

**WMA RECORDS NON STADIA - WOMEN****Marathon**

W 35	2:19:19	Irina Mikitenko	GER	36	28/09/08	Berlin, GER
W 40	2:22:27	Mariya Konovalova	RUS	40	08/03/15	Nagoya, JPN
W 45	2:29:00	Tatyana Pozdnyakova	UKR	47	13/10/02	Providence, USA
W 50	2:31:05	Tatyana Pozdnyakova	UKR	50	06/03/05	Los Angeles, USA
W 55	2:45:27	Jenny Hitchings	USA	59	23/04/23	London, GBR
W 60	2:49:43	Jenny Hitchings	USA	60	08/10/23	Chicago, USA
W 65	3:01:06	Mariko Yugeta	JPN	66	23/02/25	Himeji, JPN
W 70	3:35:29	Helga Miketta	GER	72	13/10/13	Essen, GER
W 75	3:48:02	Jeannie Rice	USA	75	08/10/23	Chicago, USA
W 80	4:11:45	Yoko Nakano	JPN	81	26/02/17	Tokyo, JPN
W 85	5:14:26	Betty Jean McHugh	CAN	85	09/12/12	Honolulu, USA
W 90	8:53:08	Mavis Lindgren	USA	90	28/09/97	Portland, USA

**10k Race Walk**

W 35	41:41	Kjersti Plätzer	NOR	37	30/05/09	Krakow, POL
W 40	45:25	Kelly Ruddick	AUS	40	17/08/13	Melbourne, AUS
W 45	46:36	Lynette Ventris	AUS	45	09/02/02	Canberra, AUS
W 50	48:28	Lynette Ventris	AUS	50	09/04/07	Hobart, AUS
W 55	49:15	Lynette Ventris	AUS	55	19/08/12	Perth, AUS
W 60	53:26	Lynette Ventris	AUS	61	10/09/18	Málaga, ESP
W 65	55:32	Brenda Riley	AUS	66	13/11/05	Melbourne, AUS
W 70	1:00:18	Britta Tibbling	SWE	70	02/06/88	Verona, ITA
W 75	1:07:37	Elsa Meyer	RSA	75	13/11/21	Pretoria, RSA
W 80	1:11:55	Anne Centner	RSA	80	17/08/24	Gothenburg, SWE
W 85	1:18:06	Aina Engberg	SWE	85	20/09/08	Tibro, SWE
W 90	1:24:21	Heather Lee	AUS	91	11/11/18	Gold Coast, AUS

**20k Race Walk**

W 35	1:25:41	Olimpiada Ivanova	RUS	35	07/08/05	Helsinki, FIN
W 40	1:31:12	Antigoni Ntrismpioti	GRE	40	01/08/24	Paris, FRA
W 45	1:34:15	Lynette Ventris	AUS	45	16/12/01	Melbourne, AUS
W 50	1:39:51	Lynette Ventris	AUS	54	29/05/11	Melbourne, AUS
W 55	1:40:42	Lynette Ventris	AUS	55	26/08/12	Adelaide, AUS
W 60	1:55:34	Sandra Brown	GBR	60	15/08/09	Lea Valley, GBR
W 65	1:57:39	Brenda Riley	AUS	67	17/12/06	Melbourne, AUS
W 70	2:07:57	Elsa Meyer	RSA	70	10/08/16	Cape Town, RSA
W 75	2:19:11	Elsa Meyer	RSA	77	18/11/23	Pretoria, RSA
W 80	2:42:27	Denise Leclerc	FRA	80	26/10/13	Porto Alegre, BRA

**50k Race Walk**

W 35	4:09:21	Inês Henriques	POR	38	07/08/18	Berlin, GER
W 40	4:42:34	Susan Randall	USA	40	14/12/14	Santee, USA
W 45	4:54:31	Kelly Ruddick	AUS	45	02/12/18	Melbourne, AUS
W 50	5:10:52	Teresa Vaill	USA	54	28/01/17	Santee, USA
W 55	5:45:08	Elizabeth Feldman	AUS	56	24/10/04	Albert Park, AUS
W 60	5:29:04	Sandra Brown	GBR	64	27/07/13	Coventry, GBR
W 65	6:26:44	Darlene Backlund	USA	65	09/12/10	Ocean Twncsp, USA
W 70	6:09:48	Sandra Brown	GBR	70	06/10/19	Tilburg, NED