

WMA OUTDOOR PENTATHLON RECORDS - MEN



Age			Points	long jump	javelin	200m	discus	1500m	DATE	Location
35	Franz Mayr	GER	3647	6.57 <i>771</i>	51.28 <i>641</i>	23.58 <i>777</i>	39.58 <i>656</i>	4:25.39 <i>802</i>	25/08/1991	Aichach, GER
40	Matthias Sunneborn	SWE	3921	7.14 (0.9) <i>1017</i>	46.79 <i>625</i>	22.06 (2.3) <i>994</i>	37.52 <i>628</i>	4:57.73 <i>657</i>	15/06/2011	Sätra, SWE
46	Thomas Stewens	GER	3762	6.13 (0.0) <i>840</i>	45.84 <i>671</i>	24.84 (0.8) <i>803</i>	35.85 <i>642</i>	4:43.26 <i>806</i>	29/09/2012	Nieder-Olm, GER
50										
55	Mattias Sunneborn	SWE	3628	5.72(1.6) <i>925</i>	40.33 <i>650</i>	25.39 (-1.2) <i>900</i>	33.61 <i>595</i>	5:52.24 <i>558</i>	20/09/2026	Saltsjö-Boo, SWE
60	Dieter Bartzsch	GER	4144	5.42 (1.5) <i>940</i>	48.25 <i>828</i>	25.38 (1.3) <i>975</i>	44.61 <i>727</i>	5:43.85 <i>674</i>	18/06/2000	Lage, GER
68	Wim Threels	NED	3853	5.04(-0.2) <i>922</i>	38.47 <i>714</i>	27.49 (0.9) <i>874</i>	33.37 <i>570</i>	5:40.12 <i>773</i>	27/09/2020	Stendal, GER
70	Wim Threels	NED	3827	4.28 (0.9) <i>755</i>	38.96 <i>747</i>	28.70 (-0.4) <i>854</i>	32.69 <i>632</i>	5:43.77 <i>839</i>	29/05/2022	Stendal, GER
75	Sherwood Sagedahl	USA	3620	3.72 (-1.7) <i>650</i>	32.57 <i>704</i>	31.12 (-0.7) <i>753</i>	30.45 <i>669</i>	6:01.04 <i>844</i>	17/07/2014	Winston-Salem, USA
80	Sherwood Sagedahl	USA	3180	3.19(0.9) <i>561</i>	23.81 <i>498</i>	33.86(-1.1) <i>668</i>	24.10 <i>592</i>	6:20.17 <i>861</i>	11/07/2019	Ames, USA
85	Ted Rowan	CAN	2872	3.15 (0.0) <i>700</i>	22.94 <i>592</i>	36.30 (2.2) <i>674</i>	21.03 <i>607</i>	9:38.84 <i>299</i>	03/08/2018	Surrey, CAN
91	Ralph Maxwell	USA	2369	2.60 (1.3) <i>641</i>	17.02 <i>529</i>	43.56 (-1.2) <i>514</i>	14.60 <i>487</i>	11:46.48 <i>198</i>	11/06/2011	Raleigh, USA
95	William Platts	USA	3311	2.20(-0.1) <i>695</i>	23.78 <i>1088</i>	57.91(-1.7) <i>259</i>	19.64 <i>933</i>	12:52.51 <i>336</i>	18/07/2024	Sacramento, USA

(Scored with the WMA 2023 Age Factors)

01 October 2026