

# WMA STADIA RECORDS - MEN



## 100m

Wind

M 35	9.87	-0.1	Justin Gatlin	USA	37	30/06/19	Stanford, USA
M 40	9.93	1.9	Kim Collins	SKN	40	29/05/16	Bottrop, GER
M 45	10.72	1.0	Willie Gault	USA	45	24/06/06	Indianapolis, USA
M 45	10.72	+0.0	Lion Martinez	SWE	45	19/08/23	Regensdorf, SUI
M 50	10.88	1.8	Willie Gault	USA	50	07/05/11	Los Angeles, USA
M 55	11.30	+0.0	Willie Gault	USA	55	07/05/16	Eagle Rock, USA
M 60	11.70	0.5	Ronald Taylor	GBR	60	04/06/94	Athens, GRE
M 65	12.15	+0.9	John Wright	GBR	66	13/09/25	Derby, GBR
M 70	12.59	-0.2	Damien Leake	USA	70	27/05/23	Los Angeles, USA
M 75	13.25	0.8	Kenton Brown	USA	76	03/10/20	Marble Falls, USA
M 80	14.21	-0.7	Kenton Brown	USA	80	05/10/24	Las Vegas, USA
M 85	15.08	1.9	Hiroo Tanaka	JPN	86	25/06/17	Akita, JPN
M 90	16.69	-0.6	Hiroo Tanaka	JPN	90	29/08/21	Hirosaki, JPN
M 95	20.41	0.1	Frederico Fischer	BRA	95	30/06/12	Porto Alegre, BRA
M100	26.74	2.0	Toshio Kamehama	JPN	100	02/11/25	Okinawa, JPN
M105	34.50	-0.1	Stanisław Kowalski	POL	105	27/06/15	Toruń, POL

## 200m

M 35	20.11	1.9	Linford Christie	GBR	35	25/06/95	Villeneuve, SWE
M 40	20.64	1.9	Troy Douglas	NED	40	27/08/03	Paris, FRA
M 45	21.65	0.0	Alexander Kosenkow	GER	45	23/07/22	Minden, GER
M 50	22.44	1.2	Willie Gault	USA	50	07/05/11	Los Angeles, USA
M 55	23.04	+1.7	Darren Scott	GBR	55	08/09/24	London, GBR
M 60	24.00	-0.3	Ronald Taylor	GBR	60	10/06/94	Athens, GRE
M 65	24.47	+0.8	John Wright	GBR	66	23/08/25	Sheffield, GBR
M 70	25.75	+1.7	Charles Allie	USA	70	21/06/18	Des Moines, USA
M 75	27.73	+0.4	Robert Lida	USA	75	05/08/12	Lisle, USA
M 80	29.49	+0.3	Kenton Brown	USA	81	07/10/25	St. George, USA
M 85	31.69	-0.3	Hijiya Hisamitsu	JPN	85	17/09/16	Nigata, JPN
M 90	36.02	1.1	Hiroo Tanaka	JPN	90	23/05/21	Rokkasho, JPN
M 95	48.09	0.0	Toshio Kamehama	JPN	96	16/10/22	Okinawa, JPN
M100	1:17.59	+1.5	Philip Rabinowitz	RSA	100	17/12/04	Cape Town, RSA

## 400m

M 35	44.54		Christopher Brown	BAH	36	30/05/15	Eugene, USA
M 40	47.81		Enrico Saraceni	ITA	40	28/07/04	Århus, DEN
M 45	48.55		Ricardo Menendez Gonzalez	ESP	45	06/07/24	Madrid, ESP
M 50	50.51		Juan Luis Lopez Anaya	ESP	51	16/07/21	Granada, ESP
M 55	51.18		Timothy Munnings	BAH	58	15/02/25	Nassau, BAH
M 60	53.88		Ralph Romain	TTO	63	22/07/95	Buffalo, USA
M 65	56.09		Charles Allie	USA	65	18/05/13	Raleigh, USA
M 70	57.26		Charles Allie	USA	71	11/09/18	Málaga, ESP
M 75	1:02.40		Guido Müller	GER	75	28/06/14	Elsfeld, GER
M 80	1:10.01		Hijiya Hisamitsu	JPN	81	16/09/12	Miyazaki, JPN
M 85	1:17.12		Earl Fee	CAN	85	12/07/14	Toronto, CAN
M 90	1:29.15		Earl Fee	CAN	90	19/07/19	Toronto, CAN
M 95	2:21.82		Orville Rogers	USA	95	12/07/13	Olathe, USA
M100	3:30.26		Yoshimitsu Miyauchi	JPN	100	10/11/24	Kagoshima, JPN

## 800m

M 35	1:43.36	Johnny Gray	USA	35	16/08/95	Zürich, SUI
M 40	1:48.05	Anthony Whiteman	GBR	42	12/07/14	Manchester, GBR
M 45	1:49.86	Anthony Whiteman	GBR	45	19/08/17	Manchester, GBR
M 50	1:56.33	Zac Ashkanasy	AUS	52	20/01/26	Melbourne, AUS
M 55	2:02.53	Andrew Larasen	NED	55	18/10/25	Madeira, POR
M 60	2:07.65	Robert McHarg	GBR	61	18/10/25	Madeira, POR
M 65	2:13.74	Paul Forbes	GBR	66	29/09/23	Pescara, ITA
M 70	2:20.52	Earl Fee	CAN	70	17/06/99	Boston, USA
M 75	2:30.59	José Vicente Rioseco López	ESP	75	18/06/16	Vilagarcía, ESP
M 80	2:41.59	José Vicente Rioseco López	ESP	80	30/04/21	La Coruña-Bas, ESP
M 85	2:59.50	Jean Louis Esnault	FRA	85	05/07/25	Issy Les Moulineaux
M 90	3:34.93	Earl Fee	CAN	90	23/06/19	Toronto, CAN
M 95	4:51.44	Antonio Nacca	ITA	95	09/06/19	Asti, ITA
M 100	8:09.74	Yoshimitsu Miyauchi	JPN	100	21/09/24	Kyoto, JPN

## 1500m

M 35	3:32.51	Bernard Lagat	USA	35	22/07/10	Monaco, MON
M 40	3:41.87	Bernard Lagat	USA	40	07/06/15	Birmingham, GBR
M 45	3:48.72	Anthony Whiteman	GBR	45	08/07/17	Loughborough, GBR
M 50	3:57.71	Zachariah Ashkanasy	AUS	51	27/03/25	Melbourne, AUS
M 55	4:11.95	Robert Godino	AUS	56	30/10/25	Brisbane, AUS
M 60	4:21.21	Andrew Ridley	GBR	61	13/08/25	Guildford, GBR
M 65	4:39.15	Paul Forbes	GBR	66	28/07/23	Glasgow, GBR
M 70	4:52.95	Ron Robertson	NZL	70	15/07/11	Sacramento, USA
M 75	5:11.05	Cees Stolwijk	NED	75	25/03/25	Amersfoort, NED
M 80	5:30.89	José Vicente Rioseco López	ESP	80	19/06/21	Castellón, ESP
M 85	6:08.61	Manuel Alonso Domingo	ESP	85	01/05/21	Arganda, ESP
M 90	7:32.95	David Carr	AUS	90	01/09/22	Perth, AUS
M 95	10:10.88	Yoshimitsu Miyauchi	JPN	95	13/09/19	Maebashi, JPN
M100	16:01.54	Yoshimitsu Miyauchi	JPN	100	10/11/24	Kagoshima, JPN

## One Mile

M 35	3:51.38	Bernard Lagat	USA	36	06/08/11	London, GBR
M 40	3:57.91	Bernard Lagat	USA	40	25/07/15	London, GBR
M 45	4:13.96	Davide Raineri	ITA	46	06/06/19	Rome, ITA
M 50	4:19.59	Brad Barton	USA	53	31/05/19	Nashville, USA
M 55	4:29.60	Robert Godino	AUS	55	30/11/24	Brisbane, AUS
M 60	4:41.81	Andrew Ridley	GBR	60	31/07/24	Guildford, GBR
M 65	4:56.4	Derek Turnbull	NZL	65	29/02/92	Christchurch, NZL
M 70	5:19.75	Joop Rüter	NED	70	11/07/03	Rotterdam, NED
M 75	5:36.09	Cees Stolwijk	NED	75	21/05/25	Dronten, NED
M 80	5:56.93	José Vicente Rioseco López	ESP	80	18/07/21	Vigo, ESP
M 85	6:40.25	Manuel Alonso Domingo	ESP	85	22/05/21	Sabadell, ESP
M 90	8:21.34	David Carr	AUS	90	28/07/22	Perth, AUS
M 95	11:56.04	Antonio Nacca	ITA	95	07/04/19	Novara, ITA

## 3000m

M 35	7:29.00	Bernard Lagat	USA	35	29/08/10	Rieti, ITA
M 40	7:42.75	Bernard Lagat	USA	40	14/07/15	Luzern, SUI
M 45	8:15.58	Vyacheslav Shavunin	RUS	45	01/07/15	Moscow, RUS
M 50	8:37.94	Antoni Bernado Planas	AND	51	14/07/18	Granollers, ESP
M 55	8:55.93	Peter van der Velden	NED	55	27/07/24	Kessel, BEL
M 60	9:21.38	Yoshitsugu Iwanaga	JPN	60	26/09/20	Saga, JPN
M 65	9:47.4	Derek Turnbull	NZL	65	08/02/92	Christchurch, NZL
M 70	10:38.98	Eddy Vierendeels	BEL	70	28/06/23	Nonove, BEL
M 75	10:58.7h	Cees Stolwijk	NED	75	28/08/25	Breda, NED
M 80	11:56.25	José Vicente Rioseco López	ESP	80	04/09/21	Pontevedra, ESP
M 85	14:09.66	Jean Louis Esnault	FRA	85	09/07/25	Chartres, FRA
M 90	16:20.96	David Carr	AUS	90	23/06/22	Perth, AUS
M 95	22:46.4	Antonio Nacca	ITA	95	16/12/18	Novara, ITA

## 5000m

M 35	12:53.60	Bernard Lagat	USA	36	22/07/11	Monaco, MON
M 40	13:06.78	Bernard Lagat	USA	41	20/08/16	Rio de Janeiro, BRA
M 45	14:23.6	Lucien Rault	FRA	46	19/06/82	Vannes, FRA
M 50	14:51.38	Francis Kipkoech Bowen	KEN	50	14/08/24	Gothenburg, SWE
M 55	15:29.7	Keith Bateman	AUS	55	05/01/11	Blacktown, AUS
M 60	15:52.9h	Stephen Moneghetti	AUS	60	01/12/22	Melbourne, AUS
M 65	16:36.59	Alastair Walker	GBR	66	13/08/22	Tullamore, IRL
M 70	18:15.53	Ron Robertson	NZL	70	09/07/11	Sacramento, USA
M 75	18:50.07	Cees Stolwijk	NED	75	21/09/25	Breda, NED
M 80	20:20.01	José Vicente Rioseco López	ESP	80	04/09/21	Pontevedra, ESP
M 85	23:51.51	Fokke Kramer	GER	85	09/07/23	Liel, GER
M 90	29:28.60	David Carr	AUS	90	13/10/22	Perth, AUS
M 95	39:42.52	Antonio Nacca	ITA	95	04/05/19	Novara, ITA

## 10000m

M 35	26:51.20	Haile Gebrselassie	ETH	35	24/05/08	Hengelo, NED
M 40	27:49.35	Bernard Lagat	USA	41	01/05/16	Stanford, USA
M 45	29:39.43	Mustafa Mohamed	SWE	45	27/07/24	Uddevalla, SWE
M 50	30:48.87	Sean Wade	USA	50	01/04/16	San Francisco, USA
M 55	31:51.86	Keith Bateman	AUS	55	26/03/11	Sydney, AUS
M 60	33:32.09	John Meagher	AUS	60	28/07/24	Melbourne, AUS
M 65	34:42.2	Derek Turnbull	NZL	65	13/03/92	Christchurch, NZL
M 70	38:04.13	Edward Whitlock	CAN	70	09/07/01	Brisbane, AUS
M 75	39:08.28	Cees Stolwijk	NED	75	25/09/25	Hengelo, NED
M 80	42:39.95	Edward Whitlock	CAN	80	11/07/11	Sacramento, USA
M 85	51:07.53	Edward Whitlock	CAN	85	12/08/16	Toronto, CAN
M 90	1:02:48.93	David Carr	AUS	90	11/08/22	Perth, AUS

**3000m Steeplechase**

M 35	8:04.95		Simon Vroemen	NED	35	24/08/04	Brussels, BEL
M 40	8:38.40		Angelo Carosi	ITA	40	11/07/04	Firenze, ITA
M 45	9:06.68		Brad Barton	USA	48	28/06/14	Naperville, USA
M 50	9:38.8		Nils Undersåker	NOR	50	10/06/89	Stjørdal, NOR
M 55	9:55.05		Ron Robertson	NZL	56	27/07/97	Durban, RSA

**2000m Steeplechase**

M 60	6:30.21		Ron Robertson	NZL	60	14/07/01	Brisbane, AUS
M 65	7:10.25		Francisco Aragon Muñoz	ESP	66	18/06/21	Málaga, ESP
M 70	7:10.03		Ron Robertson	NZL	70	17/07/11	Sacramento, USA
M 75	8:29.26		José Vicente Rioseco López	ESP	78	29/06/19	Sagunto, ESP
M 80	9:35.1		David Carr	AUS	80	01/02/13	Perth, AUS
M 85	10:53.3		David Carr	AUS	85	21/12/17	Perth, AUS
M 90	12:26.57		David Carr	AUS	90	15/09/22	Perth, AUS

**110m Hurdles**

M 35	12.96	0.4	Allen Johnson	USA	35	17/09/06	Athens, GRE
M 40	13.73	-0.5	David Ashford	USA	40	11/07/03	Carolina, PUR
M 45	14.26	0.3	Jan Schindzielorz	GER	45	13/08/23	Mönchengladbach, GER

**100m Hurdles**

M 50	13.49	1.3	Joe Appiah	GBR	51	11/06/22	London, GBR
M 55	14.25	-0.4	Herbert Kreiner	AUT	55	22/07/10	Nyíregyháza, HUN
M 60	14.37	0.4	Thaddeus Wilson	USA	60	29/07/11	Berea, USA
M 65	15.08	1.0	Peter Grimes	USA	65	19/07/24	Sacramento, USA

**80m Hurdles**

M 70	12.58	-1.0	Ward Hazen	CAN	71	10/08/25	Charlottesville, USA
M 75	13.62		James Stookey	USA	75	04/09/05	McLean, USA
M 80	14.75	0.1	Melvin Larsen	USA	81	31/08/05	San Sebastian, ESP
M 85	17.33	-0.1	Anthony Bowman	GBR	85	08/06/21	Manchester, GBR
M 90	21.62	-1.5	Ralph Maxwell	USA	91	07/07/11	Sacramento, USA

**400m Hurdles**

M 35	48.13		Danny McFarlane	JAM	37	28/07/09	Monaco, MON
M 40	49.69		Danny McFarlane	JAM	40	29/06/12	Kingston, JAM
M 45	53.57		Aramis Díaz	ITA	45	05/09/20	Rome, ITA
M 50	54.91		Ian Weakly	USA	50	17/08/24	Gothenburg, SWE
M 55	57.73		Getulio Echeandia Jr	USA	55	14/07/19	Ames, USA

**300m Hurdles**

M 60	42.31		Guido Müller	GER	60	01/08/99	Gateshead, GBR
M 65	43.88		Guido Müller	GER	65	25/07/04	Århus, DEN
M 70	45.24		Guido Müller	GER	70	10/07/09	Vaterstetten, GER
M 75	49.65		Guido Müller	GER	75	12/07/14	Erfurt, GER

**200m Hurdles**

M 80	36.06	+1.4	John MacDermott	IRL	80	17/08/24	Gothenburg, SWE
M 85	42.70	+0.4	Earl Fee	CAN	85	23/08/14	San Jose, CRC
M 90	51.31		Ralph Maxwell	USA	90	29/08/10	Fort Collins, USA

## High Jump

M 35	2.31		Dragutin Topić	SRB	38	28/07/09	Kragujevac, SRB
	2.31		Jamie Nieto	USA	35	09/06/12	New York, USA
M 40	2.28		Dragutin Topić	SRB	41	20/05/12	Beograd, SRB
M 45	2.05		Charles Austin	USA	46	21/06/14	San Marcos, USA
M 50	1.98		Thomas Zacharias	GER	50	17/05/97	Baunatal, GER
M 55	1.91		Marco Segatel	ITA	55	08/07/17	Orvieto, ITA
M 60	1.82		Rüdiger Weber	GER	60	15/06/24	Erding, GER
M 65	1.68		Bruce McBarnette	USA	65	06/08/23	Columbia, USA
	1.68		Manfred Ziegler	GER	65	25/05/25	Vohenstrauß, GER
M 70	1.60		Dušan Prezelj	SLO	71	22/07/20	Ptuj, SLO
M 75	1.49		Carl-Erik Särndal	SWE	76	17/09/13	Lund, SWE
M 80	1.38		Carl-Erik Särndal	SWE	80	20/08/17	Karlskrona, SWE
M 85	1.28		Carl-Erik Särndal	SWE	85	24/07/22	Ystad, SWE
M 90	1.12		Brian Greaves	AUS	90	19/04/25	Adelaide, AUS
M 95	1.00		Emmerich Zensch	AUT	95	14/08/15	Lyon, FRA
M 100	.90		Donald Pellmann	USA	100	20/09/15	San Diego, USA

## Pole Vault

M 35	5.90		Björn Otto	GER	35	01/06/13	Eugene, USA
M 40	5.70		Jeff Hartwig	USA	40	29/06/08	Eugene, USA
M 45	5.25		Oscar Janson	SWE	45	13/08/22	Mölnadal, SWE
M 50	4.75		Gary Hunter	USA	51	04/08/07	Orono, USA
M 55	4.60		Wolfgang Ritte	GER	55	08/06/08	V. Friedrichsf, GER
M 60	4.32		Wolfgang Ritte	GER	60	19/05/13	Wipperfürth, GER
M 65	4.05		Wolfgang Ritte	GER	65	19/05/18	Wipperfürth, GER
M 70	3.53		Wolfgang Ritte	GER	70	24/09/23	Pescara, ITA
M 75	3.20		Donald Isett	USA	75	31/05/14	Dallas, USA
M 80	2.75		Bud Held	USA	80	04/10/08	Santa Barbara, USA
M 85	2.28		Frank Dickey	USA	85	09/04/17	San Antonio, USA
M 90	2.05		William Bell Sr	USA	91	12/07/13	Olathe, USA
M 95	1.35		William Bell Sr	USA	95	15/07/17	Baton Rouge, USA

## Long Jump

M 35	8.50	1.9	Larry Myricks	USA	35	15/06/91	New York, USA
	8.50	-1.3	Carl Lewis	USA	35	29/07/96	Atlanta, USA
M 40	7.68	1.5	Aaron Sampson	USA	40	21/06/02	Cedar City, USA
M 45	7.27	+1.2	Tapani Taavitsainen	FIN	46	21/08/90	Bern, SUI
M 50	6.84	+1.7	Tapani Taavitsainen	FIN	50	18/06/94	Geneve, SUI
M 55	6.50	+0.0	Gianni Becatti	ITA	55	09/09/18	Málaga, ESP
M 60	6.18	+2.0	Gianni Becatti	ITA	61	07/09/24	Pietrasanta, ITA
M 65	5.54	+0.5	Stanislaw Chmielewski	POL	66	05/07/25	Gorow Wielkopolski, POL
M 70	5.19	-0.8	Melvin Larsen	USA	70	12/08/94	Eugene, USA
M 75	4.83	0.8	Saburo Ishigami	JPN	75	25/08/05	Osaka, JPN
M 80	4.45	0.3	Eberhard Linke	GER	80	30/05/24	Kreuztal, GER
M 85	3.83	+1.1	Mamoru Saito	JPN	85	11/09/22	Maebashi, JPN
M 90	3.26		Donald Pellmann	USA	90	04/09/05	Fort Collins, USA
M 95	2.31	+0.1	William Platts	USA	95	09/10/23	St. George, USA
M 100	1.78	+0.0	Donald Pellmann	USA	100	20/09/15	San Diego, USA

**Triple Jump**

M 35	17.92	+0.7	Jonathan Edwards	GBR	35	06/08/01	Edmonton, CAN
M 40	16.93	-0.3	Fabrizio Donato	ITA	40	06/09/16	Rovereto, ITA
M 45	15.13	+0.2	Wolfgang Knabe	GER	45	22/05/05	Garbsen, GER
M 50	14.44	+0.0	Wolfgang Knabe	GER	50	18/07/09	Lübeck, GER
M 55	14.13	+0.7	Wolfgang Knabe	GER	55	28/08/14	Izmir, TUR
M 60	12.82	+0.2	Wolfgang Knabe	GER	61	10/07/21	Garbsen, GER
M 65	12.16	+1.1	Wolfgang Knabe	GER	66	23/08/25	Gotha, GER
M 70	10.77	+1.0	Arne Tefre	NOR	70	19/10/25	Madeira, POR
M 75	10.12	+1.6	Olle Borg	SWE	76	12/09/24	Arvika, SWE
M 80	9.29	-0.1	Eberhard Linke	GER	80	15/06/24	Erding, GER
M 85	8.17	+0.7	Aatos Sainio	FIN	85	04/07/10	Tampere, FIN
M 90	7.10	+0.6	Aatos Sainio	FIN	90	22/07/15	Kangasala, FIN
M 95	5.23	+1.1	Emmerich Zensch	AUT	95	09/08/15	Lyon, FRA
M100	3.52	+1.7	Giuseppe Ottaviani	ITA	100	08/07/16	Arezzo, ITA

**Shot Put**

M 35	22.48	7.26k	Joe Kovacs	USA	36	05/07/25	Eugene, USA
M 40	21.41	7.26k	Brian Oldfield	USA	40	22/08/85	Innsbruck, AUT
M 45	20.77	7.26k	Ivan Ivancic	YUG	45	31/08/83	Koblentz, GER
M 50	18.90	6k	Andy Dittmar	GER	51	20/09/25	Ohrdruf, GER
M 55	17.38	6k	Klaus Liedtke	GER	55	22/06/96	Gelsenkirchen, GER
M 60	18.37	5k	Klaus Liedtke	GER	60	23/06/01	Köln, GER
M 65	16.66	5k	Quenton Torbert	USA	65	30/04/17	Eugene, USA
M 70	16.33	4k	Quenton Torbert	USA	70	07/05/22	Eugene, USA
M 75	14.24	4k	Karl-Heinz Marg	GER	75	12/07/13	Mönchengladbach, GER
M 80	13.98	3k	Leo Saarinen	FIN	80	15/08/09	Kangasala, FIN
M 85	12.38	3k	Roland Heiler	GER	85	14/06/24	Erding, GER
M 90	10.49	3k	Östen Edlund	SWE	90	13/06/25	Gotland, SWE
M 95	8.21	3k	Donald Pellmann	USA	95	27/03/11	Palo Alto, USA
M100	6.56	3k	Donald Pellmann	USA	100	20/09/15	San Diego, USA
M105	3.25	3k	Hidekichi Miyazaki	JPN	105	23/09/15	Kyoto, JPN

**Discus**

M 35	71.56	2.0k	Virgiljus Alekna	LTU	35	25/07/07	Kaunas, LTU
M 40	70.28	2.0k	Virgiljus Alekna	LTU	40	23/06/12	Klaipeda, LTU
M 45	66.12	2.0k	Al Oerter	USA	45	28/03/82	Westfield, USA
M 50	68.40	1.5k	Klaus Weiffenbach	GER	52	10/05/97	Medelby, GER
M 55	64.58	1.5k	Klaus Liedtke	GER	59	08/10/00	Medelby, GER
M 60	66.36	1.0k	Klaus Liedtke	GER	60	19/05/01	Schwerte-Erg., GER
M 65	59.75	1.0k	Klaus Liedtke	GER	66	17/08/07	Oer-Erkenschwick, GER
M 70	55.27	1.0k	Carmelo Rado	ITA	74	30/09/07	Chiuro, ITA
M 75	49.21	1.0k	Carmelo Rado	ITA	75	05/10/08	Besana, ITA
M 80	41.13	1.0k	Östen Edlund	SWE	81	21/06/16	Tingståde, SWE
M 85	35.92	1.0k	Carmelo Rado	ITA	86	13/09/19	Venice, ITA
M 90	28.49	1.0k	Ian Reed	USA	90	17/09/17	San Diego, USA
M 95	20.35	1.0k	William Platts	USA	95	10/06/23	Las Vegas, USA
M100	14.86	1.0k	Donald Pellmann	USA	100	20/09/15	San Diego, USA
M105	7.50	1.0k	Stanisław Kowalski	POL	105	27/06/15	Toruń, POL

## Hammer

M 35	83.62	7.26k	Igor Astapkovich	BLR	35	20/06/98	Staiki, BLR
M 40	82.23	7.26k	Igor Astapkovich	BLR	41	10/07/04	Minsk, POL
M 45	79.42	7.26k	Oleksandr Drygol	UKR	45	29/01/12	Jablonec, CZE
M 50	73.70	6k	Oleksandr Drygol	ISR	52	08/07/18	Dnipro, UKR
M 55	67.27	6k	Jud Logan	USA	55	21/09/14	Ashland, USA
M 60	63.32	5k	Arild Busterud	NOR	60	28/07/08	Ljubljana, SLO
M 65	60.65	5k	Arild Busterud	NOR	65	23/07/13	Tönsberg, NOR
M 70	59.04	4k	Edward Burke	USA	70	07/08/10	Lisle, USA
M 75	51.88	4k	Jerzy Jabłoński	POL	77	28/03/23	Toruń, POL
M 80	50.96	3k	Heimo Viertbauer	AUT	80	29/09/24	Moosach, GER
M 85	43.17	3k	Walter Krifka	AUT	85	18/06/22	Linz, AUT
M 90	28.97	3k	Lothar Huchthausen	GER	90	18/10/25	Madeira, POR
M 95	22.01	3k	Antonio Antunes da Fonseca	BRA	96	13/07/11	Sacramento, USA
M100	11.32	3k	Trent Lane	USA	101	21/06/11	Humble, USA

## Javelin (gm)

M 35	92.80	800	Jan Zelezny	CZE	35	12/08/01	Edmonton, CAN
M 40	85.92	800	Jan Zelezny	CZE	40	09/08/06	Gothenburg, SWE
M 45	77.15	800	Peter Blank	GER	45	28/05/07	Rehlingen, GER
M 50	76.16	700	Roald Bradstock - old Javelin	GBR	50	02/06/12	Clermont, USA
M 50	60.95	700	Olaf Schumann	GER	50	29/03/26	Toruń, POL
M 55	66.76	700	Roald Bradstock - old javelin	GBR	55	13/05/17	Clermont, USA
M 55	43.99	700	Lars Koehler	GER	57	29/03/26	Toruń, POL
M 60	62.47	600	Esa Kiuru	FIN	60	21/07/07	Koria, FIN
M 65	58.58	600	Esa Kiuru	FIN	65	27/05/12	Helsinki, FIN
M 70	54.47	500	Esa Kiuru	FIN	74	10/07/21	Orivesi, FIN
M 75	52.15	500	Esa Kiuru	FIN	75	20/08/22	Vilppula, FIN
M 80	45.85	400	Jouni Tenhu	FIN	80	09/09/19	Venice, ITA
M 85	40.09	400	Jouni Tenhu	FIN	85	19/08/24	Gothenburg, SWE
M 90	31.46	400	William Platts	USA	90	27/07/18	Spokane, USA
M 95	25.26	400	William Platts	USA	95	07/05/23	Eugene, USA
M100	12.42	400	Takashi Shimokawara	JPN	101	26/10/07	Iwate, JPN

## Weight Throw

M 35	25.17	15.88k	Juriy Tamm	EST	35	11/07/92	Mäntyharju, FIN
M 40	21.66	15.88k	Christian Harmse	RSA	43	01/04/17	Pretoria, RSA
M 45	20.79	15.88k	Oleksandr Drygol	UKR	45	12/09/11	Lignano, ITA
M 50	24.24	11.34k	Jud Logan	USA	50	17/10/09	Bowling Green, USA
M 55	23.03	11.34k	Mariusz Walczak	POL	55	27/03/26	Toruń, POL
M 60	24.20	9.08k	Arild Busterud	NOR	60	25/07/08	Ljubljana, SLO
M 65	22.10	9.08k	Arild Busterud	NOR	67	05/08/15	Lyon, FRA
M 70	23.15	7.26k	Arild Busterud	NOR	70	11/09/18	Málaga, ESP
M 75	20.69	7.26k	Arild Busterud	NOR	75	29/09/23	Pescara, ITA
M 80	20.01	5.45k	Jerzy Jabłoński	POL	80	24/08/25	Warsaw, POL
M 85	16.65	5.45k	Carmelo Rado	ITA	85	15/09/18	Ancona, ITA
M 90	12.13	5.45k	Östen Edlund	SWE	90	13/06/25	Gotland, SWE
M 95	8.25	5.45k	William Platts	USA	95	07/10/23	Las Vegas, USA
M100	5.27	5.45k	Lauri Helle	FIN	100	08/06/25	Perniö, FIN

## Pentathlon

M 35	3647	Franz Mayr	GER	35	25/08/91	Aichach, GER
M 40	3921	Mattias Sunneborn	SWE	40	15/06/11	Sättra, SWE
M 45	3762	Thomas Stewens	GER	46	29/09/12	Nieder-Olm, GER
M 50	4033	Paul Jeffery - old 700 javelin	AUS	51	02/03/25	Perth, AUS
M 50		to be set with new 700gm javelin				
M 55	4049	Thomas Stewens- old 700 javelin	GER	55	29/05/22	Stendal, GER
M 55		to be set with new 700gm javelin				
M 60	4144	Dieter Bartzsch	GER	60	18/06/00	Lage, GER
M 65	3853	Wim Threels	NED	68	27/09/20	Stendal, GER
M 70	3827	Wim Threels	NED	70	29/05/22	Stendal, GER
M 75	3620	Sherwood Sagedahl	USA	75	17/07/14	Winston-Salem, USA
M 80	3180	Sherwood Sagedahl	USA	80	11/07/19	Ames, USA
M 85	2872	Ted Rowan	CAN	85	03/08/18	Surrey, CAN
M 90	2369	Ralph Maxwell	USA	91	11/06/11	Raleigh, USA
M 95	3311	William Platts	USA	96	18/07/24	Sacramento, USA

## Decathlon

M 35	8500	Lev Lobodin	RUS	35	30/05/04	Götzis, AUT
M 40	8451	Kip Janvrin	USA	40	24/08/05	San Sebastian, ESP
M 45	7719	Paul Jeffery	AUS	45	24/07/19	Perth, AUS
M 50	8140	Mattias Sunneborn - old 700 javelin	SWE	50	22/08/21	Copenhagen, DEN
M 50		to be set with new 700gm javelin				
M 55	8158	Thomas Stewens - old 700 javelin	GER	55	19/09/21	Bad Nauheim, GER
M 55		to be set with new 700gm javelin				
M 60	7735	Wolfgang Ritte	GER	61	01/06/14	Stendal, GER
M 65	7780	Vytautas Zaniauskas	LTU	65	11/10/25	Madeira, POR
M 70	7501	Valdis Cela	LAT	70	27/05/18	Stendal, GER
M 75	7752	Rolf Geese	GER	75	02/06/19	Stendal, GER
M 80	7052	Robert Hewitt	USA	80	23/06/13	Charlotte, USA
M 85	6401	Willi Klaus	GER	85	22/09/24	Herzogenaurach, GER
M 90	5320	Ralph Maxwell	USA	91	07/07/11	Sacramento, USA

## Throws Pentathlon

M 35	4396	Alfred Kruger III	USA	35	21/09/14	Ashland, USA
M 40	4699	Chris Harmse	RSA	41	16/05/15	Port Elizabeth, RSA
M 45	4421	Iver Hytten	NOR	46	28/04/12	Tönsberg, NOR
M 50	4553	Norbert Demmel - old 700 javelin	GER	53	14/05/16	Dingolfing, GER
M 50						
M 55	4910	Norbert Demmel - old 700 javelin	GER	55	04/09/18	Málaga, ESP
M 55						
M 60	4726	Norbert Demmel	GER	60	20/05/23	Linz, AUT
M 65	4912	Arild Busterud	NOR	65	26/10/13	Porto Alegre, BRA
M 70	4657	Arild Busterud	NOR	70	15/09/18	Málaga, ESP
M 75	4805	Carmelo Rado	ITA	75	26/10/08	Biella, ITA
M 80	4412	Hermann Albrecht	GER	80	18/07/20	Osnabrück, GER
M 85	4617	Östen Edlund	SWE	85	19/09/20	Sollentuna, SWE
M 90	4238	Östen Edlund	SWE	90	06/07/25	Tumba, SWE
M 95	4470	William Platts	USA	95	07/10/23	Las Vegas, USA
M100	2453	Lauri Helle	FIN	100	08/06/25	Perniö, FIN

## 4x100m

M35	40.92	Arakaki,Yano,Yamakawa,Toma	JPN	10/09/23	Okinawa, JPN
M40	42.18	Carty,Bradley,Elliott,Chambers	GBR	19/08/18	London, GBR
M45	43.27	Fukuzato,Minakuchi,Koga,Asahara	JPN	06/12/19	Kuching, MAS
M50	44.08	Sato,Minakuchi,Akabori,Fukuzato	JPN	17/08/24	Gothenburg, SWE
M55	45.07	Pendland,Husain,Hightower,Gibbon	USA	17/08/24	Gothenburg, SWE
M60	47.93	Peterson,Wilson,Allie,Sanders	USA	17/07/11	Sacramento, USA
M65	49.22	Logan,Wright,Huskisson,Hunter	GBR	18/10/25	Madeira, POR
M70	51.12	Jones,Kish,Snow,Stevens	USA	17/08/24	Gothenburg, SWE
M75	55.44	Beckering,Lange,Schmid,Müller	GER	31/08/14	Izmir, TUR
M80	1:01.83	Albrecht,Herbst,Schumacher,Breder,	GER	01/08/04	Århus, DEN
M85	1:07.03	Ishida,Tanaka,Masuda,Ishikawa	JPN	28/10/18	Nara City, JPN
M90	1:27.36	Maiocchi,Paderno,Vanda,Marchioni	ITA	25/10/25	Novara, ITA

## 4x400m

M35	3:16.53	Benjamin,Cox,Robson,Willis	GBR	25/08/24	Gothenburg, SWE
M40	3:20.83	Allah,Morning,Gonera,Blackwell	USA	28/04/01	Philadelphia, USA
M45	3:22.79	Vickers,Gomes,Bridges,Woodard	USA	29/04/17	Philadelphia, USA
M50	3:31.76	Sullivan,Moody,Gatling,Blackwell	USA	17/07/11	Sacramento, USA
M55	3:40.62	Allie,Haywood,Collins,Grant	USA	23/04/10	Philadelphia, USA
M60	3:51.19	Spitzer,Oberliessen,Strehle,Gröger	GER	25/08/24	Gothenburg, SWE
M65	4:01.03	Ortman,Allie,Jones,Haywood	USA	01/09/19	Alexandria, USA
M70	4:17.47	Scheidt,Nehren,Klaus,Müller	GER	08/08/09	Lahti, FIN
M75	4:47.85	Jakob,Klaus,Knorr,Müller	GER	16/08/15	Lyon, FRA
M80	5:32.29	Carr,Harrod,Coffey,Hughes	AUS	05/11/12	Gold Coast, AUS
M85	6:53.22	Vecchi,Marchioni,Bertaggia,Paderno	ITA	08/10/22	Pistoia, ITA
M90	8:17.56	Corvetti,Vanda,Marchioni,Paderno	ITA	25/10/25	Novara, ITA

## 4x800m

M35	7:34.86	Wakefield,Scott,Revier,Proctor	GBR	24/08/25	Bury, GBR
M40	7:54.17	Hinton,Pope,Paulk,Young	USA	27/06/04	Eugene, USA
M45	8:10.98	Davis,Locker,Thie,Thurstan	GBR	25/08/23	Redditch, GBR
M50	8:25.79	Duren,Johansson,Olsson,Björkman	SWE	20/08/16	Upplands Väsby, SWE
M55	8:46.03	Allen,Ridley,Haines,Atkinson	GBR	25/8/23	Redditch, GBR
M60	9:04.92	McHarg,Andrew,Ridley,Clarke	GBR	14/09/24	Birmingham, GBR
M65	10:16.67	Owen,Whitaker,Lebold,Westenberg	USA	18/07/24	Sacramento, USA
M70	10:35.59	Webster,Thorp,Jackson,Oxland	GBR	09/07/22	Birmingham, GBR
M75	11:48.83	Mayfield,Fuller,Elward,Lamb	AUS	10/09/25	Brisbane, AUS
M80	14:01.14	Ebermann,Müller,Girault,Beecker	GER	27/09/13	Essen, GER
M85	23:28.41	Cordero,Masterson,Satyaprasad,Randall	USA	18/07/24	Sacramento, USA
M90	28:17.10	Ross,Rogers,Englert,Boyle	USA	20/07/14	Winston-Salem, USA

## 4x400m Mixed

35	3:36.07	Robson,Balogun,Cox,Sutton	GBR	18/10/25	Madeira, POR
40	3:39.33	Olgren,Johansson,Eklöf,Tigner	SWE	18/10/25	Madeira, POR
45	4:03.83	McMahon,Perry,Tolpigin,Power	AUS	20/04/25	Adelaide, AUS
50	3:44.59	Wallen,Akervall,Sunneborn,Hermundstad	SWE	18/10/25	Madeira, POR
55	3:56.45	Ramirez,Franco,Lopéz,Colas	ESP	18/10/25	Madeira, POR
60	4:04.77	Elie,Mitchell,Odele,Thomas	GBR	18/10/25	Madeira, POR
65	4:35.66	Cocke,Tolfes,Baars,Wählstedt	SWE	18/10/25	Madeira, POR
70	4:57.21	Kreemke,Goettner,Michelchen,Rett	GER	18/10/25	Madeira, POR
75					
80	7:57.70	Juopperi,Holmberg,Yla-Liedenpohja,Pihlaja	FIN	18/10/25	Madeira, POR

**3000m Race Walk**

M 35	11:16.38	David Smith	AUS	37	28/11/92	Brisbane, AUS
M 40	11:28.21	Willi Sawall	AUS	40	21/02/82	Melbourne, AUS
M 45	12:06.0	Gary Little	NZL	49	23/11/91	Auckland, NZL
M 50	12:18.0	Gary Little	NZL	51	23/01/93	Auckland, NZL
M 55	12:44.0	Willi Sawall	AUS	55	14/12/96	Geelong, AUS
M 60	13:15.11	Morotti Graziano	ITA	60	25/05/11	Milano, ITA
M 65	14:17.84	Ian Richards	GBR	66	09/08/14	Birmingham, GBR
M 70	15:07.43	Ian Richards	GBR	70	25/08/18	Birmingham, GBR
M 75	16:19.5	James Grimwade	GBR	75	12/07/87	Corby, GBR
M 80	18:52.85	James Grimwade	GBR	84	08/10/96	Exeter, GBR
M 85	19:31.0	Albert Augustus Theobald	AUS	85	10/04/82	Perth, AUS
M 90	21:21.3	Albert Augustus Theobald	AUS	90	15/04/87	Murrumbena, AUS

**5000m Race Walk**

M 35	18:30.43	Maurizio Damilano	ITA	35	11/06/92	Caserta, ITA
M 40	19:45.65	Willi Sawall	AUS	42	31/03/84	Melbourne, AUS
M 45	20:28.28	Alex Florez Studer	ESP	46	03/06/17	Palma, ESP
M 50	21:01.0	Gary Little	NZL	50	16/02/92	Christchurch, NZL
M 55	22:11.5	Willi Sawall	AUS	55	26/01/97	Ballarat, AUS
M 60	22:38.7	Andrew Jamieson	AUS	60	01/03/07	Melbourne, AUS
M 65	24:13.10	Ian Richards	GBR	65	18/10/13	Porto Alegre, BRA
M 70	25:48.50	Ian Richards	GBR	70	28/08/18	Birmingham, GBR
M 75	27:40.0	James Grimwade	GBR	75	28/06/87	Solihull, GBR
M 80	29:24.1	James Grimwade	GBR	80	07/06/92	Solihull, GBR
M 85	33:15.0	Albert Augustus Theobald	AUS	85	10/04/82	Perth, AUS
M 90	35:10.0	Albert Augustus Theobald	AUS	90	18/04/87	Melbourne, AUS