GRE	95	22/03/24	Toruń, POL
M100	1:40.94	Orville Rogers	USA	100	18/03/18	Landover, USA

400m

M 35	47.45	Pierre-Marie Hilaire	FRA	35	16/02/01	Lievin, FRA
M 40	48.83	Ricardo Menendez	ESP	44	22/02/22	Braga, POR
M 45	49.89	Fred Sowerby	USA	45	29/01/94	New York, USA
M 50	50.55	Juan Luis Lopez Anaya	ESP	51	05/03/22	Antequera, ESP
M 55	53.20	Alston Brown	JAM	55	21/03/04	New York, USA
	53.20	Charles Allie	USA	56	21/03/04	New York, USA
M 60	55.62	Harold Morioka	CAN	60	29/03/03	Boston, USA
M 65	56.63	Guido Müller	GER	65	02/08/04	Fürth, GER
M 70	59.43	Charles Allie	USA	70	23/03/18	New York, USA
M 75	1:03.12	Guido Müller	GER	75	02/03/14	Erfurt, GER
M 80	1:10.20	Robert Lida	USA	80	25/03/17	Daegu, KOR
M 85	1:21.26	Earl Fee	CAN	85	30/03/14	Budapest, HUN
M 90	1:30.75	Earl Fee	CAN	90	23/03/19	Grinnell, USA
M 95	2:17.37	Konstant Chatziemanovil	GRE	95	19/03/24	Toruń, POL
M100	4:16.90	Orville Rogers	USA	100	16/03/18	Landover, USA

WMA INDOOR RECORDS - MEN



800m

M 35	1:48.92	Nico Motchebon	GER	35	29/01/05	Stuttgart, GER
M 40	1:48.81	Johnny Gray	USA	40	02/03/01	Atlanta, USA
M 45	1:52.96	Anthony Whiteman	GBR	45	11/02/17	Sheffield, GBR
M 50	1:59.30	Mark Williams	USA	51	30/03/24	New York, USA
M 55	2:02.45	Shane Healy	IRL	55	27/01/24	Abbotstown, IRL
M 60	2:11.20	Anselm LeBourne	USA	60	28/02/20	New York, USA
M 65	2:15.30	Paul Forbes	GBR	65	18/12/21	Glasgow, GBR
M 70	2:20.45	Earl Fee	CAN	70	28/03/99	Boston, USA
M 75	2:32.47	Earl Fee	CAN	75	28/03/04	Boston, USA
M 80	2:43.67	José Vicente Rioseco López	ESP	80	25/09/21	Ancona, ITA
M 85	3:08.06	Manuel Alonso Domingo	ESP	85	21/03/21	Madrid, ESP
M 90	3:42.52	Earl Fee	CAN	90	23/03/19	Grinnell, USA
M 95	5:42.52	Antonio Nacca	ITA	95	24/02/19	Ancona, ITA
M100	9:56.44	Orville Rogers	USA	100	18/03/18	Landover, USA

1500m

M 35	3:35.49	Bernard Lagat	USA	35	20/02/10	Birmingham, GBR
M 40	3:40.20	Bernard Lagat	USA	40	14/02/15	New York, USA
M 45	3:54.94	Anthony Whiteman	GBR	45	07/02/17	Sheffield, GBR
M 50	4:01.76	Shane Healy	IRL	51	01/03/20	Dublin, IRL
M 55	4:13.77	Anselm LeBourne	USA	55	01/03/15	Boston, USA
M 60	4:26.62	Brian Lynch	IRL	60	30/03/14	Budapest, HUN
M 65	4:43.01	Cees Stolwijk	NED	65	14/02/15	Apeldorn, NED
M 70	4:53.53	Cees Stolwijk	NED	70	01/02/20	Apeldorn, NED
M 75	5:20.04	Edward Whitlock	CAN	75	17/02/07	Toronto, CAN
M 80	5:33.33	José Vicente Rioseco López	ESP	80	24/09/21	Ancona, ITA
M 85	6:19.55	Manuel Alonso Domingo	ESP	85	28/11/21	Ourense, ESP
M 90	8:33.37	Antonio Nacca	ITA	90	08/03/14	Ancona, ITA
M95	10:55.85	Antonio Nacca	ITA	95	23/02/19	Ancona, ITA
M100	20:00.91	Orville Rogers	USA	100	17/03/18	Landover, USA

1mile

M 35	3:56.34	Bernard Lagat	USA	35	29/01/10	New York, USA
M 40	3:54.91	Bernard Lagat	USA	40	14/02/15	New York, USA
M 45	4:12.94	Anthony Whiteman	GBR	45	01/02/17	London, GBR
M 50	4:23.07	Sean Wade	USA	50	06/02/16	Boston, USA
M 55	4:39.84	Guy Bracken	GBR	56	07/02/08	London, GBR
M 60	4:50.95	Nolan Shaheed	USA	62	21/01/12	London, GBR
M 65	5:04.01	Paul Forbes	GBR	65	16/02/22	London, GBR
M 70	5:29.81	Gary Patton	USA	71	07/12/17	New York, USA
M 75	5:41.95	Earl Fee	CAN	75	26/03/04	Boston, USA
M 80	6:42.10	Inocencio Cantu	USA	80	14/03/14	Boston, USA
M 85	7:46.94	Inocencio Cantu	USA	85	02/03/19	Winston-Salem, USA
M 90	9:45.18	Inocencio Cantu	USA	90	23/03/24	Chicago, USA
M 95	14:39.91	Orville Rogers	USA	95	23/03/13	Landover, USA

WMA INDOOR RECORDS - MEN



3000m

M 35	7:34.71	Bernard Lagat	USA	38	02/02/13	Karlsruhe, GER
M 40	7:37.92	Bernard Lagat	USA	40	25/02/15	Metz, FRA
M 45	8:22.54	Davide Raineri	ITA	47	31/01/21	Padona, ITA
M 50	8:37.73	Juan Antonio Cuadrillero Barranco	ESP	50	26/11/21	Ourense, ESP
M 55	8:47.71	Shane Healy	IRL	55	06/01/24	Abbotstown, IRL
M 60	9:31.40	Håkan Eriksson	SWE	60	26/02/22	Västerås, SWE
M 65	9:57.18	Alastair Walker	GBR	66	29/01/23	Glasgow, GBR
M 70	10:38.15	Luciano Moser	ITA	70	05/03/23	Padona, ITA
M 75	11:17.21	Edward Whitlock	CAN	75	03/03/07	Toronto, CAN
M 80	12:00.88	Edward Whitlock	CAN	80	19/03/11	Kamloops, CAN
M 85	13:41.96	Edward Whitlock	CAN	85	19/03/16	Kamloops, CAN
M 90	18:06.97	Antonio Nacca	ITA	90	07/03/14	Ancona, ITA
M 95	22:52.15	Antonio Nacca	ITA	95	22/02/19	Ancona, ITA

4x200m

M35	1:29.74	Ossai,Collins,Bolan-Ashworth,Beardsell	GBR	28/03/15	Toruń, POL
	1:29.74	Torres,Clark,Burnett,Dussett	USA	18/02/17	Albuquerque, USA
M40	1:29.97	Parker,Dunn,Marenin,Echols	USA	23/03/24	Chicago, USA
M45	1:33.83	Ramirez,Sunneborn,Wallin,Wällgren	SWE	04/03/17	Norrköping
M50	1:34.64	Lawson,Shute, Boda, Jones	USA	06/03/16	Albuquerque, USA
M55	1:37.87	Boda,Gibbon,Jones,Woodard	USA	18/02/24	Houston, USA
M60	1:41.53	Riddle,Allie,Sanders,Collins	USA	17/03/12	Bloomington, USA
M65	1:47.29	Allie,Jones,Wilson,Haywood	USA	30/03/19	Toruń, POL
M70	1:54.05	Colbert,Rizzo,Camp,Lida	USA	03/03/07	New York, USA
M75	2:00.58	Beckering,Hufnagel,Nehren,Mueller	GER	30/03/14	Budapest, HUN
M80	2:11.26	Whilden,Kaspari,Cozens,Lida	USA	18/02/17	Albuquerque, USA
M85	2:53.24	Marchioni,Veronesi,Vecchi,Paderno	ITA	05/02/23	Padona, ITA
M90	5:40.82	Rogers,Ross,Englert,Boyle	USA	21/03/15	Winston-Salem, USA

4x400m

M35	3:22.03	Joachim,Thomas,Winslow,Wensel	USA	26/03/06	Boston, USA
M40	3:25.04	Thomas,Wensel,Mulazim,Winslow	USA	28/03/10	Boston, USA
M45	3:36.17	Nilsson,Didrikson,Sunneborn,Hägg	SWE	07/03/20	Sätra, SWE
M50	3:37.21	Winslow,Wensel,Echeadia,Mulazim	USA	08/02/20	New York, USA
M55	3:41.88	Boda,Cormier,Mulazim,Woodard	USA	18/02/24	Houston, USA
M60	3:58.03	Riddle,Allie,Haywood,Blake	USA	16/03/14	Boston, USA
M65	4:24.16	Schoffman,Taft,Somerville,Haywood	USA	03/03/19	Winston-Salem, USA
M70	4:26.15	Perlis,Pierce,Cash,Allie	USA	24/02/18	New York, USA
M75	5:24.52	Stewart,Ukonmaanaho,Dargie,Bhullar	CAN	26/02/22	Kamloops, CAN
M80	5:57.21	Darimont,Knorr,Keck,Wendt	GER	19/12/21	Hamburg, GER
M85	7:28.53	Marchioni,Corvetti,Vecchi,Paderno	ITA	04/02/23	Padola, ITA
M90	12:54.81	Rogers, Ross, Hemphill,Englert	USA	22/03/15	Winston-Salem, USA

4x800m

M35	7:48.87	Page,Caballero,El Souki,Gomez	ESP		10/03/24	Madrid, ESP
M40	7:49.90	Winslow,Blondin,Williams,Berra	USA		02/03/14	Boston, USA
M45	8:27.08	Bermejo,Camoira,Santamaria,Lores	ESP		11/02/23	San Sebastian, ESP
M50	8:29.45	Brady,Lau,Novak,Yuen	USA		19/03/22	New York, USA
M55	8:57.37	Haines,Cowlshaw,Atkinson,Mcharg	GBR		15/02/23	London, GBR
M60	9:31.19	Ireland,Parkin,Ridley,Turner	GBR		15/02/23	London, GBR
M65	10:08.15	Lebold,Torneden,Owen,Westenberg	USA		22/03/24	Chicago, USA
M70	10:46.37	Skelton,Kennedy,Jackson,Oxland	GBR		15/02/23	London, GBR
M75	13:07.96	Dargie,Ukonmaanaho,Harton,Stewart	CAN		25/02/22	Kamloops, CAN
M80	16:34.30	Lieberman,Muhrcke,Cantu,Edelson	USA		11/03/23	Louisville, USA
M85	25:43.97	LaVasseur,Cordero,Masterson,Satyaprasad	USA		22/03/24	Chicago, USA
M90	29:47.68	Rogers, Ross,Englert,Dixon	USA		21/03/15	Winston-Salem, USA

60m Hurdles

M 35	7.40	Colin Jackson	GBR	35	02/03/02	Wien, AUT
M 40	7.85	Vincent Clarico	FRA	40	19/03/06	Linz, AUT
M 45	7.91	Mensah Elliot	GBR	45	13/03/22	Lee Valley, GBR
M 50	8.23	Joe Appiah	GBR	52	28/01/23	London, GBR
M 55	8.41	Derek Pye	USA	55	31/03/23	Toruń, POL
M 60	8.85	Courtland Gray	USA	60	10/03/04	Sindelfingen, GER
M 65	9.17	Tyrone Brown	USA	65	27/03/10	Boston, USA
M 70	9.44	Tyrone Brown	USA	70	21/03/15	Winston-Salem, USA
M 75	10.09	Melvin Larsen	USA	76	19/01/01	Ames, USA
M 80	10.86	Anthony Bowman	GBR	80	12/03/16	London, GBR
M 85	13.16	Bruno Sobrero	ITA	85	19/03/06	Linz, AUT
M 90	15.84	Ralph Maxwell	USA	90	26/03/10	Boston, USA

High Jump

M 35	2.30	Dragutin Topić	SRB	36	07/02/08	Novi Sad, SBR
M 40	2.10	Dwight Stones	USA	40	25/03/94	Columbia, USA
	2.10	Dalton Grant	GBR	41	05/02/08	Bánska Bystrica, SLO
M 45	2.04	Dennis Lewis	USA	46	11/02/06	Ypsilanti, USA
M 50	2.00	Thomas Zacharas	GER	50	02/03/97	Birmingham, GBR
M 55	1.88	Bruce McBarnette	USA	55	23/03/13	Landover, USA
M 60	1.81	Rüdiger Weber	GER	60	03/03/24	Dortmund, GER
M 65	1.68	Dušan Prezelj	SLO	66	22/02/15	Istanbul, TUR
M 70	1.59	Carl-Erik Särndal	SWE	71	27/03/09	Ancona, ITA
M 75	1.53	Dušan Prezelj	SLO	75	02/03/24	Zagreb, CRO
M 80	1.40	Carl-Erik Särndal	SWE	81	03/03/19	Malmö, SWE
M 85	1.27	Carl-Erik Särndal	SWE	85	26/03/23	Toruń, POL
M 90	1.07	Emmerich Zensch	AUT	90	06/03/10	Kamloops, CAN
M 95	.96	Leland McPhie	USA	95	22/03/09	Landover, USA

Pole Vault

M 35	5.90	Björn Otto	GER	35	30/01/13	Cottbus, GER
M 40	5.36	Patrick Manson	USA	40	04/01/08	Reno, USA
M 45	5.14	Paul Babits	USA	47	24/02/08	Fort Wayne, USA
M 50	4.75	Paul Babits	USA	52	23/02/13	Fort Wayne, USA
M 55	4.52	Paul Babits	USA	55	04/09/16	Fort Wayne, USA
M 60	4.16	Wolfgang Ritte	GER	62	31/01/15	Ludwigshafen, GER
M 65	3.96	Wolfgang Ritte	GER	65	20/03/18	Madrid, ESP
M 70	3.56	Wolfgang Ritte	GER	70	31/03/23	Toruń, POL
M 75	3.07	Arthur Parry	USA	77	14/01/24	Colorado Spgs, USA
M 80	2.77	Donald Isett	USA	80	17/01/20	Reno, USA
M 85	2.44	William Bell Sr	USA	85	23/03/07	Boston, USA
M 90	1.82	Donald Pellmann	USA	90	04/09/05	Fort Collins, USA

Long Jump

M 35	7.98	Bogdan Tudor	ROU	35	13/02/05	Bucharest, ROU
M 40	7.59	Mattias Sunneborn	SWE	42	03/02/13	Stockholm, SWE
M 45	6.98	Antonio Palacios	USA	46	15/12/12	Chicago, USA
M 50	6.75	Gianni Becatti	ITA	51	28/02/15	Ancona, ITA
M 55	6.34	Stig Bäcklund	FIN	55	19/03/95	Oulu, FIN
M 60	5.93	Adrian Neagu	ROU	60	29/03/14	Budapest, HUN
M 65	5.48	Klemens Grißmer	GER	65	24/03/17	Daegu, KOR
M 70	5.22	Vladimir Popov	RUS	71	20/03/04	Moscow, RUS
M 75	4.70	Wolfgang Reuter	GER	75	11/03/05	Eskilstuna, SWE
M 80	4.39	Eberhard Linke	GER	80	02/03/24	Dortmund, GER
M 85	3.64	Karl Schmid	GER	86	22/03/24	Toruń, POL
M 90	3.15	Max Springer	USA	90	26/03/04	Boston, USA
M 95	2.05	Emmerich Zensch	AUT	95	24/03/15	Toruń, POL
M 100	1.16	Giuseppe Ottaviani	ITA	100	25/02/17	Ancona, ITA

Triple Jump

M 35	17.44	Jonathan Edwards	GBR	36	21/02/03	Birmingham ,GBR
M 40	17.13	Fabrizio Donato	ITA	40	05/03/17	Belgrade, SRB
M 45	14.82	Milan Tiff	USA	46	26/02/95	Reno, USA
M 50	14.11	Wolfgang Knabe	GER	50	23/01/10	Hannover, GER
M 55	13.49	Wolfgang Knabe	GER	55	28/02/15	Erfurt, GER
M 60	12.53	Stig Bäcklund	FIN	60	13/11/99	Porvoo, FIN
M 65	11.93	Klemens Grißmer	GER	66	21/03/18	Madrid, ESP
M 70	10.88	Pertti Ahomäki	FIN	70	02/04/16	Ancona, ITA
M 75	9.94	Olle Borg	SWE	76	22/03/24	Toruń, POL
M 80	8.66	Eberhard Linke	GER	80	16/11/24	Baunatal, GER
M 85	7.78	Lothar Fischer	GER	85	05/02/22	Ludwigshafen, GER
M 90	6.52	Vittorio Colo	ITA	91	08/03/03	San Sebastian, ESP
M 95	5.31	Emmerich Zensch	AUT	95	27/03/15	Toruń, POL
M 100	2.18	Giuseppe Ottaviani	ITA	101	21/03/18	Madrid, ESP

Shot Put

M 35	21.04	7.26k	Gheorghe Guset	ROU	36	18/02/06	Bucharest, ROU
M 40	20.07	7.26k	Brian Oldfield	USA	40	17/01/86	Los Angeles, USA
M 45	20.40	7.26k	Ivan Ivancic	YUG	45	20/02/83	Budapest, HUN
M 50	17.98	6k	Yngve Wahlander	SWE	51	24/01/10	Borås, SWE
M 55	16.02	6k	Patrick Chala	FRA	59	02/02/08	Eaubonne, FRA
M 60	16.80	5k	Patrick Chala	FRA	61	27/03/09	Ancona, ITA
M 65	15.83	5k	Quenton Torbert	USA	65	05/02/17	Colorado Springs, USA
M 70	15.39	4k	Gerald Vaughn	USA	70	26/02/06	Colorado Springs, USA
M 75	14.48	4k	Karl-Heinz Marg	GER	75	26/03/14	Budapest, HUN
M 80	13.68	3k	Leo Saarinen	FIN	80	20/03/10	Jyväskylä, FIN
M 85	12.50	3k	Östen Edlund	SWE	85	11/01/20	Sätra, SWE
M 90	9.68	3k	Toimi Ahvenjärvi	FIN	90	06/04/12	Jyväskylä, FIN
M 95	6.90	3k	Leland McPhie	USA	95	21/03/09	Landover, USA
M100	4.43	3k	Giuseppe Ottaviani	ITA	100	20/05/16	Ancona, ITA
M105	2.66	3k	Ilmari Koppinen	FIN	106	20/01/24	Salo, FIN

Weight Throw

M 35	24.21	15.88k	Lance Deal	USA	36	28/02/98	Atlanta, USA
M 40	22.52	15.88k	Edward Burke	USA	43	08/01/84	(null)
M 45	19.58	15.88k	Harold Connolly	USA	45	08/01/77	Nampa, USA
M 50	23.75	11.34k	Mariusz Walczak	POL	50	13/03/21	Toruń, POL
M 55	19.79	11.34k	James Wetenhall	USA	55	14/02/10	Toronto, CAN
M 60	22.82	9.08k	Thomas Gage	USA	60	26/03/04	Boston, USA
M 65	19.33	9.08k	George Mathews	USA	65	23/01/09	Pullman, USA
M 70	21.08	7.26k	Lawrence Hart	USA	71	17/02/17	Albuquerque, USA
M 75	20.99	7.26k	Arild Busterud	NOR	75	26/03/23	Toruń, POL
M 80	17.51	5.45k	Östen Edlund	SWE	80	29/11/14	Huddinge, SWE
M 85	15.75	5.45k	Östen Edlund	SWE	85	18/12/19	Sollentuna, SWE
M 90	10.98	5.45k	Howard West	CAN	90	28/03/03	Saskatoon, CAN
M 95	7.11	5.45k	Trent Lane	USA	96	18/02/07	Baton Rouge, USA
M100	5.10	5.45k	Everett Hosack	USA	100	22/03/02	Boston, USA

3000m Race Walk

M 35	11:08.0h	Robert Korzeniowski	POL	35	15/03/04	Belfast, IRL
M 40	11:40.75	Timothy Seaman	USA	41	23/02/14	Albuquerque, USA
M 45	12:14.77	Miguel Angel Prieto Adanero	ESP	46	17/03/11	Gent, BEL
M 50	12:34.9h	Donald DeNoon	USA	50	04/02/94	Carbondale, USA
M 55	13:09.0h	Donald DeNoon	USA	55	13/02/99	Carbondale, USA
M 60	13:37.96	Graziano Morotti	ITA	60	17/03/11	Gent, BEL
M 65	14:17.97	José Luis López Camarena	MEX	67	20/03/17	Daegu, KOR
M 70	15:19.64	Ian Richards	GBR	70	25/03/19	Toruń, POL
M 75	16:29.62	Arthur Thomson	GBR	75	11/03/12	London, GBR
M 80	17:41.4h	James Grimwade	GBR	80	20/03/93	Cosford, GBR
M 85	21:16.29	Leonard Creo	GBR	85	24/02/08	London, GBR
M 90	24:33.58	Vijo Hyvölä	FIN	90	25/03/19	Toruń, POL
M 95	35:53.5h	Ilmari Koppinen	FIN	95	11/02/13	Turku, FIN

Pentathlon

M 35	4057	Óscar González Garrido	ESP	37	25/03/14	Budapest, HUN
M 40	4361	Mattias Sunneborn	SWE	42	22/03/13	San Sebastian, ESP
M 45	4260	Óscar González Garrido	ESP	46	05/03/23	Antequera, ESP
M 50	4341	José Antonio Ureña Vaño	ESP	51	23/03/18	Madrid, ESP
M 55	4234	José Antonio Ureña Vaño	ESP	55	06/02/22	Valencia, ESP
M 60	4216	Rolf Geese	GER	60	11/03/04	Sindelfingen, GER
M 65	4360	Klemens Grißmer	GER	65	24/03/17	Daegu, KOR
M 70	4241	Valdis Cela	LAT	70	23/03/18	Madrid, ESP
M 75	4009	Rolf Geese	GER	75	27/03/19	Toruń, POL
M 80	3854	Willi Klaus	GER	80	27/03/19	Toruń, POL
M 85	3664	Willi Klaus	GER	85	21/03/24	Toruń, POL
M 90	2916	Ralph Maxwell	USA	92	16/03/12	Bloomington, USA