

# WMA STADIA CHAMPIONSHIP RECORDS - MEN



<b>100m</b>		Name	Country	
<b>M35</b>	10.72	Ibrahim Makonjo	KEN	Gothenburg, SWE 2024
<b>M40</b>	10.85	Antoine Echols	USA	Gothenburg, SWE 2024
<b>M45</b>	10.84	Dominic Bradley	GBR	Tampere, FIN 2022
<b>M50</b>	10.96	Willie Gault	USA	Sacramento, USA 2011
<b>M55</b>	11.55	David Gibbon	USA	Tampere, FIN 2022
<b>M60</b>	11.90	Allan Tissenbaum	USA	Tampere, FIN 2022
<b>M65</b>	12.43	Stephen Peters	GBR	Tampere, FIN 2022
	12.43	B John Wright	GBR	Gothenburg, SWE 2024
<b>M70</b>	12.83	Ron Stevens	USA	Gothenburg, SWE 2024
<b>M75</b>	13.63	Bruno Kimmel	GER	Lahti, FIN 2009
<b>M80</b>	14.31	Hartmut Kraemer	GER	Tampere, FIN 2022
<b>M85</b>	15.82	Hiroo Tanaka	JPN	Perth, AUS 2016
<b>M90</b>	17.51	Radnaa Tseren	MGL	Gothenburg, SWE 2024
<b>M95</b>	21.12	Frederico Fischer	BRA	Porto Alegre, BRA 2013
<b>M100</b>	39.97	Waldo McBurney	USA	Caroline, PUR 2003
<b>200m</b>				
<b>M35</b>	21.57	Antwon Dussett	USA	Sacramento, USA 2011
<b>M40</b>	21.75	Tamuonengiye Ossai	GBR	Lyon, FRA 2015
<b>M45</b>	22.21	Stephen Peters	GBR	Gateshead, GBR 1999
<b>M50</b>	23.03	Robert Moen	NED	Lyon, FRA 2015
<b>M55</b>	23.50	Stephen Peters	GBR	Lahti, FIN 2009
<b>M60</b>	24.21	Stephen Peters	GBR	Porto Alegre, BRA 2013
<b>M65</b>	24.84	Stephen Peters	GBR	Málaga, ESP 2018
<b>M70</b>	26.06	Charles Allie	USA	Málaga, ESP 2018
<b>M75</b>	28.05	Robert Lida	USA	Porto Alegre, BRA 2013
<b>M80</b>	30.52	Friedhelm Adorf	GER	Gothenburg, SWE 2024
<b>M85</b>	33.27	Yoshiyuki Shimizu	BRA	Porto Alegre, BRA 2013
<b>M90</b>	37.16	Yoshiyuki Shimizu	BRA	Málaga, ESP 2018
<b>M95</b>	48.69	Friedrich Mahlo	GER	Riccione, ITA 2007
<b>400m</b>				
<b>M35</b>	47.34	Antwon Dussett	USA	Sacramento, USA 2011
<b>M40</b>	48.10	Rolf Gisler	SUI	Buffalo, USA 1995
<b>M45</b>	50.23	David Elderfield	GBR	Brisbane, AUS 2001
<b>M50</b>	51.41	Roland Groeger	GER	Perth, AUS 2016
<b>M55</b>	52.24	Charles Allie	USA	Caroline, PUR 2003
<b>M60</b>	53.88	Ralph Romain	TTO	Buffalo, USA 1995
<b>M65</b>	56.22	B John Wright	GBR	Gothenburg, SWE 2024
<b>M70</b>	57.26	Charles Allie	USA	Málaga, ESP 2018
<b>M75</b>	1:04.23	Roberto Paesani	ITA	Tampere, FIN 2022
<b>M80</b>	1:11.53	Hiroo Tanaka	JPN	Sacramento, USA 2011
<b>M85</b>	1:20.46	Yoshiyuki Shimizu	BRA	Porto Alegre, BRA 2013
<b>M90</b>	1:29.35	Yoshiyuki Shimizu	BRA	Málaga, ESP 2018
<b>M95</b>	2:32.33	Konstantinos Chatziemmanouil	GRE	Gothenburg, SWE 2024

## 800m

<b>M35</b>	1:49.90	Mohammad Shaween	KSA	Gothenburg, SWE 2024
<b>M40</b>	1:51.01	Anthony Whiteman	GBR	Lyon, FRA 2015
<b>M45</b>	1:56.18	Bruno Anicet	FRA	Tampere, FIN 2022
<b>M50</b>	1:57.98	Brian Tullis	USA	Gothenburg, SWE 2024
<b>M55</b>	2:04.79	Anselm Lebourne	USA	Lyon, FRA 2015
<b>M60</b>	2:09.67	Andrew Ridley	GBR	Gothenburg, SWE 2024
<b>M65</b>	2:14.33	Earl Fee	CAN	Buffalo, USA 1995
<b>M70</b>	2:21.95	Earl Fee	CAN	Gateshead, GBR 1999
<b>M75</b>	2:36.28	Earl Fee	CAN	San Sebastián, ESP 2005
<b>M80</b>	2:47.52	Jean-Louis Esnault	FRA	Tampere, FIN 2022
<b>M85</b>	3:25.36	Hiroo Tanaka	JPN	Perth, AUS 2016
<b>M90</b>	3:41.55	David Carr	AUS	Tampere, FIN 2022
<b>M95</b>	5:46.82	Konstantinos Chatziemmanouil	GRE	Gothenburg, SWE 2024

## 1500m

<b>M35</b>	3:51.08	Mohammad Shaween	KSA	Gothenburg, SWE 2024
<b>M40</b>	3:49.47	Waigwa Wilson	KEN	Eugene, USA 1989
<b>M45</b>	4:01.21	Rod Dixon	NZL	Buffalo, USA 1995
<b>M50</b>	4:01.54	David Heath	GBR	Lyon, FRA 2015
<b>M55</b>	4:12.35	Keith Bateman	AUS	Sacramento, USA 2011
<b>M60</b>	4:24.23	Andrew Ridley	GBR	Gothenburg, SWE 2024
<b>M65</b>	4:41.82	Jack Ryan	AUS	Melbourne, AUS 1987
<b>M70</b>	4:52.95	Ron Robertson	NZL	Sacramento, USA 2011
<b>M75</b>	5:29.42	Jean-Louis Esnault	FRA	Lyon, FRA 2015
<b>M80</b>	5:48.93	Ed Whitlock	CAN	Sacramento, USA 2011
<b>M85</b>	7:03.38	Longino Perez	MEX	Melbourne, AUS 1987
<b>M90</b>	7:38.35	David Carr	AUS	Tampere, FIN 2022
<b>M95</b>	16:09.84	Gabriele Bianchi	ITA	Málaga, ESP 2018
<b>M100</b>	19:59.54	Lesley Amey	AUS	Brisbane, AUS 2001

## 5000m

<b>M35</b>	14:37.35	Vyacheslav Prykhodko	UKR	Riccione, ITA 2007
<b>M40</b>	14:03.14	Gaston Roelants	BEL	Gothenburg, SWE 1977
<b>M45</b>	14:41.30	Mustafa Mohamed	SWE	Gothenburg, SWE 2024
<b>M50</b>	14:51.38	Francis Kipkoech Bowen	KEN	Gothenburg, SWE 2024
<b>M55</b>	15:53.65	Ron Roberson	NZL	Durban, RSA 1997
<b>M60</b>	16:16.51	Ron Roberson	NZL	Brisbane, AUS 2001
<b>M65</b>	16:43.44	Alastair Walker	GBR	Tampere, FIN 2022
<b>M70</b>	18:15.53	Ron Robertson	NZL	Sacramento, USA 2011
<b>M75</b>	20:00.13	James Todd	GBR	Durban, RSA 1997
<b>M80</b>	21:32.87	Ed Whitlock	CAN	Sacramento, USA 2011
<b>M85</b>	24:24.94	Fokke Kramer	GER	Gothenburg, SWE 2024
<b>M90</b>	29:47.83	David Carr	AUS	Tampere, FIN 2022
<b>M95</b>	50:23.53	Herb Kirk	USA	Turku, FIN 1991

## Short Hurdles

<b>M35</b>	13.89	Damien Broothaerts	BEL	Málaga, ESP 2018
<b>M40</b>	13.73	David Ashford	USA	Caroline, PUR 2003
<b>M45</b>	14.64	Mensah Elliott	GBR	Tampere, FIN 2022
<b>M50</b>	13.71	Joe Appiah	GBR	Tampere, FIN 2022
<b>M55</b>	14.62	Damon Blakemore	USA	Málaga, ESP 2018
<b>M60</b>	14.78	Thad Wilson	USA	Sacramento, USA 2011
<b>M65</b>	15.47	Rolf Geese	GER	Lahti, FIN 2009
<b>M70</b>	12.86	Thad Wilson	USA	Tampere, FIN 2022
<b>M75</b>	13.67	Takehiro Yasui	JPN	Perth, AUS 2016
<b>M80</b>	15.15	Tony Bowman	GBR	Perth, AUS 2016
<b>M85</b>	18.27	Hugo Antonio Delgado Flores	PER	Lahti, FIN 2009

## Long Hurdles

<b>M35</b>	52.70	Radosław Czyż	POL	Gothenburg, SWE 2024
<b>M40</b>	52.76	James King	USA	Eugene, USA 1989
<b>M45</b>	55.59	James Atteen Fernández	ESP	Tampere, FIN 2022
<b>M50</b>	54.91	Ian Weakly	USA	Gothenburg, SWE 2024
<b>M55</b>	58.92	Guido Mueller	GER	Buffalo, USA 1995
<b>M60</b>	42.31	Guido Mueller	GER	Gateshead, GBR 1999
<b>M65</b>	44.71	Guido Müller	GER	Riccione, ITA 2007
<b>M70</b>	47.38	Hans-Jürgen Frühauf	GER	Lyon, FRA 2015
<b>M75</b>	50.02	Guido Müller	GER	Lyon, FRA 2015
<b>M80</b>	36.06	John MacDermott	IRL	Gothenburg, SWE 2024
<b>M85</b>	45.13	Hugo Antonio Delgado Flores	PER	Sacramento, USA 2011

## Steeplechase

<b>M35</b>	9:15.13	Ciaran Doherty	IRL	Sacramento, USA 2011
<b>M40</b>	8:56.74	Gaston Roelants	BEL	Gothenburg, SWE 1977
<b>M45</b>	9:25.28	Ron Robertson	NZL	Melbourne, AUS 1987
<b>M50</b>	9:43.97	Ron Robertson	NZL	Turku, FIN 1991
<b>M55</b>	9:55.05	Ron Robertson	NZL	Durban, RSA 1997
<b>M60</b>	6:30.21	Ron Robertson	NZL	Brisbane, AUS 2001
<b>M65</b>	7:29.51	Ewald Schaffer	AUT	Riccione, ITA 2007
<b>M70</b>	7:10.03	Ron Robertson	NZL	Sacramento, USA 2011
<b>M75</b>	8:49.01	Jean-Louis Esnault	FRA	Lyon, FRA 2015
<b>M80</b>	9:37.53	David Carr	AUS	Porto Alegre, BRA 2013
<b>M85</b>	11:24.55	David Carr	AUS	Málaga, ESP 2018
<b>M90</b>	12:50.43	David Carr	AUS	Tampere, FIN 2022

## High Jump

<b>M35</b>	2.10	Karl Lumi	EST	Tampere, FIN 2022
<b>M40</b>	2.11	Jim Barrineau	USA	Buffalo, USA 1995
<b>M45</b>	1.98	Marco Segatel	ITA	Riccione, ITA 2007
<b>M50</b>	1.90	Bruce McBarnette	USA	Lahti, FIN 2009
<b>M55</b>	1.81	Marco Segatel	GBR	Málaga, ESP 2018
	1.81	Georgios Farmakis	GRE	Tampere, FIN 2022
<b>M60</b>	1.76	Rüdiger Weber	GER	Gothenburg, SWE 2024
<b>M65</b>	1.65	Dušan Prezelj	SLO	Lyon, FRA 2015
<b>M70</b>	1.57	John Dobroth,	USA	Sacramento, USA 2011
	1.57	Ulf Tudem	NOR	Tampere, FIN 2022
<b>M75</b>	1.46	Carl-Erik Sarndal	SWE	Porto Alegre, BRA 2013
<b>M80</b>	1.31	Gudmund Skrivervik	NOR	Brisbane, AUS 2001
<b>M85</b>	1.22	Willi Klaus	GER	Gothenburg, SWE 2024
<b>M90</b>	1.05	Gudmund Skrivervik	NOR	Sacramento, USA 2011
<b>M95</b>	1.00	Emmerich Zensch	AUT	Lyon, FRA 2015

## Pole Vault

<b>M35</b>	5.11	Dennis Schober	GER	Gothenburg, SWE 2024
<b>M40</b>	4.80	Mikael Westö	FIN	Tampere, FIN 2022
<b>M45</b>	4.78	Wolfgang Ritte	GER	Gateshead, GBR 1999
<b>M50</b>	4.65	Jonas Asplund	SWE	Gothenburg, SWE 2024
<b>M55</b>	4.25	Wolfgang Ritte	GER	Lahti, FIN 2009
<b>M60</b>	4.00	Wolfgang Ritte	GER	Lyon, FRA 2015
<b>M65</b>	3.90	Wolfgang Ritte	GER	Málaga, ESP 2018
<b>M70</b>	3.20	Don Isett	USA	Sacramento, USA 2011
<b>M75</b>	2.95	Jarmo Lipasti	FIN	Gothenburg, SWE 2024
<b>M80</b>	2.55	Lars Wennblom	SWE	Lyon, FRA 2015
<b>M85</b>	1.90	Ahti Pajunen	FIN	Buffalo, USA 1995
	1.90	Knut Henrik Skramstad	NOR	Tampere, FIN 2022

## Long Jump

<b>M35</b>	7.43	Almicar Demetrio Bonell-Mora	ITA	Lyon, FRA 2015
<b>M40</b>	7.40	James Beckford	JAM	Lyon, FRA 2015
<b>M45</b>	6.80	William R	ESP	Turku, FIN 1991
<b>M50</b>	6.59	Tapani Taavitsainen	FIN	Buffalo, USA 1995
<b>M55</b>	6.50	Gianni Becatti	ITA	Málaga, ESP 2018
<b>M60</b>	5.68	Jorge Paez	ESP	Lahti, FIN 2009
<b>M65</b>	5.44	Wolfgang Ritte	GER	Malaga, ESP 2018
<b>M70</b>	4.98	Valdis Cela	LAT	Malaga, ESP 2018
<b>M75</b>	4.72	Eberhard Linke	GER	Tampere, FIN 2022
<b>M80</b>	4.45	Eberhard Linke	GER	Gothenburg, SWE 2024
<b>M85</b>	3.74	Lothar Fischer	GER	Tampere, FIN 2022
<b>M90</b>	3.25	Yoshiyuki Shimizu	BRA	Málaga, ESP 2018
<b>M95</b>	2.15	Emmerich Zensch	AUT	Lyon, FRA 2015
<b>M100</b>	0.83	Giuesppe Ottaviani	ITA	Málaga, ESP 2018

## Triple Jump

<b>M35</b>	15.08	Majid Ghazi M Muhammad	KSA	Tampere, FIN 2022
<b>M40</b>	15.70	Milan Tiff	USA	Eugene, USA 1989
<b>M45</b>	14.33	Wolfgang Knabe	GER	Riccione , ITA 2007
<b>M50</b>	13.90	Wolfgang Knabe	GER	Sacramento, USA 2011
<b>M55</b>	13.89	Wolfgang Knabe	GER	Lyon, FRA 2015
<b>M60</b>	12.33	Pericles Pinto	POR	Durban, RSA 1997
<b>M65</b>	11.26	Jürgen Lamp	EST	Lahti, FIN 2009
<b>M70</b>	10.35	Valdis Cela	LAT	Malaga, ESP 2018
<b>M75</b>	9.80	Olle Borg	SWE	Göteborg, SWE 2024
<b>M80</b>	8.95	Mazumi Morita	JPN	Miyazaki, JPN 1993
<b>M85</b>	8.08	Yoshiyuki Shimizu	BRA	Porto Alegre, BRA 2013
<b>M90</b>	6.98	Yoshiyuki Shimizu	BRA	Málaga, ESP 2018
<b>M95</b>	5.23	Emmerich Zensch	AUT	Lyon, FRA 2015
<b>M100</b>	2.23	Giuseppe Ottaviani	ITA	Málaga, ESP 2018

## Shot Put

<b>M35</b>	16.99	Dubravko Brdovčak	CRO	Lyon, FRA 2015
<b>M40</b>	18.30	Fred Schladen	GER	Hannover, GER 1979
<b>M45</b>	17.91	Stuart Gyngell	AUS	Sacramento, USA 2011
<b>M50</b>	18.45	Klaus Liedtke	GER	Turku, FIN 1991
<b>M55</b>	16.14	James Patterson	USA	Málaga, ESP 2018
<b>M60</b>	16.74	David Scott Eriksson	USA	Göteborg, SWE 2024
<b>M65</b>	15.23	Quenton Torbert	USA	Málaga, ESP 2018
<b>M70</b>	14.93	Karl---Heinz Marg	GER	Lahti, FIN 2009
<b>M75</b>	13.00	Erik Eriksson	FIN	Gateshead, GBR 1999
<b>M80</b>	13.50	Leo Saarinen	FIN	Lahti, FIN 2009
<b>M85</b>	12.06	Roland Heiler	GER	Göteborg, SWE 2024
<b>M90</b>	9.54	Frederico Fischer	BRA	Riccione, ITA 2007
<b>M95</b>	7.27	Frederico Fischer	BRA	Porto Alegre, BRA 2013
<b>M100</b>	4.12	Waldo McBurney	USA	Caroline, PUR 2003

## Discus

<b>M35</b>	58.22	Alexander Borichevskiy	RUS	Lahti, FIN 2009
<b>M40</b>	60.36	Al Oerter	USA	Göteborg, SWE 1977
<b>M45</b>	55.54	Frantz Kruger	FIN	Tampere, FIN 2022
<b>M50</b>	62.74	Al Oerter	USA	Eugene, USA 1989
<b>M55</b>	54.10	Lothar Pongratz	GER	Riccione, ITA 2007
<b>M60</b>	59.52	Norbert Demmel	GER	Göteborg, SWE 2024
<b>M65</b>	52.98	Klaus Liedtke	GER	Lahti, FIN 2009
<b>M70</b>	47.76	Kauko Jouppila	FIN	Turku, FIN 1991
<b>M75</b>	43.17	Roger Busch	USa	Perth, AUS 2016
<b>M80</b>	37.94	Östen Edlund	SWE	Lyon, FRA 2015
<b>M85</b>	32.98	Roland Heiler	GER	Göteborg, SWE 2024
<b>M90</b>	26.91	Takumi Matsushima	BRA	Tampere, FIN 2022
<b>M95</b>	16.30	Frederico Fischer	BRA	Porto Alegre, BRA 2013
<b>M100</b>	5.61	Alfred Proksch	AUT	Lahti, FIN 2009

## Hammer

<b>M35</b>	69.93	Ralf Jossa	GER	Linz, AUT 2006
<b>M40</b>	67.54	Ralf Jossa	GER	Riccione, ITA 2007
<b>M45</b>	65.15	Zoltan Fabian	HUN	Málaga, ESP 2018
<b>M50</b>	67.17	Mariusz Walczak	POL	Gothenburg, SWE 2024
<b>M55</b>	63.07	Ralf Jossa	GER	Gothenburg, SWE 2024
<b>M60</b>	61.96	Boris Zaitchouk	CAN	Riccione, ITA 2007
<b>M65</b>	57.93	Arild Busterud	NOR	Lyon, FRA 2015
<b>M70</b>	55.12	Edward Burke	USA	Sacramento, USA 2011
<b>M75</b>	51.88	Jerzy Jabłoński	POL	Toruń, POL 2023
<b>M80</b>	49.53	José María Sanza Agreda	ESP	Lyon, FRA 2015
<b>M85</b>	39.86	Walter Krifka	AUT	Tampere, FIN 2022
<b>M90</b>	26.13	Takumi Matshshima	BRA	Tampere, FIN 2022
<b>M95</b>	22.01	Antonio Antunes da Fonseca	BRA	Sacramento, USA 2011

## Javelin

<b>M35</b>	68.34	Tero Savolainen	FIN	Lyon, FRA 2015
<b>M40</b>	75.08	Jorma Markus	FIN	Miyazaki, JPN 1993
<b>M45</b>	65.03	Peter Esenwein	GER	Perth, AUS 2016
<b>M50</b>	71.01	Luis Nogueira Fernandez	ESP	Riccione, ITA 2007
<b>M55</b>	62.20	Michael Brown	USA	Lahti, FIN 2009
<b>M60</b>	61.70	Esa Kiuru	FIN	Lahti, FIN 2009
<b>M65</b>	56.94	Esa Kiuru	FIN	Porto Alegre, BRA 2013
<b>M70</b>	53.13	Esa Kiuru	FIN	Málaga, ESP 2018
<b>M75</b>	50.71	Esa Kiuru	FIN	Tampere, FIN 2022
<b>M80</b>	41.46	Jouni Tenhu	FIN	Tampere, FIN 2022
<b>M85</b>	40.09	Jouni Tenhu	FIN	Gothenburg, SWE 2024
<b>M90</b>	25.16	Takumi Matsushima	BRA	Tampere, FIN 2022
<b>M95</b>	14.89	Helge Lönnroth	FIN	Jyväskylä, FIN 2012
<b>M100</b>	6.02	Sriramulu Vallabhajosyula	IND	Gothenburg, SWE 2024

## Weight Throw

<b>M35</b>	19.04	Tero Mäkelä	FIN	Lahti, FIN 2009
<b>M40</b>	20.98	Ralf Jossa	GER	Riccione, ITA 2007
<b>M45</b>	19.28	Mariusz Walczak	POL	Perth, AUS 2016
<b>M50</b>	22.84	Mariusz Walczak	POL	Tampere, FIN 2022
<b>M55</b>	21.02	Laurent Bettolo	BEL	Gothenburg, SWE 2024
<b>M60</b>	22.07	Heikki Kangas	FIN	Porto Alegre, BRA 2013
<b>M65</b>	22.10	Arild Busterud	NOR	Lyon, FRA 2015
<b>M70</b>	23.15	Arild Busterud		Málaga, ESP 2018
<b>M75</b>	18.70	Hermann Albrecht	GER	Lyon, FRA 2015
<b>M80</b>	19.06	Andrzej Rzepecki	RSA	Perth, AUS 2016
<b>M85</b>	13.38	Erik Eriksson	FIN	Lahti, FIN 2009
<b>M90</b>	9.69	Wendelin Acker	GER	Gothenburg, SWE 2024
<b>M95</b>	5.85	Valentin Huch More	ESP	Lyon, FRA 2015

## Decathlon

<b>M35</b>	7017	Connor Williamson	USA	Gothenburg, SWE 2024
<b>M40</b>	8451	Kip Janvrin	USA	San Sebastián, ESP 2005
<b>M45</b>	7551	Viktor Grouzenkin	RUS	Durban, RSA 1997
<b>M50</b>	7945	Thomas Stewens	GER	Málaga, ESP 2018
<b>M55</b>	7614	William Murray	USA	Lahti, FIN 2009
<b>M60</b>	7752	Hubert Indra	ITA	Málaga, ESP 2018
<b>M65</b>	7402	Rolf Geese	GER	Lahti, FIN 2009
<b>M70</b>	6818	Emil Pawlik	USA	Lahti, FIN 2009
<b>M75</b>	6813	Jarmo Lipasti	FIN	Gothenburg, SWE 2024
<b>M80</b>	6392	Trond Einar Furuly	NOR	Gothenburg, SWE 2024
<b>M85</b>	5732	Ted Rowan	CAN	Málaga, ESP 2018
<b>M90</b>	5320	Ralph Maxwell	USA	Sacramento, USA 2011

## Throws Pentathlon

<b>M35</b>	3716	Mark Landa	USA	Sacramento, USA 2011
<b>M40</b>	4243	Steve Whyte	GBR	San Sebastián, ESP 2005
<b>M45</b>	4217	Iver Hytten	NOR	Lyon, FRA 2015
<b>M50</b>	4443	Jan Cordius	DEN	Málaga, ESP 2018
<b>M55</b>	4910	Norbert Demmel	GER	Málaga, ESP 2018
<b>M60</b>	4553	Norbert Demmel	GER	Gothenburg, SWE 2024
<b>M65</b>	4912	Arild Busterud	NOR	Porto Alegre, BRA 2013
<b>M70</b>	4657	Arild Busterud	NOR	Málaga, ESP 2018
<b>M75</b>	4377	Hermann Albrecht	GER	Lyon, FRA 2015
<b>M80</b>	4412	Andrzej Rzepecki	RSA	Perth, AUS 2016
<b>M85</b>	3568	Östen Edlund	SWE	Gothenburg, SWE 2024
<b>M90</b>	3276	Helge Loennroth	FIN	Riccione, ITA 2007

## 5000 Walk

<b>M35</b>	20:41.24	Maher Ben Hlima	POL	Gothenburg, SWE 2024
<b>M40</b>	20:45.08	Eric Maugo Shikuku	KEN	Málaga, ESP 2018
<b>M45</b>	21:43.24	Roberto Cervi	ITA	Gateshead, GBR 1999
<b>M50</b>	22:20.63	Miguel Perianez Garcia	ESP	Porto Alegre, BRA 2013
<b>M55</b>	22:28.74	Donald DeNoon	USA	Gateshead, GBR 1999
<b>M60</b>	24:07.71	Gerhard Weidner	GER	Buffalo, USA 1995
<b>M65</b>	24:13.10	Ian Richards	GBR	Porto Alegre, BRA 2013
<b>M70</b>	25:51.34	Ian Richards	GBR	Málaga, ESP 2018
<b>M75</b>	28:02.26	Tom Daintry	AUS	Melbourne, AUS 1987
<b>M80</b>	30:25.85	Severino Rossetti	ITA	Riccione, ITA 2007
<b>M85</b>	34:54.04	Gus Theobald	AUS	Rome, ITA 1985
<b>M90</b>	35:18.54	Gus Theobald	AUS	Melbourne, AUS 1987
<b>M95</b>	57:06.80	Waldo McBurney	USA	Gateshead, GBR 1999
<b>M100</b>	1:04:15.74	Waldo McBurney	USA	Caroline, PUR 2003

## 4x100

<b>M35</b>	41.89	United States of America	Sacramento, USA 2011
<b>M40</b>	42.56	Great Britain & N. Ireland	Málaga, ESP 2018
<b>M45</b>	43.42	Great Britain & N. Ireland	Gateshead, GBR 1999
<b>M50</b>	44.08	Japan	Gothenburg, SWE 2024
<b>M55</b>	45.07	United States of America	Gothenburg, SWE 2024
<b>M60</b>	47.93	United States of America	Sacramento, USA 2011
<b>M65</b>	50.13	Germany	San Sebastián, ESP 2005
<b>M70</b>	51.12	United States of America	Gothenburg, SWE 2024
<b>M75</b>	56.75	Germany	Lahti, FIN 2009
<b>M80</b>	1:03.18	Germany	Tampere, FIN 2022
<b>M85</b>	1:08.78	Germany	Gothenburg, SWE 2024

## 4x400

<b>M35</b>	3:16.53	Great Britain & N. Ireland	Gothenburg, SWE 2024
<b>M40</b>	3:21.54	United States of America	Eugene, USA 1989
<b>M45</b>	3:24.84	United States of America	Sacramento, USA 2011
<b>M50</b>	3:31.76	United States of America	Sacramento, USA 2011
<b>M55</b>	3:43.59	Great Britain & N. Ireland	Riccione, ITA 2007
<b>M60</b>	3:51.19	Germany	Gothenburg, SWE 2024
<b>M65</b>	4:04.78	United States of America	Málaga, ESP 2018
<b>M70</b>	4:17.47	Germany	Lahti, FIN 2009
<b>M75</b>	4:47.85	Germany	Lyon, FRA 2015
<b>M80</b>	5:52.22	Japan	Lyon, FRA 2015
<b>M85</b>	7:50.66	China	Málaga, ESP 2018